



The GAME

The official newsletter of the Georgia Association for Health, Physical Education, Recreation and Dance

Winter, 2017

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2017 Share the Wealth Physical Education Conference

More than 500 physical educators participated in this year's Share the Wealth Physical Education Conference in Jekyll Island, GA. As expected, the conference was a huge success with lots of learning and networking experiences for everyone.

For 30 years, Share the Wealth has been a tremendous opportunity for professional development, social gatherings, physical activity sessions, and fun! For recent pictures of the conference, see pages 2-4 of this newsletter.









**Make Plans for Next Year's
Share the Wealth
Physical Education
Conference
January 25-27, 2018**



SOUTHERN DISTRICT CONVENTION

BATON ROUGE, LA

JANUARY 9-12, 2017

Perspectives from Physical Education, Wellness, and Sport Management Faculty at the University of West Georgia: Knoll C., Merrem, A., & Johnson, J.

It is a definite benefit to have and be a member of a strong professional association such as Shape America and with that, the Southern district family. This year's annual conference in Baton Rouge, Louisiana, emphasized the importance of being a family in the world of physical education (PE) and sport, and offered many sessions for a diverse selection of areas of interest: adapted, elementary, and middle/secondary PE as well as the different councils: Dance, Research, Physical Education Teacher Education/Health Education Teacher Education (PETE/HETE), Initiatives and Partnerships, Health, Future Professionals, Outdoor Education, Physical Activity, and Sport Councils.

Anne: We arrived in the late afternoon on Monday evening in a warm and humid Baton Rouge and were greeted by friendly hotel staff and association members who were busy getting the last few bits and pieces ready for the sessions which would begin on Tuesday morning at 8:00 am. These hour-long meetings offered something for a variety of professional interests throughout the four conference days.

Chrissy: As a first time attendee and presenter at the Southern District Conference, I was looking forward to learning from others in the field as we headed to Baton Rouge. The sessions I chose to attend were focused on incorporating activity into the classroom or promoting overall wellness and health. Even when the sessions were tailored towards a specific audience, such as elementary school physical education classrooms, I was able to find ways to apply the knowledge and skills to my audience of university students. A common theme amongst all the sessions I attended, and the one in which I presented, was the sense of sharing. There was never a lack of tips, suggestions, or personal experiences, all of which added to the concept that we wanted to learn from each other.



Anne: As a new faculty member in PETE at UWG, I had more than enough to pick from, and quickly zoned in on the important topic of edTPA, which has recently become consequential for teacher credentialing in the state of Georgia. After attending a number of different sessions, I had learned much about colleagues' thoughts, beliefs, and practices and learned new approaches to conduct the assessment. In one of the sessions,



a friendly yet heated debate about the feasibility and true intention of the assessment ensued. This confirmed my previous experience that the Southern District conference offers a safe environment for critical discussions and for contemplating critical issues with colleagues. Here, we made new professional connections and business cards exchanged hands - colleagues whose presentations had impressed me, broadened my perspective, and were similar to my own practice and research interest/s had become personal connections.



Jeff: I am always amazed by the number and quality of the sessions and there is definitely something for everyone. I particularly enjoyed the keynote, a message that we should continue to share. There is now a tremendous wealth of empirical research showing the positive impact of physical activity /education and nutrition on cognitive development and performance. We need to be standing on the rooftop shouting about how important those topics are for proper development and performance of our children.

Anne: As we are fairly solidly grounded in the 21st century now, and as we know that almost all of our students are natives in the world of technology, the offerings for including technology in instruction were plentiful. We as a profession increasingly include technology, and strive to increase our focus on how to conduct experiences to guide our students towards healthy lifestyle practices. Our efforts of reaching across many isles and our readiness to share best practices and insights into pedagogy is commendable. We are, and continue to be, the subject and initiative in public education to acknowledge and strengthen the connection of mind and body.

