



Highlights in this Newsletter:

Featured Focus

**SHAPE America 50
Million Strong 2029**
(p. 1-4)

Special Messages

**Pine Grove
Elementary School**
(p. 5)

**American Heart
Association**
(p. 6-9)

Power Up for 30
(10-11)

SPARK (p. 12-14)

**GAHPERD Fall
Convention 2015**
(pp. 15-29)

**Future Dates and
Other Information**
(pp. 30-33)

The GAME

The official newsletter of the Georgia Association for
Health, Physical Education, Recreation and Dance

Fall, 2015

Featured Focus: SHAPE America 50 Million Strong 2029

On September 10, 2015, SHAPE America – Society of Health and Physical Educators kicked off its "**50 Million Strong by 2029**" initiative with a press event at North Beach Elementary School in Miami Beach, Florida.

For More Information, contact:

Paula Kun
Snr. Director of Marketing & Communications
pkun@shapeamerica.org
703-476-3461



SHAPE America Kicks Off "50 Million Strong by 2029" Initiative in

Miami-Dade County Public Schools

MIAMI, FL, September 10, 2015 —SHAPE America – Society of Health and Physical Educators is announcing today the national launch of "50 Million Strong by 2029," the organization's initiative to ensure that all of America's students develop the skills, knowledge and confidence to enjoy healthy, meaningful physical activity. The announcement is being made at North Beach Elementary School, Miami Beach, by SHAPE America President Stephen Jefferies and CEO Paul Roetert, with representatives from Miami-Dade County Public Schools, the President's Council on Fitness, Sports & Nutrition, and NIKE, Inc.

"SHAPE America believes a comprehensive school physical activity program, with well-designed physical education and health education, is the path to achieving 50 Million Strong by 2029," says SHAPE America Chief Executive Officer E. Paul Roetert. "We selected Miami-Dade County Public Schools for the launch of this initiative because they embrace that philosophy and have programs in place that empower students to embrace a healthy and physically active lifestyle."

"We understand the importance of keeping our kids healthy and physically active," says Alberto M. Carvalho, Miami-Dade County superintendent. "We have developed a variety of choices for all of our students to stay active, and we are thrilled about the new initiative promoting similar programs across the nation."

In Miami-Dade:

- One hundred percent of the schools are enrolled in First Lady Michelle Obama's *Let's Move!* Active Schools initiative
- Physical education programs have been recognized by Designed to Move and UNESCO
- The Anchors Away and I Can Do It/You Can Do It adapted physical education programs have been recognized by First Lady Michelle Obama
- Every student in physical education class participates in individual fitness assessments through the Presidential Youth Fitness Program
- Preschoolers are introduced to the joys of being physically active by professionally trained early childhood staff.

"We want to salute Superintendent Carvalho's commitment to educating all students —beginning with preschoolers —about the importance of living a healthy and physically active life," says Roetert. "Miami-Dade is poised to reach 356,000 students strong."

Shellie Pfohl, executive director of the President's Council on Fitness, Sports & Nutrition, says, "Increasing physical activity for kids before, during and after school is fundamental to student success. We know that Active Kids Do Better. They perform better on tests, show increased focus, attend school more often, and demonstrate a higher level of interpersonal skills and confidence."



What's Your Number?



Nike believes in the power of sport to unleash human potential, and we know active kids do better in school and in life," says Vanessa Garcia-Brito, senior director, communications & partnerships, Global Community Impact, NIKE, Inc. "Initiatives like '50 Million Strong by 2029' are the key to helping kids find the joy in movement and giving them an opportunity to have happier, healthier lives. We are excited to see this nationwide commitment and applaud Miami-Dade County Schools for being a leading example."

To keep students moving to boost learning, SHAPE America has developed a [Back to School website](#) centered around the 50 Million Strong theme that is full of resources for teachers, administrators, professors, future professionals and parents, including:

- Information needed to develop a comprehensive school physical activity program
- A Physical Education Program Checklist
- Guidance documents on The Essential Components of Physical Education and Appropriate Practices in School-Based Health Education
- Grade-level activity calendars
- Free podcasts on health and physical education topics
- Webinars with innovative ideas and tried-and-true teaching strategies.

"Research shows that today's youth are more sedentary than ever, and that physical inactivity is the cause of many health problems," says SHAPE America President Stephen Jefferies of Central Washington University. "SHAPE America is committed to providing health and physical education teachers with the resources they need to teach young people about the benefits of living a physically active and healthy life. They can find those resources on our Back to School website." Teachers who visit the site and say "[Count Me In](#)" to the 50 Million Strong initiative will receive a free digital Scope & Sequence chart.

The chart:

- Supports the National Standards and grade-level outcomes for K-12 physical education
- Provides educators with an evaluation scale for K-12 students
- Provides guidance for developing lesson plans for K-12 physical education.

**Georgia
proudly supports**

 **SHAPE America[®]**

50 **2**
MILLION **0**
STRONG **2**
9

Count Us In!



The Pine Grove Elementary School

archery team competed earlier this month at the national tournament in Louisville, Ky.

Posted: Saturday, May 16, 2015 11:42 pm

by Glendon Poe

VALDOSTA — For the young archers of Pine Grove Elementary School, the sport of archery is a lot more than trying to hit the center of a target with an arrow.

For a group of fourth- and fifth-graders, being on the team has provided the opportunity to travel and explore new parts of the country, introduced a

fun, fresh extracurricular activity, and perhaps most importantly, opened a world of new friendships.

P.E. teachers Sue Ann Christie and Amie Burnam coach the archery team at Pine Grove, a program that is in its second year of competition.

The team formed using grant money, as the county school system does not fund athletics at the elementary level. And the team continues to be supported by teachers, parents and the community at large in helping pay the way for road trips to competitions.

The coaches are very appreciative of the support they have and continue to receive.

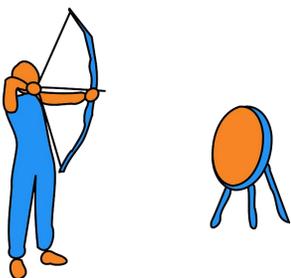
“We would like to thank the community for their support,” Burnam said. “It’s been amazing how when we reached out to the community, they gave. Everyone we’ve asked has said ‘yes, we will be glad to help you and support you team.

