



The GAME

The official newsletter of the Georgia Association for Health, Physical Education, Recreation and Dance

Fall, 2013

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Featured Focus: GAHPERD Convention

The **2013 GAHPERD Convention** is almost here and the planning committee is certain it is an event you will not want to miss. The professional development workshops and sessions, the social activities, and the networking opportunities will provide all participants with a renewed spirit for continued excellence in the fields of health, physical education, recreation, and dance. The convention officially begins on Sunday, October 27 at 12:00 pm and continues through Tuesday, October 29 at 2:00 pm.

The program boasts a variety of sessions from all areas within the profession. Special topics include academic integration, coaching, technology, health education, comprehensive school physical activity programs, assessment, fitness concepts, and a host of physical activity sessions. The keynote speaker for the General Session is Dr. Judy Rink, Professor Emeritus from the University of South Carolina. Other invited guests include Tecca Kilmer (FL), Freddie Lee Heath (VA), Susan Telljohann (OH), Don Puckett (NC), Butch Valdes (FL), Rene Bibaud (WA) and J.D. Hughes (GA). Pre-convention workshops begin on Sunday at 8:00 am and include the following:

- Health Education Curriculum Analysis Tool (Kandice Porter)
- CPR and AED Certification (Bridgette Stewart)

In addition to the above events, the Dance Kaleidoscope and Awards Program begins at 5:00 pm on Monday, October 28 (see page 8 for more information) and the annual Superstars competition (p. 9) is on Sunday, October 27 at 7:00 pm. Finally, be sure to attend the Grand Finale scheduled for Tuesday, October 29 at 12:00 pm.

This newsletter contains lots of information for the convention. Be sure to review the content included. We look forward to seeing you in just two weeks. Bring a friend!

**IGNITE
THE PASSION!**



**Georgia AHPERD
Convention**

Marietta, GA

October 27-29, 2013

Special Message from President Brian Devore

Everyone at Georgia AHPERD is looking forward to a superb 2013 Convention and “Igniting the Passion”! I cannot thank the Board, Convention Committee, Executive Director Kim Thompson, Convention Manager Brian Mosier, and Convention Director Brent Heidorn enough for all of their hard work in putting this event together.



As I reflect over the last year serving as President, I cannot believe everything that our organization has accomplished! We successfully completed our first Share the Wealth Conference with help from the founders, Judy Phillips and Deb Baber, and a determined Kim Thompson. Also, we had many award winners recognized for Southern District at the National Convention. Bud Reiselt, a Georgia AHPERD fixture, was elected Southern District AAHPERD President and Karen Clevenger was elected to Vice President of Dance. Our members have been published in many journals and presented at conferences across the country. Georgia AHPERD named a new Publications Editor, Brent Heidorn, and our *Journal* and *Game* are back in business. Two Corporate Sponsors, SPARK and Moving to Success, were added. The email blast system was finally implemented and our members can receive updates throughout the year to their inbox. It has been a busy time!

In closing, I cannot express the gratitude I have for the chance to serve Georgia AHPERD. Each day presents new challenges and opportunities that make me a better person and I have tried to act in a way that makes Georgia AHPERD stronger. I look forward to serving as Past President and potentially working with the board restructuring. And you never know what we may still have up our sleeves for the rest of this year??? Stay tuned!

Special Message from President-Elect Brent Heidorn

I am excited about the upcoming convention, less than two weeks away. When I was elected into my current position on the GAHPERD Executive Board almost one year ago, I immediately began thinking about what I might do to better serve our profession. Realizing my upcoming “time-consuming responsibilities” in planning the convention, my thoughts turned to one of my most meaningful mentors, Dr. Judy Rink. I had the honor and privilege to train and work under Dr. Rink for three years while I was a graduate student at the University of South Carolina. She demonstrates the highest commitment to our profession through her teaching, research, and impact on so many lives. Thankfully, she agreed to participate with us this year. I am confident Dr. Rink will provide us with an extremely insightful, passionate, and inspiring challenge in her keynote address. I encourage all of you to attend the first General Session and you will easily see her profound, in-depth knowledge of our field. You will leave the room with a new desire for quality teaching and student learning. In addition, be sure to participate in our many other great sessions offered by national and local presenters, visit the exhibitors, and meet new friends. If I can be of any assistance to you, please do not hesitate to let me know. See you soon!