Jeff: This year's conference theme really hit home with me. I am at the end of my career and have attended, presented, and helped run this conference in the past and have made many lifelong friends in GAHPERD and Southern District. Being able to reconnect with many of those colleagues from other states and disciplines is what I will take away from this conference. "We Are Family" is very true in Southern District and I always cherish seeing old friends, while making new ones as well. This is by far the most valuable aspect of attending these conferences at this point in my career.



Anne: Conferences offer prime opportunities for networking, and to see friends and colleagues who we otherwise might not be able to connect with. They also bring like-minded people together. One of my good friends attends many of the same conferences and we when we see each other, we exchange the newest from our professional and personal lives, and forge new relationships. We introduce each other to scholars in my field, and work towards building lasting professional connections. Because of our shared inter-

est in the well-being of young children and youth, we typically have long conversations about possibilities, opportunities, and plans. Networking is an important part for moving our agenda – physical education, physical activity, and health – forward into the next decade.

Chrissy: Another enjoyable aspect of the conference was the incorporation of local culture and cuisine. One was able to have a “Taste of the Southern States” with a small snack from each of the states in the Southern District. King cake from Louisiana and pecans from Alabama were some of the foods you could sample while visiting tables at the expo. We were also treated with a “Mardi Gras” themed dinner of jambalaya and bread pudding while watching a presentation of a krewe, all dressed up in their carnival best.

Traveling with 2 other colleagues gave us the opportunity for team building outside of the office. The conference hotel was in a good location with several choices of restaurants within walking or short driving distance. In addition, there was a nice walking path close by where we could get outside into the warm January weather and get some fresh air and activity in between sessions.

Jeff: It was Chrissy’s first Southern District Conference, and Anne’s first as a faculty member of UWG, and each did an excellent job with her presentation. I am proud to call each a colleague and share with others their contributions. This was my first opportunity to travel with these two colleagues and interact with them outside our normal setting. I thoroughly enjoyed the trip.

“When you attend the Southern District Conference, you not only see old friends and meet new people, you also learn about helpful activities and become excited about teaching!

The event gives you energy and enthusiasm that lasts until the next SHAPE America conference.”



Jiji Jonas

Physical Education Consultant
Louisiana AHPERD



Southern District Convention Highlights 2017



**Convention Theme:
"WE ARE FAMILY"**





Southern District Convention

Baton Rouge, Louisiana

January 9-12, 2017



The Every Student Succeeds Act (ESSA) Is Just the Beginning

For the first time in federal education law, the role of school health and physical education has been elevated and acknowledged as part of a student's "well-rounded education." Now that Congress has passed the *Every Student Succeeds Act* (ESSA), states and school districts are doing the planning and preparation needed to implement this monumental legislation beginning with the 2017-18 school year.

Join us on Capitol Hill this April to ensure that health and physical education programs are prioritized and have access to sufficient funding as ESSA is enacted nationwide.

Register for SPEAK Out! Day today and let your voice be heard! At the event, you'll meet with your members of Congress to share the positive impact that school health and physical education have on your students.



Agenda

Tuesday, April 25 1–5:30 p.m.- SPEAK Out! Day Prep Session- Herndon, VA

Wednesday, April 26 7:30 a.m. to 3:30 p.m. - Capitol Hill, Washington, DC

Register today! At <http://portal.shapeamerica.org/events/speakoutday/>

Registration Now Open for SPEAK Out! Day

Apply Today for a SHAPE America SPEAK Out! Day Travel Scholarship

SHAPE America's 10th annual SPEAK Out! Day event is scheduled for April 25-26, 2017. We are encouraging SHAPE America members to come to Washington, D.C. to educate policy makers on the importance of school health and physical education and advocate for specific pieces of legislation.

SHAPE America has budgeted funds to provide small **travel scholarships** to a limited number of members. These scholarships will be provided through a competitive application process, the recipients of which will be determined by SHAPE America. Not all applicants will be funded due to the limited budget for scholarships, but we encourage you to apply!