“We would also like to thank the middle schools; they hold all the tournaments and we feel like we’re a feeder school to them. We introduce archery and get them ready, then we send them to middle school and hopefully they’re on their path to success.”

What makes teaching archery worthwhile for Christie and Burnam is the responses they see on the young faces and the positive feedback they continue to receive from students and parents alike.

· As Christie and Burnam continue watching their archers improve with each passing day, one thing the coaching pair see the archery program doing is clear.

· “We have seen archery change lives here,” Burnam said. “We’ve taught many life lessons through archery and we hope to teach many more.”



**Pine Grove
Elementary
School
participated in a
World Archery
Tournament**

**(Nashville, TN).
July, 2015**



Do you have an interest in child health, nutrition and exercise?

Do you have a passion for organizing community wellness activities and events?

WE ARE LOOKING FOR PART-TIME SEASONAL YOUTH MARKET COORDINATORS IN YOUR AREA...

to help us reach as many children as possible with our Heart-Healthy key messages!

STEP 1: Go to www.heart.org and click on CAREERS in the top right corner. Then click on:



STEP 2: Scroll down to the bottom, choose your state and perform the search:

State/Province/Region
[Select All](#) [Deselect All](#)

Florida
Georgia
Hawaii
Illinois
Indiana

Perform Search

STEP 3: Choose the appropriate *Seasonal Youth Market Coordinator* position for detailed information:

Tracking Code	Job Title
4892-415	Seasonal Youth Market Coordinator-Miami, Florida
4891-415	Seasonal Youth Market Coordinator-Bonita Springs, Florida





The American Heart Association is hiring seasonal temporary staff to help with conducting school assemblies to kick off Jump Rope For Heart! If you or someone you know is looking for a part-time position that will run Dec-March, and in the Atlanta metro area, Athens, Savannah, or outer Atlanta area (Douglas, Carroll, Fayette, Floyd, Bartow, Coweta, Heard, Haralson, Polk Counties) markets, check out www.heart.org/careers for more information.

Seasonal Youth Market Associate (PT)

Job Description:

The Greater Southeast Affiliate of the American Heart Association is recruiting to fill a part-time opportunity for a **Seasonal Youth Market Associate**. They will partner with our current Youth Market professional to promote our Jump Rope for Heart community service activities. Responsibilities include: 20-25 hours per week travel to 50-60 schools that will start in **December 2015 and run through March 2016**, to promote the Jump Rope For Heart program at elementary schools; delivering Heart-Healthy Presentations (school assembly with all students present) at 2-3 schools a day; meeting with school staff to gain support and interest for the events, and providing minimal day-to-day support to AHA staff. This position works with school based activity coordinators, (typically the PE Teacher) to engage students to raise funds through our school based educational fundraising programs (Jump Rope For Heart). This person will have strong social skills, be energetic, outgoing, able to speak in front of large groups of students and be able to communicate a clear call to action that results in immediate fundraising action. We will train the selected candidates on how to deliver the AHA message to schools.

This part-time temporary position requires you to travel to 2-3 schools per day, conduct Heart-Healthy assembly presentations and will cover approximately 50-60 schools. This position will be 20-25 hours per week with a 14 week commitment. Attracting talented and committed employees means offering competitive pay, mileage reimbursement, and a Fit Friendly work environment. And we do!

Required Experience

* High School Diploma/GED and/or Associates Degree and/or experience in education, public speaking related field, outside sales, or fundraising

NOTE: This is a work out of your home position that requires daily travel throughout the designated territory. The ideal person for this position has sales or fundraising experience, an education background, is self-motivated, organized, works well independently, is comfortable with public speaking and has skills in Word, Excel, and Outlook. This person must be able to travel daily to schools in their territory; and, as required, attend video conferencing training sessions.



Jump Rope For Heart and Hoops For Heart are national education and fundraising events sponsored by the **American Heart Association and the SHAPE America.**

These events engage elementary and middle school students with jumping rope or playing basketball while empowering them to improve their own health and help other kids with heart-health issues. And both programs are great ways to satisfy the physical education standards as determined by NASPE (National Association for Sport and Physical Education) and AAHE (American Association for Health Education).

Jump Rope For Heart and Hoops For Heart Help Students Grow!

- Kids learn the value of community service and become empowered to contribute to their community's welfare.
- Children join together in helping other kids with special hearts.
- Students learn how to develop heart-healthy habits while being physically active
- Participants learn jump rope and basketball skills they can use for the rest of their lives.
- Students help your school earn gift certificates for free P.E. equipment!



How It Works....

Jump Rope For Heart or Hoops For Heart events are conducted in school by physical education instructors, coaches or teachers. They can be scheduled whenever it's most convenient-during physical education class, lunch or before or after school. Once you register, you'll receive an event kit with everything you need to conduct a successful Jump Rope For Heart or Hoops For Heart event:

1. Step-by-step instructions on scheduling, promoting and conducting the event.
2. Heart-healthy curriculum to support heart awareness with the event.
3. Tips for fund raising. Participants ask friends and family for donations. Our online tool makes raising money even easier!
4. Training and support from an experienced American Heart Association staff person or volunteer.



For **FREE** Membership in **SHAPE America**

Raise \$2,000 or more through your **Jump Rope For Heart** or **Hoops For Heart** event at your school and receive a one-year **FREE JUMP** membership to **SHAPE America!**

By joining **SHAPE America**, you become connected to the benefits and tools to support your profession. Empower yourself to **SHAPE** health, habits, policy and programs all year!

ONCE YOUR SCHOOL HAS RAISED \$2,000 OR MORE:

- Simply complete the portion below.
- Have your school principal sign it.
- FAX to 703-476-9527 or drop it in the mail to: **SHAPE America**, 1900 Association Dr., Reston, VA 20191 to activate your **FREE SHAPE America JUMP** membership.