Special Message from Executive Director Kim Thompson

Fall has finally arrived in North Georgia and with it comes the gentle autumn breezes that will cover our landscape with beautiful fallen leaves. The apples are ripe and ready to sample along with the many other luscious tastes of the season. I hope that you will take the time to join us in beautiful Marietta, Georgia for our annual fall convention. We have been working extremely hard to bring you the sessions that you want and need at our upcoming event! We know that it is difficult for you to travel and to be away from your schools. We want the trip to be more than just “worthwhile.” We want to send you home with many new activities and a refreshed spirit. We have presenters coming from all across the U.S. as well as many of the finest teachers in our state. I want to thank the members of our board who have been working for well over a year, now, to ensure that this convention is the best one ever! There is something for everyone: students, teachers and retirees! If you cannot join us, please be sure to visit our website to see what you missed! We will have plenty to share in our “Teacher Toolbox!”

I want to take just a moment to say a special “thank you” to our current president, Brian Devore, as he prepares to leave this office. He has served you and our organization in an outstanding way over the past two years. He is always working to keep you connected, redirected and informed about everything going on in the profession. He has selflessly devoted countless hours to do the things that make an organization succeed. He is a “giver.” He has been a tremendous leader for GAHPERD and will leave a lasting legacy in our state organization. I cannot say enough about his effort or his passion for changing the way we work on our board. I will just have to say “THANKS, friend, for all that you have done for Georgia! We truly appreciate you and are so much better because you came our way!” So, go have an apple! Jump in a big pile of leaves and soak in this gorgeous autumn weather! We’ll see you in Marietta



SPARK™

Join SPARK at the 2013 GAHPERD Convention!

That's right- SPARK will be presenting, exhibiting, and helping support the great work of GAHPERD (Georgia Association of Health, Physical Education, Recreation and Dance) at their annual convention in Marietta, GA October 27-29.

We encourage you to join us and say hello to Patty Lanier, SPARK trainer extraordinaire, at these two presentations:

- Aristotle said, Philosophize AND Exercise
- I Want to BE a Tech Guru, But I Can't Turn on My Computer.

We hope to see you there!

The SPARK Programs

P.S. We're raffling off a SPARK Manual at the booth.
Stop by and sign-up!



www.sparkpe.org | 800 SPARK PE | spark@sparkpe.org

Special Announcement: New Corporate Sponsor

The Georgia AHPERD Executive Board is pleased to add **Moving to Success** as a Corporate Sponsor! This K-5 Curriculum Guide received a high PECAT score and provides professionals with a great guide to help instruct students. Dan Young from Moving to Success can also provide staff development presentations to groups. Check out www.movingtosuccess.com for details. Dan has graciously donated a copy of the curriculum to be given away at the 2013 GAHPERD Convention!



Moving To Success

embraces the belief that students who become competent movers and are knowledgeable regarding the health-related benefits of being physically active are more likely to lead a physically active lifestyle.

Dan Young, Author & Consultant

Dan@MovingToSuccess.com

Voice & Text: 864-680-8471

www.MovingToSuccess.com

P.O. Box 141

Gramling, South Carolina 29348



Special

Event

**IGNITE
THE PASSION!**



**Georgia AHPERD
Convention**

Marietta, GA

October 27-29, 2013

Convention Theme



Keynote: Dr. Judy Rink



Physical Education: Tecca Kilmer

Don't miss the 2013 GAHPERD Convention to be held at the Marietta Hilton Hotel and Conference Center. The program is ready and promises to be packed with fulfilled learning sessions focused on health, physical education, the promotion of physical activity among youth, coaching, and dance. The convention will certainly provide a refreshing atmosphere of professional development for all participants.

Featured speakers include Dr. Judy Rink (keynote) from the University of South Carolina, Susan K. Telljohann (health) from the University of Toledo, Freddie Lee Heath (dance) from Ligon GT Magnet Middle School (NC), and Tecca Kilmer (physical education) from Turkey Creek Middle School (FL). Other invited guest speakers and long-time friends of GAHPERD include JD Hughes, Don Puckett, Butch Valdes, and Rene Bibaud.

The convention will also include over 60 lecture- and activity-based sessions by GAHPERD members from all over Georgia, a focus group for PETE professionals, an adventure race, the annual undergraduate Superstars Competition, a silent auction, and an assortment of other activities and networking opportunities.

The convention officially begins on Sunday, October 27, a day that will include several sessions, a town hall meeting, and the annual exhibits gala which begins at 5:00 pm. See the biographies on the following pages for more information about each of our featured speakers. Registration is now available. For more convention information, go to www.gahperd.org and look under the Convention tab. We hope to see you at the convention!