For members who live within 300 miles of Washington, D.C., an amount of **\$150** will be provided; for members who live beyond 300 miles, an amount of **\$350** will be provided. All other travel costs will be the responsibility of the attendees.

Scholarship applications must be submitted by **February 24th, 2017**. Scholarship recipients must register online for 2017 SPEAK Out! Day. The travel scholarship application can be found on the SPEAK Out! Day webpage.

Please contact Janae Nelson at jnelson@shapeamerica.org if you have any questions. We hope to see you in April!



**The deadline to submit your GAHPERD Travel Scholarship application to attend Speak Out Day in Washington DC this April has been extended to February 24.
Check out all of the information on the GAHPERD website!**

YOGA AND PHYSICAL EDUCATION

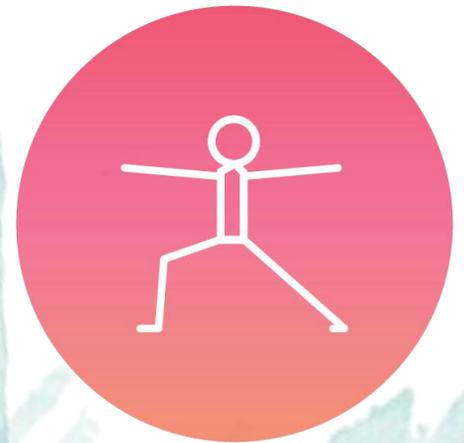
- What this ancient practice can offer your curriculum -

The CDC reports that obesity has more than doubled in children and quadrupled in adolescents within the last 30 years. This means that more than one third of our nation's youth are currently overweight or obese. This epidemic of childhood obesity brings with it many serious health consequences, including high cholesterol, high blood pressure, heart disease, cancer, and stroke.

This issue is critical for educators, as they have the opportunity to provide students with an environment that supports a healthier future. Yoga is one method of enriching the Physical Education curriculum in a way that is inclusive and appropriate for students of all age groups.

Not only does yoga build upon basic factors of physical fitness, such as strength, flexibility, and balance, but it does so in a way that is developmentally appropriate for students of diverse ages and abilities. It also promotes wellness through the development of many different life skills, such as attention and focus, decision-making, cooperation, stress management, and empathy. Yoga provides students the opportunity to improve their health, both mind and body.

Also worth mentioning is one of the more subtle benefits of yoga in a Physical Education setting; yoga is non-competitive. It focuses on meeting the needs of individuals where they are, without judgement or expectation. This is crucial, as it is often the students who need physical activity the most who find participating in physical activity to be the most difficult, overwhelming, and even shaming. Creating an environment where students can move their bodies without judgement, embarrassment, or fear of failure is critical in building a path to a healthier future. Through experiencing yoga, students have to opportunity to realize their strength and potential, no matter their body composition. Many would agree that yoga makes a space where young people can get to know themselves and love themselves, as well as respect and appreciate the many different shapes of their peers.



©YogaEd.

The content on this page has been researched and organized by Rebecca Gaylor, graduate student at the University of West Georgia. Information was gathered via www.yogaed.com

5 Ways to Explain Yoga to Students

Tag games, lead-up activities, and ... downward dog? Yoga is sneaking out of studios and into the classroom.

As this unique and beneficial form of exercise grows in popularity among physical education programs across the country, teachers may be wondering how to explain its complex concepts to students.

Here are 5 ideas for explaining Yoga to your students.

1. **In yoga, there is a pose for everything in the world**, whether it is an animal, a tree, or an airplane, and we can do it with our body.
2. **Many years ago, the ancient yogis lived in the forest, the mountains, and the caves of India.** They observed their environment, and saw how the animals and nature moved in perfect harmony. They imitated the movements of the animals, the trees, the mountains, and even the movements of the stars, thereby creating a wonderful called yoga.
3. **Yoga is a way to exercise our skeletal and respiratory muscles, and our minds** all at the same time. Yoga makes us feel great!
4. **Yoga is an ancient science** that helps us to develop flexibility and strength in our bodies, further increasing happiness and peace in our daily lives.
5. **Yoga is a practice and philosophy that teaches that happiness is when we are in our natural state.** When the body and the mind are out of balance, we do not experience this happiness.