Visit www.shapeamerica.org/jump to learn more about our programs for **JRFH** & **HFH** coordinators.

Contact your State **AHPERD** to learn what special member benefits are available when your school holds an event.



Name _____

Job Title _____ School _____

Address _____ City/State/Zip _____

Phone _____ Email _____

With your **JUMP** membership you get a subscription to the online edition of one of the magazines below!
Please select one of the following: Strategies JOPERD

As principal, I confirm that my school raised \$_____ in our **Jump Rope For Heart** or **Hoops For Heart** event in School Year _____.

Principal Signature: _____

• Incomplete forms will not be processed.

Power Up for 30

Power Up for 30 Schools Receive:

- One-day training with HealthMPowers (sub reimbursement provided)
- No/low-cost resources
- Webinars
- PLU opportunities
- Monthly newsletter
- Technical/evaluation Support
- Recognition
- Funding opportunities

Being Physically Active in School...

- Improves academic scores (reading, math, spelling and composite)¹
- Improves classroom behavior^{2,4}
- Increases concentration^{2,4}
- Increases time on task^{2,4}
- Reduces risk of depression¹
- Improves cardiovascular fitness and muscular strength¹



What is Power Up for 30?

Power Up for 30 is the Georgia Department of Public Health and Department of Education's statewide initiative to provide elementary schools with the training, resources, and support necessary for integrating physical activity into the school day.

Why Sign the Pledge to be a Power Up for 30 School?

Incorporating just **30 MINUTES** of physical activity into the school day can enhance learning.

Children who more active in school are more **alert**, **attentive**, and have **better classroom behavior**. They also tend to have higher grades and test scores than their less active peers.



Spring Place Elementary School in Murray County gets students moving during recess with an obstacle course

603 Pledged & 465 Trained Schools

Pledge to be a Power Up for 30 School today!

To join Power Up for 30, **PLEDGE ONLINE** at www.georgiashape.org OR email powerupfor30@georgiashape.org for more information



Upon arriving to school, students at Boston Elementary School in Cherokee County are now walking laps rather than sitting silently in the gym.

Principal Moss says, "It has allowed their day to start with smiling faces and lots of energy."

Check us out online at www.georgiashape.org for a list of Pledged Schools and the **Statewide Pledge Map**.

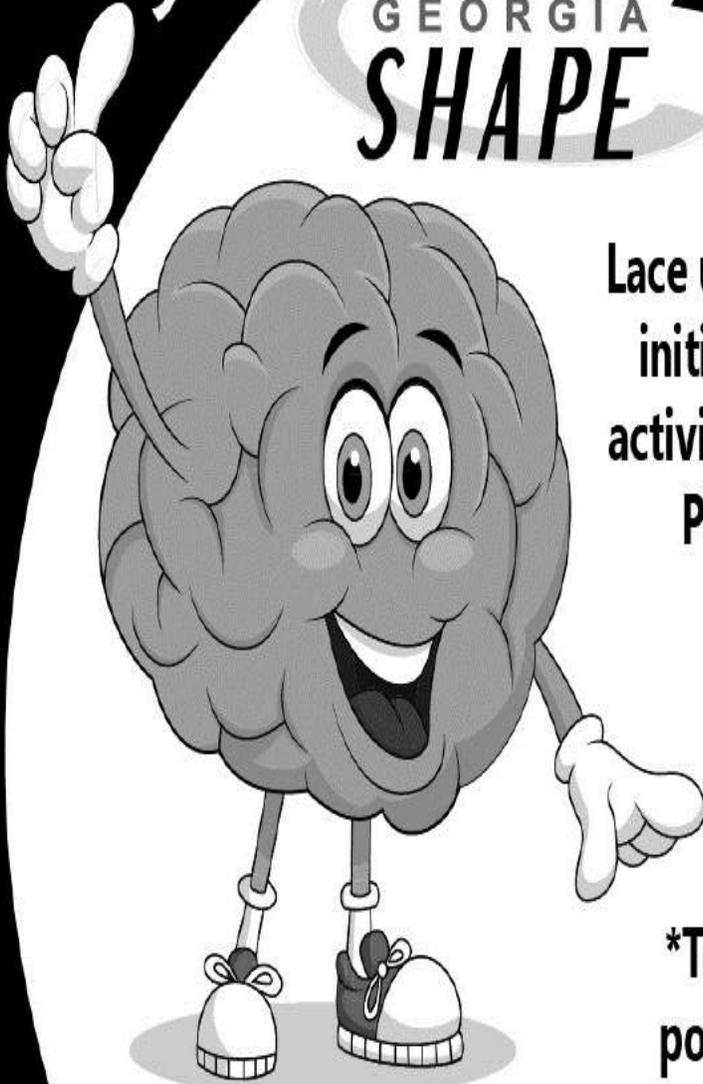
To inquire about **upcoming trainings in your area** or offer to host a training session, email powerupfor30@georgiashape.org

Georgia
Elementary
Schools

Sign the Pledge and

GEORGIA
SHAPE

**Power Up
for 30**



Lace up your sneakers and join Georgia's initiative to increase student physical activity before, during, and after school.

Power Up for 30 schools receive:

Free Training

Monthly Newsletter

PLU Credit

Technical Support

Webinars

Recognition

Resource Guide

Funding Opportunities

***To sign the PLEDGE, contact us at
powerupfor30@georgiashape.org***

Research shows a strong positive relationship between physical fitness and academic achievement. Just 30 minutes of daily physical activity during the school day can improve academic achievement, increase attendance, and decrease discipline.

Check us out online at www.georgiashape.org

THE WORLD'S MOST RESEARCHED AND FIELD-TESTED PHYSICAL EDUCATION CURRICULUM



SPARK was designed to be more inclusive, active, and enjoyable than traditional PE classes, and more than 20 years of research support the achievement of those original goals. SPARK PE has earned accolades from educators nationwide who appreciate its easy to learn, easy to teach format.