**500 Powder Springs St,
Marietta, GA 30064**



Dance: Freddie Lee Heath



Health: Dr. Susan K. Telljohann

2013 GAHPERD Convention: Featured Speakers

Dr. Judy Rink (Keynote) is a Distinguished Professor Emeritus at the University of South Carolina where she spent the last 30 years working with the undergraduate and graduate programs in professional preparation. She is the recipient of, among others, the AAHPERD Luther Gulick Award, AAHPERD Scholar Award, the NASPE Hall of Fame Award and is a member of the National Academy of Kinesiology. Dr. Rink chaired the first national physical education content standards committee and worked with NASPE to develop the PE Metrics material. She has been on the editorial review board of all the leading physical education research journals and has been the editor in chief for the *Journal of Research for Teaching in Physical Education* and the pedagogy section editor for the *Research Quarterly*. Dr. Rink was instrumental in getting state legislation passed in 2005 requiring 150 minutes of physical activity for elementary students in the state, requiring elementary schools to appoint a physical activity director, and requiring state assessment in physical education for all schools. She has been the director of the state assessment program and continues to work with the state organization to improve PE programs in South Carolina. Dr. Rink has current books in methods of teaching, curriculum and most recently published with Tina Hall and Lori Williams, *Schoolwide Physical Education : A Comprehensive Guide to Designing and Conducting Programs*.

Dr. Susan K. Telljohann, HSD, CHES (Health) is a Professor of Health Education at The University of Toledo. She received her doctoral degree in health sciences from Indiana University with an emphasis on school and college health education. Her experience in health education spans over 30 years, including health instruction from the junior high to the university level. She has conducted research and published over 60 articles on health education in professional journals, presented over 60 papers at professional conferences and is the co-author of *Health Education: Elementary and Middle-Level School Applications*, 7th Edition (McGraw-Hill, 2011). She is the co-author of the HealthSmart K-12 curriculum and the Teach and Reach health series published by ETR Associates. She also was one of the lead authors of the Centers for Disease Control and Prevention's original and revised Health Education Curriculum Analysis Tool (HECAT). She served as the President of the American School Health Association from 2000-2001, was the Contributing Editor for the Teaching Ideas Column in the American Journal of Health Education and has served on many professional health education committees throughout her professional career. She served on the Board of Directors for the American Association of Health Education and the National Health Education Standards Revision Committee. She is the recipient of several honors and awards, including the Howe Award from the American School Health Association, the Scholar Award from the American Association of Health Education, the Distinguished Service Award from both the American School Health Association and the American Association of Health Education, The University of Toledo Outstanding Teacher Award, the Phi Delta Kappa Educator of the Year Award, and the Patty Outstanding Alumni Award from Indiana University.

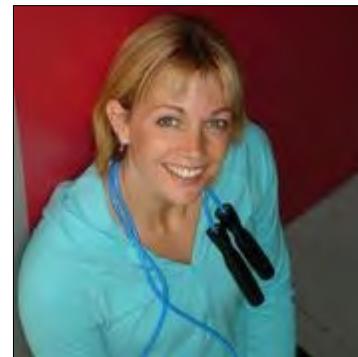
Tecca Kilmer (Physical Education) earned a Bachelor's degree in Physical and Health Education from West Virginia University and a Master's degree in Adapted Physical Education from the University of South Florida. She is National Board Certified and has been teaching at Turkey Creek Middle School in Plant City, FL for the past 17 years. Turkey Creek has been a NASPE STARS school since the program began in 2004. Tecca currently serves on the Southern District Board in the Physical Education Division as Vice President and is on the Advocacy Committee for Southern District AAHPERD. She served as the Physical Education Association President for FAHPERDS from 2010-2012 and served on the NASPE Committee for Public Relations. Currently, she is serving as President-Elect for FAHPERDS and is on the NASPE ING Run For Something Better Committee. She was the Florida Middle School Physical Education Teacher of the Year for 2007, and the Southern District Middle School Physical Education Teacher of the Year for 2008.