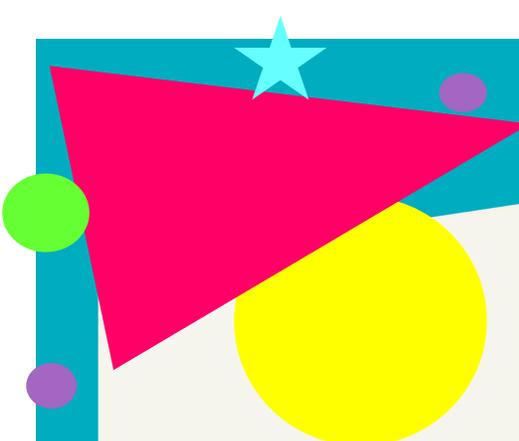
With the help of yoga poses, breathing exercises, and focusing within, we bring back harmony to our body and mind, coming back to this natural state of happiness and expression. - retrieved from www.doyouyoga.com -

Physical Educators with little or no experience can still learn and share the benefits of yoga with their students. There are many resources online for creating yoga-inspired lesson plans for students of various ages. It's important to remember to start simply and make it fun. Try using imagery, stories, and games to keep students engaged. Bringing yoga to a school setting will provide the opportunity for many students to learn new skills, increase their level of physical activity, and participate in an enjoyable physical activity environment.

For teachers, basic skills and teaching concepts are easy to learn and can boost your physical education program and curriculum to increase student learning.

For yoga lesson plans and ideas, please explore the following links:

- ◆ www.kidsyogastories.com/seasonal-kids-yoga-lesson-plans
- ◆ www.shantigeneration.com/the-only-kids-yoga-lesson-plan-youll-ever-need
- ◆ www.childhood101.com/2016/04/yoga-for-kids-a-walk-through-the-garden
- ◆ www.gophersport.com/blogentry/teaching-yoga-in-middle-school
- ◆ www.pecentral.org/lessonideas/ViewLesson.asp?ID=8790#.WIZgf1MrJpg
- ◆ www.pegames.org/classroom/creative-yoga



HOW TO PLAY

Chi Master

The content on this page has been researched and organized by Rebecca Gaylor, a graduate student at the University of West Georgia

BEFORE YOU START: Practice the call and response of "I am the Chi Master" with students responding "You are the Chi Master". Introduce the 3 different movements: Chi Master Salutation, The Crane, and The Sonic Boom (see "How To Play" for description).

SET UP: Decide if you want the students in one straight line or in a semi-circle so you can see them all and identify who's following accordingly.

HOW TO PLAY:

- Have students standing about one foot apart in either a straight line or a semi-circle.
- The leader always begins a new round by saying, "I am the Chi Master!" Students respond "You are the Chi Master!"
- The leader then counts 1...2...3! On "three," students and leader pick one of the 3 pre-determined movements to show; Chi Master Salutation (bow), The Crane (arms above head in V shape, one knee raised in front of body), or the Sonic Boom (crouching with arms extended in front of body).
- Students who have **not** chosen the same movement as the leader earn a point.

VARIATIONS:

Students perform a pre-determined exercise if they do not earn a point.

Create your own movements! Work with students to invent unique poses inspired by Martial Arts and/or Tai Chi.

Add sound effects for each move.

("Hi-ya!", "Woosh!", etc.)