Highlights include:

- Aligned to State and National Standards
- Complete "e-Manual" with digital files of all content
- Instructional videos of SPARK activities and dances
- Hundreds of skill and task cards in English & Spanish
- Academic integration tips and brain-based activities
- All content optimized for your iPad or mobile device



"Georgia AHPERD is thrilled to partner with SPARK! It is an outstanding organization that will assist in providing our members with quality resources and professional development. These tools will benefit Georgia's teachers by enhancing and strengthening their Physical Education instruction."

*Brian Devore, President
Georgia Association for Health, Physical
Education, Recreation, and Dance*

**Contact SPARK to learn more or purchase
Physical Education curriculum, training, or equipment!**

www.sparkpe.org

| 1 800 SPARK PE

| spark@sparkpe.org



SPARKprograms



SPARK_Programs

GET READY FOR THE NEW SCHOOL YEAR WITH SPARK PE *Digital Curriculum!*

SPARK Physical Education (PE) was designed to be more inclusive, active, and enjoyable than traditional PE classes. Aligned with National Standards, SPARK PE lessons are easy to learn, and easy to teach. Choose from grades K-2, 3-6, Middle School, or High School.



**DIGITAL SETS ARE
ONLY \$199!**

Digital Curriculum Sets Include:

- Access the complete “e-Manual” with hundreds of research-based activities
- Instructional videos of SPARK activities and dances
- Interactive alignment and assessment tools
- Hundreds of skill and task cards in English and Spanish
- Helpful tips from SPARK’s Master Trainers
- SPARKfit – Fitness & nutrition focused lessons, circuit training videos, goal setting tools, and more!
- SPARKg.y.m. - Academic integration activities - teaching Great Young Minds!
- SPARKdance - All of the SPARK PE K-12 and After School dance videos, music, and lessons in one place!
- *All digital content has been optimized for use on a tablet or other mobile device so you can access it anywhere!*



Order online at
sparkpe.org/store or
contact us to learn more!

www.sparkpe.org

1 800 SPARK PE

spark@sparkpe.org

SPARK SPEAKERS BUREAU

FANTASTIC 5 WORKSHOPS!

The SPARK Speakers Bureau makes it easy to bring a dynamic and inspirational trainer to your district or school. That's right! A select group of content experts who are superstar presenters (some former SHAPE TOYS) are ready to travel to your school and conduct one of these full-day workshops for you and your colleagues in 2015! Contact us and we'll talk about what you want your teachers to know and be able to do, then customize the training to meet THEIR needs. Here's our Fantastic 5 topics to choose from:



Physical Education Technology - R U Mad for iPad?

Magical MVPA Maximized!



Common Core and YOU: Making Connections

Maybe it's OK to Eat & Run?



I'd Rather Chew Aluminum Foil than Teach Dance!

Can't bring SPARK to you? Come to SPARK!
Visit www.sparkpe.org/institutes to learn about our 2 day
"Institutes" for each program in beautiful San Diego!

www.sparkpe.org

1 800 SPARK PE

spark@sparkpe.org

GAHPERD 2015



Georgia AHPERD Convention

Marietta, GA.

October 25-27, 2015

Welcome to the 2015
GAHPERD Convention!



Georgia AHPERD Fall Convention 2015

Today's Vision, Tomorrow's Reality



For more information
contact

Kim Thompson

Kthompson.gahperd@att.net

Brent Heidorn

bheidorn@westga.edu

Bridgette Stewart

bstewart@westga.edu

Brian Devore

briangahperd@comcast.net

Hotel information

Hilton Atlanta/Marietta
Hotel & Conference Center
500 Powder Springs Street

Marietta, Georgia

United States 30064

Tel: 770-427-2500

Fax: 678-819-3224

www.mariettaatlantaconferencecenter.com

Hilton Atlanta Marietta Hotel & Conference Center, located just a mile from Marietta Square, offers convenient access to special events, activities and attractions in Marietta Square. Guests at Hilton Atlanta Marietta also enjoy a host of onsite conveniences such as our 18-hole golf course, swimming pool,



**Sunday October 25, thru
Tuesday October 27, 2015**



Candidates for the 2015-2016 GAHPERD Board of Directors

Nominations for any office may be made from the floor during Sunday's Town Hall Meeting. Floor nominees will need to complete the required information by 10:00 AM on Monday, October 26. Ballots will be cast on Monday, October 26, 2015 from 12:00 pm – 4:00 pm outside rooms 1 and 2. Members will only vote for MAL from their district along with Vice-President Elects and President Elect.

Board Position	Candidate(s)
President Elect	Jeff Johnson Brian Devore
VP Elect—Physical Education	Christy Crowley Jana Forrester Kevin Hunt
VP Elect—Health	Diana Tuten
VP Elect—General	Sonya Sanderson Sandy Gangstead
VP Elect—Dance	NONE
Member at Large—Metro	Charlotte Kelso Kaci Roberts
Member at Large—Northwest	Terri Wilson Amy Young
Member at Large—Southwest	Brack Hassell Ann Klinkenborg
Member at Large—Northeast	Keith Furstenburg Cate Hernandez
Member at Large—Southeast	Eugene Asola Tommy Gibbs

Special Events at the Convention

Pre-Convention Workshops: Sunday, October 25th

- ◆ CPR/AED Certification Course 8:00-10:00am
- ◆ Presidential Youth Fitness Program (PYFP) Training Starts at 8:00am
- ◆ U.S. Games OPEN Curriculum Training 9:00-12:00pm
- ◆ Jump Rope for Heart and Hoops for Heart Training 10:00-12:00pm
- ◆ USTA in Schools Training 10:00-12:00pm

**Check the registration desk for room locations for each pre-convention workshop listed above.*

Golf Outing

Sunday, 9:00am at the *Clubhouse*.

Cost per person: \$29.50 for 9 holes with a cart

Silent Auction

Sunday, 2:00pm—5:00pm AND Monday, 9:00-4:00pm. *Outside Rooms 1&2.*

Town Hall Meeting:

Sunday, 2:00pm. *Rooms 1&2.*

Opening of the Exhibits Hall:

Sunday, 1:00pm, *Rooms 3 and 4*

Dance Kaleidoscope and Awards Program:

Sunday, 6:30pm. *Marietta Strand Theatre.*

Convention Reception:

Sunday, 8:00pm. *Outside Rooms 1 and 2*

Jump Rope for Heart Breakfast:

Monday, 7:00am. *Cole. Invitation Only.*

Elections:

Monday, 12:00pm—4:00pm. *Outside Rooms 1&2.*

Past President's Luncheon

Monday, 12:30-1:20pm

General Session:

Monday, 2:00pm. *Rooms 1&2.*

Superstars:

Monday, 7:00pm. *Rooms 1 and 2. All Future Professionals.*

Grand Finale:

Tuesday, 1:00pm. *Rooms 1 and 2*

Convention Keynote Speaker: Dr. Jackie Lund

Education

Bachelor of Science in Physical Education, Michigan State University, 1971
Master of Science in Physical Education, University of Northern Colorado, 1974
Doctor of Philosophy in Physical Education Teacher Education, The Ohio State University, 1990

Specializations

Assessment in physical education
Curriculum development in physical education
Teaching effectiveness
Systematic observation of teaching



Biography

Jacalyn Lund is a professor and chair in the Department of Kinesiology and Health at Georgia State University. She has written and/or co-authored eight books about assessment, curriculum development and instructional strategies. She has more than 75 refereed publications, innumerable presentations, and has received 11 grants. Lund draws on her 16 years of public school teaching experience while working as a teacher educator. She has been involved with NASPE throughout her career in higher education, beginning with the committee that developed the National Content Standards for Physical Education (1995). She also served as president of the National Association for Sport and Physical Education (NASPE), the NASPE Assessment Series Editor, a NASPE/NCATE Adjudicator, and a NASPE PIPEline clinician. In 2013, she was inducted into the NASPE Hall of Fame.

Lund is a fellow of the North American Society (NAS) of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), a fellow of the Research Consortium of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), and a recipient of the 2009 NASPE Presidential Recognition award. In 2010, Lund was a member of the committee to develop health and physical education standards for P-12 teachers for the Georgia Professional Standards Committee and in 2008-2009, she served as chair of the Committee to Develop Physical Education Standards for the state of Georgia. Lund's areas of interest include assessment (measuring dispositions in teacher candidates), curriculum development and teacher effectiveness.

Recent Publications

Lund, J., & Veal, M.L. (2013) *Assessment-Driven Instruction in Physical Education: A standards-based approach to promoting and documenting learning*. Champaign, IL: Human Kinetics
Lund, J. & Kirk, M.F. (2010). *Performance-based Assessment for Middle and High School Physical Education (2nd Ed.)*. Champaign, IL: Human Kinetics
Standards-based Physical Education Curriculum Development (2nd Ed.). Sudbury, MA: Jones and Bartlett Publishers
Navigating the Program Evaluation Process for PETE and Kinesiology: A roadmap for success. Reston, VA: National Association for Sport and Physical Education.
Lund, J., Boyce, B. A., Oates, R., Fiorentino, L. (2010). Faculty dispositions: Seeking clarity while looking at muddy waters. *Quest*.62, 268-286.

Convention Keynote Speaker: Dr. Brenda Fitzgerald

Education

Bachelor of Science in Microbiology, Georgia State University
Doctor of Medicine, Emory University School of Medicine

Biography

Brenda Fitzgerald, M.D., serves as the Commissioner of the Georgia Department of Public Health (DPH) and State Health Officer. Dr. Fitzgerald, a board-certified Obstetrician-Gynecologist and a Fellow in Anti-Aging Medicine, has practiced medicine for three decades.

As Commissioner, Dr. Fitzgerald oversees various state public health programs including Health Promotion and Disease Prevention, Maternal and Child Health, Infectious Disease and Immunization, Environmental Health, Epidemiology, Emergency Preparedness and Response, Emergency Medical Services, Pharmacy, Nursing, Volunteer Health Care, the Office of Health Equity, Vital Records and the State Public Health Laboratory. Dr. Fitzgerald also directs the state's 18 public health districts and 159 county health departments. Prior to joining DPH, Dr. Fitzgerald held numerous leadership positions.



Fitzgerald served on the board and as president of the Georgia OB-GYN Society and she worked as a health care policy advisor with House Speaker Newt Gingrich and Senator Paul Coverdell. She has served as Chairman of the Board for the Georgia Public Policy Foundation and remains a Senior Fellow. Additionally, she served on the Military Academy Selection Boards for Senators Paul Coverdell and Saxby Chambliss, and was a founding board member for the Paul Coverdell Leadership Institute. She also contributed to Leadership Georgia serving as a program chair, served as the 7th District Representative to the Georgia State School Board, and held board posts with Voices for Georgia's Children, the Advanced Academy of West Georgia, the University of West Georgia Foundation, and the Carrollton Rotary Club.

Dr. Fitzgerald holds a Bachelor of Science degree in Microbiology from Georgia State University and a Doctor of Medicine degree from Emory University School of Medicine. She completed post-graduate training at the Emory-Grady Hospitals in Atlanta and held an assistant clinical professorship at Emory Medical Center. As a Major in the U.S. Air Force, Dr. Fitzgerald served at the Wurtsmith Air Force Strategic Air Command (SAC) Base in Michigan and at the Andrews Air Force Base in Washington, D.C.



2015 GAHPERD Convention: Featured Speakers

J.D. Hughes (Physical Education) J.D. Hughes has taught elementary physical education since 1995 in Douglasville, GA. He currently teaches at Mirror Lake Elementary School. J.D. has received numerous awards including Kennesaw State's Outstanding Student, State University of West Georgia's Specialist Student Award and Outstanding Cooperating Teacher, Bright Star and Mirror Lake Elementary Teacher of the Year, along with the GAHPERD Acknowledgement Award and Share the Wealth Puckett-Merriman Award. He was recently recognized as the 2015 Georgia AHPERD and Southern District Shape America Elementary Physical Education Teacher of the Year.