Special Recognition:

SHAPE America

2017 National Award Winners

Recipients from Georgia include:

Jump Rope for Heart and Hoops for Heart Recognition Award

Nancy Janas, Mountain View Elementary School

Presidential Citations

Mike Metzler, Georgia State University

District Elementary Physical Education Teacher of the Year

Southern District: Emily Adams, Kennesaw Elementary School



SHAPE America Board of Directors

Candidates from the Southern District include:

Bill Dickens, Northwestern State University in Louisiana

Ann Wiggin, Iotla Valley Elementary School in North Carolina

2017 Southern District Election

Candidates from Georgia include:

President-Elect

Brian Devore, Cobb County School District



ACTIVE. HEALTHY. HAPPY.

Sportime empowers and enhances healthy physical activity experiences by providing innovative products and programs that enable success. SPARK provides research-based programs that are aligned to national and state standards and designed to improve the health of children and encourage lifelong movement. Together, Sportime featuring SPARK delivers an array of physical activity and wellness solutions for students and educators.



Contact us today for help with equipment and curriculum orders and to learn more about our wide menu of professional development opportunities!



Randy Olmstead
Georgia Program Representative
randy.olmstead@sportime.com
(404) 353-0148

Online Graduate Programs *for Educators*

Quality Programs • Expert Faculty • Flexible Delivery
Professional Growth • Student Support

VSYOU
Valdosta
State
University

M. Ed. in Health & Physical Education

The M.Ed. in Health and Physical Education is designed to improve your teaching by integrating study and practice. The aim of this applied teacher's program is to create change in health and physical education programs through innovative projects and reflective practices that can change the culture within the gymnasium and, consequently, the school. This applied program is developed according to the NASPE Advanced Standards.

This degree:

Is fully online

Could lead to level five teaching certificate*

Requires 5 semesters/33 hours

Starts each summer (Begins May 2016)

Estimated cost - \$11,519

Applicants must hold the following:

- undergraduate degree in physical education and/or health from regionally accredited institution or
- level four teaching certificate in physical education and/or health in Georgia or a reciprocal state

Ed. S. in Coaching Pedagogy in Physical Education

This Ed. S. in Coaching Pedagogy in Physical Education offers candidates the opportunity for continued professional development in the practices, knowledge, skill, and instruction of students and athletes both within the gymnasium and on the playing field. This applied program is developed according to the NASPE Coaching Standards.

This degree:

Is fully online

Could lead to level six teaching certificate*

Requires 4 semesters/27 hours

Starts each summer (Begins May 2016)

Estimated cost of \$9,391

Applicants must:

- Hold a master's degree from a regionally accredited institution
- Hold a level four or higher teaching certificate in physical education and/or health in Georgia or a reciprocal state
- Be able to verify current coaching

Based on qualifications by GaPSC or reciprocal state requirements

**Valdosta State University – Department of Kinesiology
and Physical Education**

Program Coordinator – Dr. Matthew Grant

Email: matgrant@valdosta.edu

Phone: 229-333-5461



ON-LINE

Health & Physical Education

Master of Education (M.Ed.)

Studying Health and Physical Education

Our Master of Education in Health and Physical Education is designed for P-12 health educators who wish to:

- Extend their content and pedagogical knowledge for improved professional practice
- Develop leadership skills that will allow them to lead such endeavors as curriculum development, program administration, and leadership roles at the local school level, and in professional organizations at the State, Regional, and/or National Level

* All courses are 100% online !!!

Faculty

Dr. Rachel Gurvitch
Dr. Jacalyn Lund
Dr. Mike Metzler
Dr. Deborah Shapiro

Ideal Candidate

- Health/Physical Education/APE certified teachers
- Currently teaching in Preschool-12th grade
- At least 2 years of teaching experience



Teaching candidate during practicum experience

Possible future positions upon graduation

- Mentor Teacher
- Health and PE unit head
- School Upper Administration
- Teacher Support Specialist at county level
- County Administrator

Application Deadlines:

Fall Semester - July 1

Spring Semester - Nov.1

Summer Semester - March 1

For additional inquiries please contact Dr. Jackie Lund at jlund@gsu.edu

Via phone at 404-413-8051 or visit GSU web site at www.gsu.edu



Liability Insurance Added to Member Benefits!