J.D. provides a challenging yet developmentally appropriate physical education learning environment striving for motor skill and social skills development, physical fitness and cognitive awareness as recognized by SHAPE standards. He works with students and families to promote physical fitness before and after school hours through F.I.T.T. Club and Roadrunner's Club. He also serves as a cooperating teacher and mentor for local colleges. He is a National Board Certified Teacher (2001), holds a Master's and Education Specialist's degree. J.D. is passionate, constantly striving to look for new ways to improve his teaching, to share his practice, and strengthen the teaching profession. J.D. has served on the GAHPERD board and currently serves on the advisory board for the **Best Practices** and the **3-5 Lesson Plans** area of **P.E. Central**.

J.D. has published five books and produced four related DVDs including *No Standing Around in My Gym*, *PE2theMax*, *PE2theMax II*, *PE²* and *HyPEd Up*. He has been the featured presenter and co-presenter at more than 140 local, state, and national workshops and conventions sharing his ideas and enthusiasm for teaching with thousands of physical educators.



Dave Senecal (Physical Education) Dave Senecal has been a physical education specialist in Paulding County since 1997. He earned his bachelor's degree in Physical Education from Kennesaw State University and earned his master's degree in Physical Education Curriculum and Instruction from Western Kentucky University. He was the first physical education teacher when Nebo Elementary School opened, and it was there where he built a well-respected program and earned Teacher of the Year in 2012. Dave then had the opportunity to be the first physical education teacher at P.B. Ritch Middle School in Paulding County in 2012 and has built an award winning program in just three years. Dave earned Teacher of the Year at P.B. Ritch Middle School in 2015 as well as being named the 2015 Georgia AHPERD and Southern District Shape America Middle School Teacher of the Year.

He is the current GAHPERD and Southern District SHAPE Middle School Teacher of the Year, and has served as the volunteer elementary and middle physical education professional development coordinator for his district. In addition to his recent accolades, Dave was selected to be on a team of sixteen physical education specialists to write the current Georgia Physical Education Standards in 2008. Dave is currently serving on the Paulding County Wellness Committee to revise and rewrite the county wellness plan. He received the 2010 GAHPERD Recreation Specialist of the Year award, and has been actively involved on the Southern Off-road Bicycle Association (SORBA) executive board and as president of the non-profit mountain bike club Paulding SORBA for six years. Dave has been instrumental in the design and installation of 20+ miles of recreational trails in and around Paulding County.

Georgia AHPERD is fortunate and proud to partner with Dave Senecal in a variety of ways. All convention participants will benefit from participation in at least one of his sessions.

2015 GAHPERD Convention: Featured Speaker

Rene Bibaud is a five-time JRFH world rope jumping champion, world record holder, commentator for ESPN, artist and performer of the renowned Cirque du Soleil and creator of Ropeworks, a business focused on rope jumping as a creative means for improving health, fitness and business success. Over the past 17 years, Rene has had the opportunity to perform at some of the most prestigious venues in the world and has been featured on television programs such as the Tonight Show with Jay Leno, MTV, Good Morning America, ESPN, and the Today Show. Her business has appeared in numerous print media as well as local news programming wherever she travels.



Ropework Shows deliver Rene Bibaud's acclaimed solo entertainment shows, keynote addresses and corporate team-building, in a truly unique setting. Her group jump rope acts are tailored to each individual event and include remarkable feats in acrobatics, dance, double dutch and more, by the world's most notable talent. Rene has been both a performer and coach with Cirque du Soleil as well as the creative inspiration behind her own company, possessing the unique ability to collaborate with production companies and hosting organizations to offer high level special event acts.

Town Hall Speaker—Dr. Anastasia Fisher

The Learning Connection – A discussion about how social support, nutrition, and activity help to promote a healthy child who is at their most ready to learn.



Anastasia Fischer, MD, FACSM, is a member of the Division of Sports Medicine in the Section of Ambulatory Pediatrics at Nationwide Children's Hospital and is an Associate Professor of Pediatrics at The Ohio State University College of Medicine. Dr. Fischer attended medical school at The Ohio State University College of Medicine before completing a family practice residency at University of Pittsburgh Medical Center in Pittsburgh, Pennsylvania, and a primary care sports medicine fellowship at Maine Medical Center in Portland, Maine. She is fellowship trained and board certified in sports medicine, and is a member of the American Medical Society for Sports Medicine and the American College of Sports Medicine, where she has been appointed fellow and sits on the Board of Trustees. She is active in the Ohio Chapter of the American Academy of Pediatrics, where she co-chairs the committee for Home and School Health, Action for Healthy Kids, where she sits on the Board of Directors, and the Female Athlete Triad Coalition. She has a special interest in research and advocacy regarding the adolescent female athlete and concussion. Dr. Fischer is a volunteer physician with the Greater Ohio Bicycle Adventure and the Tour de Grandview Bicycle Race and also serves as team physician at Groveport Madison High School in the central Ohio area.

2015 GAHPERD Convention: Featured Speakers



Tre Addison is a Zumba, Hip Hop dancer/group fitness instructor. He has been dancing, stepping, and performing for over 14 years. In 2010, while living in China, he was a background dancer for ALAN, a Russian pop cover artist. Tré has been teaching Zumba and hip-hop classes since 2011 for various universities, gyms and dance studios. He first presented "Zumba at it's Best" for GAHPERD in 2012, and has presented ever since. Recently, he was featured on Bravo's Real Housewives of Atlanta. Tré's classes infuse Zumba dance with aerobic movement, set to the latest Latin, hip-hop, pop, and international tunes, creating a party-like atmosphere fit for the ultimate cardio/aerobic group workout. Currently,

Tré provides private dance sessions and Zumba classes in the Atlanta metropolitan area. His highly active, energetic and fun nature will motivate anyone to get up and DANCE!

Special Event at the Convention: The Dr. is "In"

Dr. Christie Johnson joined the University of West Georgia as Assistant Professor of Educational Leadership following retirement in 2012 from a 30-year career in Georgia K-12 public schools. Dr. Johnson has served as a classroom teacher, assistant principal, principal, district director, and assistant superintendent. In addition to local school leadership, Dr. Johnson has extensive district level experience in the areas of human resources, board policy development, student services, and school operations management. In her current role with the University of West Georgia, Dr. Johnson teaches and mentors school and district administrators throughout the state as they seek both advanced degrees from UWG and performance-based certification from the Georgia Professional Standards Commission.