Just in case you need another reason to join GAHPERD, we've now added liability insurance coverage to your member benefits! This comes at no extra cost to you. That's right! All members of GAHPERD as of 11/30/16 now have a \$1,000,000 general liability insurance policy for work-related activities! This includes teaching and coaching activities!

Only members who were current as of 11/30/16 have this member bonus. Anyone joining as a new member or is re-joining after a lapse in membership after 11/30/16 will not be covered until 11/30/17, if the policy is renewed.

Have specific questions? Contact Executive Director Kim Thompson at

kthompson.gahperd@att.net.

Coverage: General Liability
Insurance Company: HCC Specialty (A+ A.M. Best)
Policy Period: 11/30/16 to 11/30/17

What are you covered for:

Claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Policy Limits:

General Aggregate	\$1,000,000 (per member)
Products/Completed Operations	\$1,000,000
Personal & Advertising Injury	\$1,000,000
Each Occurrence	\$1,000,000
Damage To Premises Rented To You	\$300,000
Medical Expense	Excluded
Sexual Abuse/Occurrence	\$50,000
Sexual Abuse Aggregate	\$100,000

**Georgia
proudly supports**

 **SHAPE America[®]**

50 **2**
MILLION **0**
STRONG **2**
9

Count Us In!

Georgia
proudly supports

SHAPE America®

50
MILLION
STRONG

2029

Count Us In!

“SHAPE America wants to ensure that by the time today’s preschoolers graduate from high school in 2029, all of America’s students are benefiting from the skills, knowledge and confidence to enjoy healthy, meaningful physical activity.”

How do YOU plan to get today’s youth to understand and appreciate the importance of living a physically active and healthy lifestyle?





Back to School



Help Us Reach 50 Million Strong

50 Million Strong by 2029 is SHAPE America's national initiative to ensure that all of America's students have the skills, knowledge and confidence to enjoy healthy, meaningful physical activity.

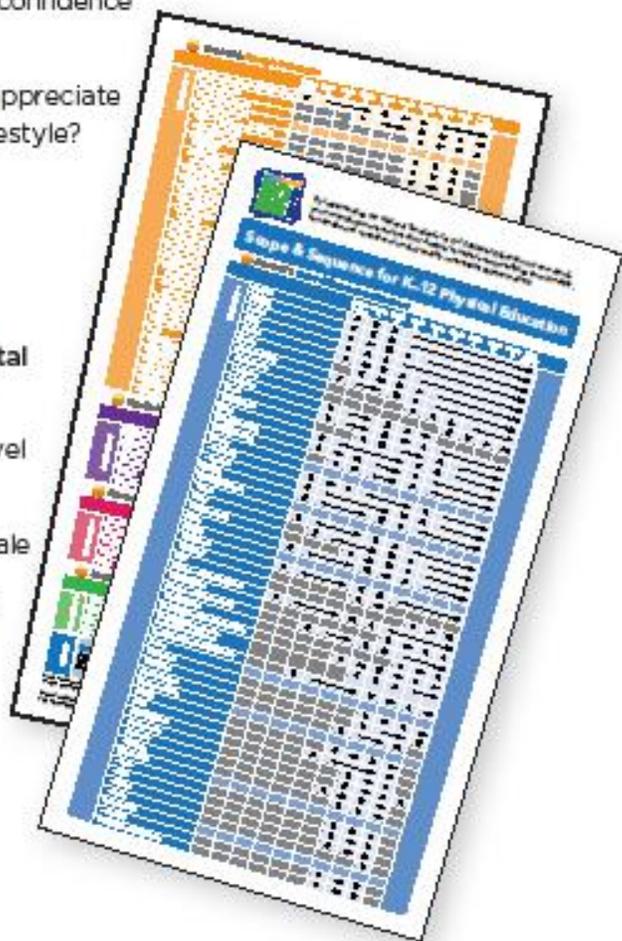
How do we plan to get today's youth to understand and appreciate the importance of living a physically active and healthy lifestyle?