Dr. Johnson is a life-long Georgia native. She and her husband Tony, a retired police detective, currently reside in Carrollton. Their daughter, Whitney, is a ninth grade teacher and cheerleading coach at Bremen High School. In the future, she plans to enter the field of educational leadership.

At the Georgia AHPERD convention in October, Dr. Johnson will be available for anyone interested in mentoring for future job interviews and other relevant information. She can particularly assist with Job Applications: When, Where, and How to Apply; Preparing an Effective Resume; Top Tips for a Successful Job Interview; and Educational Leadership: Advanced Degrees and/or GaPSC Leadership Certification. Look for Dr. Johnson on Monday, October 26 at the Doctor is "In" booth outside of rooms 1 and 2 from 10:00-2:00pm.

Special Event: Pre-Convention Workshop Essentials of the Presidential Youth Fitness Program (PYFP)



What Is the Presidential Youth Fitness Program?

The Presidential Youth Fitness Program provides a model for fitness education within a comprehensive, quality physical education program. The program provides resources and tools for physical educators to enhance their fitness education process. This includes:

- FITNESSGRAM® health-related fitness assessment;
- Instructional strategies to promote student physical activity and fitness;
- Communication tools to help physical educators increase awareness about their work in the classroom; and
- Options to recognize fitness and physical activity achievements



Special Event: Pre-Convention Workshop CPR / AED Certification

These imperative life skills can dramatically double the chances of survival during a cardiac arrest from the nearly 400,000 individuals who die annually from this type of incident. “Sudden cardiac arrest is a leading cause of death in the U.S. – but when ordinary people, not just doctors and EMTs, are equipped with the skills to perform CPR, the survival rate can double, or even triple,” Director Julie M. Howell of the South East division of the American Heart Association. “By teaching students CPR, we can add thousands of lifesavers to our communities.”



This three-hour pre-convention workshop will fully certify physical education teachers using the American Heart Association (AHA) guidelines for CPR and AED use on adults. Participants will learn, train, and review the skills necessary to teach these skills as part of the new curricular requirement in public schools. Pedagogy and general organization will also be covered, preparing teachers to maximize effective teaching using specific AHA teaching cues, equipment specifics, incorporating video instruction, and remediation. Participants do not need to supply any materials of their own, but will be asked to register and for the workshop ahead of time.

The cost is only \$6.00 (for the certification card) per participant with a maximum of 40 participants. Please e-mail Bridgette Stewart at bstewart@westga.edu to secure a seat.



**GUIDELINES
2015 | CPR & ECC**



Special Event: Silent Auction

We encourage all of you to bring something special to donate toward the **Silent Auction**. Proceeds from the last convention provided a significant amount of equipment for local schools. The funds raised from this year's Silent Auction will go to a deserving school in Georgia to help promote health, physical education, and/or physical activity. Locations vary according to need. The hours for the Silent Auction this year are as follows:

Sunday, October 25 from 3:00 pm-6:00 pm

Monday, October 26 from 8:00 am-4:00 pm

The location of the Silent Auction will be announced soon. You must claim your items at by 11:00 am on Monday. Payments can be cash or check made payable to GAHPERD. Thank you for supporting this wonderful cause.

Sample items that others have donated in the past include sporting equipment, t-shirts, hats, games, tickets, hand-crafted items, pictures, memorabilia, etc. Please have your donated items available at the Silent Auction by Sunday at 2:00 pm. For more information, please contact Bridgette Stewart at the convention.

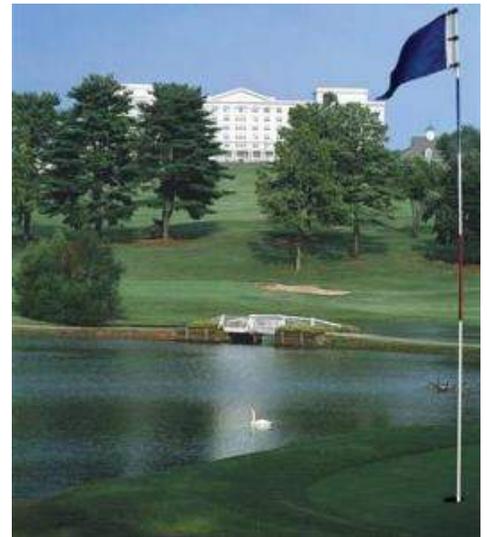
Special Event: Convention Golf Outing

The golf outing will be a 9 hole event on Sunday morning. The first tee time will be approximately 9:00am. If you are interested, please contact Peter St. Pierre (pstpierr@kennesaw.edu) by Tuesday, October 20 so the golf course can plan for the group.

All participants should meet on the deck in front of the pro shop at 9:00am. There is a driving range available if participants want to warm up. Range balls are not included in the price of play.

All players will pay the greens fees in the Pro Shop before play on Sunday morning. The cost is \$29.50 and includes a cart. The first group will leave the #10 tee at 9:30am.

Tournament Rules: If there are enough people registered for the event the week prior to Sunday, a fun format will be arranged. Be sure to communicate with Peter by 10/20/15.



Special Event: PETE Session at the Convention

**Attention All Health and Physical Education Faculty Members:
This Information is for You...**

We hope you will make plans to attend the special session designed just for Health and Physical Education Teacher Educators. The session is scheduled for Monday, October 26 from 12:00-12:50 pm. Discussions will focus on a variety of topics, including curriculum development, FITNESSGRAM assessment and trainings, health education, skill development, Let's Move Active Schools, EdTPA, majors clubs, etc. The session will be facilitated by Dr. Jackie Lund from Georgia State University. If you are a health and physical education teacher educator, please make plans to attend.