One student at a time.

Say "Count Me In" today!

Show your support and you'll receive a **FREE** digital Scope & Sequence chart!

- Supports the National Standards and grade-level outcomes for K-12 physical education
- Provides educators with a student evaluation scale
- Provides guidance for developing lesson plans



Visit shapeamerica.org/number for more information.

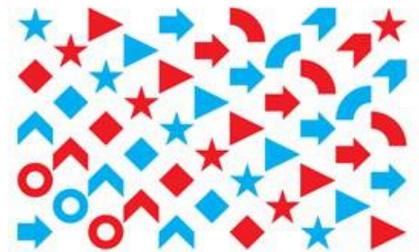
**TODAY GIRLS ARE FAR
LESS LIKELY THAN BOYS
TO BE PHYSICALLY
ACTIVE. IT'S TIME TO
CHANGE THAT.**

Join the Alliance for a Healthier Generation and the Clinton Foundation in a nationwide campaign to empower girls and women to celebrate their athleticism. It's called #GirlsAre and we are asking you to help us change the story about girls and physical activity.

GET THE FACTS. CHANGE THE STORY.

POWERED BY





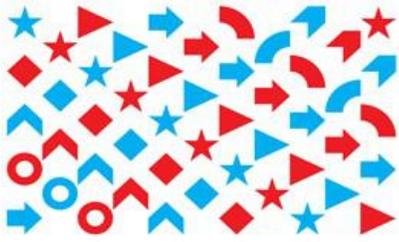
Let's Move! Active Schools

Active Kids Do Better.

Let's Move! Active Schools is a physical activity and physical education solution to ensure 60 minutes of physical activity is the new norm for schools.

Active Schools help kids reach their greatest potential both in the classroom and life.

Sign up at
letsmoveschools.org

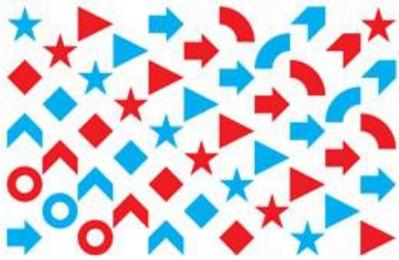


Let's Move. Active Schools

Be a Champion.

Lead a movement for 60 minutes of physical activity a day for your students.

Sign up at letsmoveschools.org



Let's Move. Active Schools

Active Kids Do Better.

Active Schools lead to increased test scores, better behavior and improved focus.

Sign up at letsmoveschools.org





It Takes Heart to be a Hero



HEART HERO

Bran, Age 11

Although he was born with a serious heart defect, Bran has still jumped his way to raising more than \$80,000 through Jump Rope For Heart, including \$25,000 this year.

Within an hour of his birth, he was diagnosed with the most extreme form of Tetralogy of Fallot, called Pulmonary Atresia. Since he had no pulmonary valve, blood couldn't flow from the right ventricle into the pulmonary artery and onto the lungs.

At 18 months, a team of surgeons operated for eight hours to fix Bran's complex set of heart problems. Doctors had cautioned the family that Bran would likely need multiple surgeries by the age of 16. He is due for his annual visit to the cardiologist to see what lies ahead in the coming year. So, when Bran asks friends and family to donate to Jump Rope For Heart to help the American Heart Association fund research to learn more about the heart and how to fix it, he's speaking from his own heart.

Jump Rope For Heart and Hoops For Heart are national education and fundraising events created by the American Heart Association and SHAPE America—Society of Health and Physical Educators. Students in these programs have fun jumping rope and playing basketball — while becoming empowered to improve their health and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Jump Rope For Heart and Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of these great events and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.