WHAT: PETE Session at the Convention

WHEN: Monday, October 26 at 12p



2015 GAHPERD Convention: Kaleidoscope and Awards Program

The Kaleidoscope Concert is a special part of the convention each year as a method to highlight the dance works of dance educators, collegiate dancers, public school programs, and dance studios. For the third year, we have planned a combination program to spotlight choreography intermingled with the awards ceremony; much like a “mini Oscar” night.

YOU ARE CORIDALLY
INVITED TO ATTEND THE
GAHPERD

KALEIDOSCOPE
DANCE CONCERT
AND
AWARDS PROGRAM

OCTOBER 28, 2015
The Strand Theatre
6:30 pm



We invite you to be a part of the audience and enjoy an evening of celebrated teachers and creative choreographers. All styles of dance will be included in the presentation, with more information come soon...

The Strand Theatre located on the square of Marietta has become a popular venue for numerous musical productions from around the United States. We know that you will appreciate the refurbished theatre seating and proscenium stage format. The lighting is second to none with trained technicians available to provide a spectacular visual event.

A reception will follow the program.

For more information, contact Dr. Karen Clevenger, 404-509-8511

(kcleveng@westga.edu)

Attention Students!



It's almost time! Just a few months away and we'll be right in the middle of the **2015 GAHPERD Superstars Competition**. The last event was a big success, with lasting memories for all participants. The 2013 Superstars event included four unique, team-oriented, sweat-inducing, spirit-generating, fun-filled and plenty of "safe" events, resulting in only minor injuries! Seven universities participated in the annual Superstars showdown, with the ultimate prize going to students from Georgia Southern University. After one hour of vigorous competition including the obstacle course, football frenzy, bean bag bonanza, and scooter relay, all participants were invited to enjoy free pizza and soft drinks at a local pizza place in downtown Marietta. This year promises to be even more exhilarating, as Georgia Southern aims to maintain the reign as Superstars champions.

Health and physical education programs from all over the state should begin organizing their teams and practicing now for the event. The Superstars Competition takes place on Sunday evening, October 25 at 7 pm. For more information, contact Dr. Brent Heidorn (bheidorn@westga.edu).



Special Event: PEPALOOZA ADVENTURE RACE at the Convention

This event has been enjoyed by many participants each year at the convention, and is certainly an event you will not want to miss.

This year's race will take place on Monday, October 26th at 5:00pm starting in the Sanford room.

Teams of 4-6 will decipher clues and find the historic landmark that matches each clue. Each team will be required to use crayon and paper to scribe each clue on their paper. Each team must stay together during their entire journey. The race will start and end at the convention center. If a team misplaces the crayon they must find other means to scribe. (bark, dirt, etc.) If a team misplaces the paper they must start over. The first team to decipher all clues correctly and bring the correct scribe paper back to headquarters in the least amount of time wins. Mega-Time penalties will be enforced for incorrect answers.



Note: P.S. This is a race and racers must be ready to run, climb, squat, or do what is necessary to find the clues. Please dress appropriately (costumes get extra points) and ALL traffic laws must be followed.

For more information, contact:

Dave Senecal (dsenecal@paulding.k12.ga.us)



Special thanks to the members of the Georgia AHPERD Executive Board



Above: Recent picture of many Georgia AHPERD Executive Board Members who participated in a meeting on the campus of the University of West Georgia on September 12, 2015.

Share the Wealth Physical Education Conference

January 21-23, 2016 Jekyll Island, GA

If you are interested in participating as a presenter at the annual Share the Wealth Physical Education Conference in Jekyll Island, GA, proposals are due by October 31, 2015. Please follow the link below for additional information.

<http://www.sharethewealthpeconference.com/call-for-presentations.html>

Share the Wealth Physical Education Conference

January 21-23, 2016 Jekyll Island, GA

If you are interested in participating as a presenter at the annual Share the Wealth Physical Education Conference in Jekyll Island, GA, proposals are due by October 31, 2015. Please follow the link below for additional information.

<http://www.sharethewealthpeconference.com/call-for-presentations.html>

The 2016 Conference will be held at the NEW

Jekyll Island Convention Center

Conference Hotel

Villas by the Sea*

*Other motels and hotels are located close to the Jekyll Island Convention Center.





"Preparing HPE Professionals for 21st Century Schools"

October 28 - 31, 2015

Atlanta, GA

The PETE & HETE Conference is the premier professional development and networking event for university PETE & HETE faculty and leaders, graduate students, university administrators, and researchers in various fields of study relating to kinesiology and health education.

Conference Highlights:

- Discover innovative and exemplary methodologies and practices in the preparation and continuing education of physical education and health education professionals.
 - Explore issues and solutions in the PETE/HETE field.
 - Share research and collaborate on new ideas.
- Network with physical education and health education teacher educators from across the country.

Register by September 30 and save up to \$60!

Begin making plans now to attend the 2016 SHAPE America Southern District Convention in Williamsburg, VA. The convention is co-hosted by VAHPERD. Go to www.shapeamerica.org/about/districts/southernconference.cfm for more information.



Future Dates

October 25-27	GAHPERD Convention, Marietta, Georgia
October 27-31	2015 SHAPE America PETE & HETE Conference, Atlanta
January 21-23	Share the Wealth Physical Education Conference, Jekyll Island
February 10-13	SHAPE America Southern District Convention, Williamsburg, VA

Membership

Are you interested in health, physical education, recreation or dance? Do you have passion and commitment for physical activity and wellness? Do you believe we can do more to help others and better prepare students for a lifetime of health and physical activity? Do you want to join the advocacy efforts of other dedicated professionals to pave the way toward a healthier generation of individuals? Do you believe in the power of numbers?

Join GAHPERD!

For more information, visit www.gahperd.org, contact Kim Thompson, Executive Director of the Georgia Association for Health, Physical Education, Recreation and Dance (kthompson.gahperd@att.net).

Mission Statement

GAHPERD, Inc. is a non-profit organization for professionals and students in related fields of health, physical education, recreation and dance. GAHPERD, Inc. is dedicated to improving the quality of life for all Georgians by supporting and promoting effective educational practices, quality curriculum, instruction and assessment in the areas of health, physical education, recreation, dance and related fields.