Call **1-800-AHA-USA1** or visit **heart.org/jump**
or **heart.org/hoops** to get your school involved.



It Takes Heart to be a Hero



HEART HERO

Allison, age 5

"I was born with L transposition of the great arteries, a serious condition where the main arteries are switched and pumping blood to wrong places in the heart. I have had three surgeries so far to help switch my heart around and to help it work better. Hopefully with the efforts of Jump Rope For Heart, more can be learned about how to help hearts like mine. Thank you American Heart Association!"



Did You Know?

- Among children 2 to 19 years old, 31.8 percent are overweight and obese. That's 23.9 million children!
- On average, American children and adolescents spend nearly four hours watching television every day.
- More than 14 percent of children enter kindergarten overweight and are four times more likely than normal weight children to become obese by the eighth grade.
- Overweight adolescents have a 70 percent chance of becoming overweight adults.
- Numerous studies have demonstrated that increased physical activity is linked to better school performance.

Jump Rope For Heart is a national education and fundraising event created by the American Heart Association and SHAPE America-Society of Health and Physical Educators. Students learn to jump rope, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke.

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SHAPE America is a proud program partner of Jump Rope For Heart.



American Heart Association.

Life is wry™



We Jump. We Shoot. We Save!



HEART HERO

Michael, age 10

"I was born with a bicuspid valve. Though I am not suffering from complications right now, as I get older my aortic valve could leak. The only way to fix it would be open heart surgery. I'm going to do my part to learn more and keep my heart as healthy as I can! For the past 2 years, I have been the top fund raiser at my school for the Jump Rope/ Hoops For Heart event. My wish is to be the top fund raiser again this year because it is such an important cause for me."

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SHAPE America is a proud program partner of Hoops For Heart.

Proposal Form
GAHPERD/CPRESA
Valdosta State University
Physical Education Workshop, May 2, 2017

All professional physical education teachers are encouraged to present activities, game ideas, or other physical fitness activities. Proposals will be accepted until March 3, 2017. Proposals should include a short description in reference to title (so it can be placed in the program schedule). Send proposals via e-mail to sandserson@valdosta.edu or fax to 229-333-5972.

Presentation Title _____

Description _____

Type of Presentation _____

Space Needs _____ Will you use music? Yes No

Equipment You Need Us to Provide (How many participants will this amount serve?)

Audience Addressed: Elementary Middle School High School (check all that apply)

Your Name, Title and Position _____

Please list any co-presenters _____

E-mail Address _____

Preferred Mailing Address _____

Business Phone _____ Home/Cell Phone _____

If you have any questions, contact Dr. Sonya Sanderson
at - Work: 229-333-7170 or Cell: 615-294-8742



Go to www.shapeamerica.org for more information or to view the 2016 Shape of the Nation report

GAHPERD Future Dates

March 14-18, 2017	SHAPE America National Convention & Exposition in Boston, Massachusetts
April 25-26, 2017	SHAPE America SPEAK Out! Day
May 2, 2017	Southeast District Workshop—Valdosta State University
May 4, 2017	Northwest District Workshop—University of West Georgia

Membership

Are you interested in health, physical education, recreation or dance? Do you have passion and commitment for physical activity and wellness? Do you believe we can do more to help others and better prepare students for a lifetime of health and physical activity? Do you want to join the advocacy efforts of other dedicated professionals to pave the way toward a healthier generation of individuals? Do you believe in the power of numbers?

Join GAHPERD!

For more information, visit www.gahperd.org, contact Kim Thompson, Executive Director of the Georgia Association for Health, Physical Education, Recreation and Dance (kthompson.gahperd@att.net).

Mission Statement

GAHPERD, Inc. is a non-profit organization for professionals and students in related fields of health, physical education, recreation and dance. GAHPERD, Inc. is dedicated to improving the quality of life for all Georgians by supporting and promoting effective educational practices, quality curriculum, instruction and assessment in the areas of health, physical education, recreation, dance and related fields.