Freddie Lee Heath (Dance) has been involved in dance for nearly 30 years as a performer, choreographer, and an educator. He has traveled extensively across America promoting quality dance and physical education. A graduate of East Carolina University, Freddie recently completed a Master's Degree in School Administration from North Carolina State University. He was one of the first dance educators in the country to achieve National Board Certification in Physical Education. He has expanded the curriculum for his district through innovative courses, including Dance in the Media, Dancing Like the Stars, Twist and Tone, as well as leveled classes in tap and jazz. Freddie has two dance groups comprised of ladies between the ages of 65 and 85 and he is passionate that dance has the power to change and enrich one's life. He has choreographed across America including the National Museum of Dance and in Armenia for the National Dance Company. He has been featured many times in *Dance Teacher Magazine* and was named *Dance Teacher Magazine's* K-12 Teacher of the Year in 2007 as well as National Dance Association's K-12 Dance Educator of the Year (DEOY) in 2010. He was a former president of the NCAHPERD is on the executive board for AAHPERD's Southern District.

2013 GAHPERD Convention: Guest Speaker, Rene Bibaud

René Bibaud

The Story - Becoming a Professional Rope Jumper



Like most of us, Rene Bibaud was exposed to the fun activity of rope jumping at a very early age. Rene still vividly recalls the day in her driveway when her father taught her proper form – one jump, one spin of the rope. She was five years old. Today, decades after that first lesson from her dad, Rene completes her tax return by writing “Professional Rope Jumper” in the space requesting “occupation.”

So how does someone become a professional rope jumper?

“My elementary school physical education teacher was starting a jump rope team called The Hot Dogs,” says Rene. “Well, I really wanted to be a member, but I wasn’t one of the kids invited to be on the team that year.

There’s another contemporary athlete who was cut from his first team – Michael Jordan. And just like Mr. Jordan, Rene turned the experience from defeat into determination.

“I had a wonderful coach named Bob Melson,” says Rene. “Coach told everyone to focus on three things : 1) Don’t compare yourself to others – just work at your own level; 2) Don’t worry about mistakes : 3) Always give it your best. The next year, I made the team. And Coach Melson’s lessons have lasted a lifetime.”

Rene’s Hot Dog Team became one of the premiere performance jump rope teams in the country. They toured the United States on behalf of the American Heart Association’s Jump For Heart Program. Rene also traveled to many foreign countries, appeared on countless television programs and performed at many high-profile events. Rene recalls shaking hands with Johnny Carson on the Tonight Show when she was junior high.

Rope jumping championships came next. Rene won five world titles in total. She became a well-respected teacher and her peers recognized that she could explain and teach rope jumping to a broader audience. ESPN invited Rene to provide color commentary as they covered the rope jumping world championships. Rene agreed. She also did something else quite remarkable: Rene entered the competitions and won her age divisions freestyle championship!

It happened that representatives of Cirque du Soleil were watching Rene’s performance as both a competitor and articulate broadcaster. They were impressed. “Cirque du Soleil is one of the world’s most successful athletic and entertainment groups. Normally, Cirque du Soleil holds rigorous tryouts before anyone can join their elite troupes of Olympic-caliber athletes. But in Rene’s case, they offered her a joint position as coach and one of the performers with the Quidam Act of Cirque. For more than four years, Rene toured the United States and Europe, performing before overflowing crowds and on television. A feature film was even made of the Quidam show.

After years of living outside the United States, Rene decided to leave Cirque du Soleil but continues to consult with them on a routine basis. Today, Rene calls Seattle, Washington her home and has created her own exciting company, Ropeworks.

Through Ropeworks, Rene continues her mission of sharing fitness and positive life messages with people across the country. Her hugely popular jump rope school assembly program is a unique blend of performance, athleticism and pertinent messages, generating tremendous praise from kids and school officials alike. Rene entertains with her rope jumping skills and invites kids to participate. Then, while the adrenaline is still pumping in the children, she anchors the three positive messages her coach shared with her many years ago. The children view Rene as a role model and leave cheering. The adults are touched and inspired. Rene’s jump ropesports clinics are also drawing rave reviews. She teaches athletes how to employ the old-school favorite of rope jumping in challenging and innovative ways. Rene’s drills demand agility and conditioning like no other training tool available while working both the upper and lower body.

Rene uses her experience as an entertainer, educator and motivational speaker in a variety of other ways: [corporate and special event performances](#), workplace wellness events, fitness masters classes, as well as [jump rope camps and classes](#). Various [jump rope products](#), such as videos and ropes, are available.

**So...that’s how someone becomes a
“Professional Rope Jumper.”**

2013 GAHPERD Convention: Guest Speaker, J.D. Hughes

Author of *No Standing Around in My Gym: Creative Lesson Plans, Games, and Teaching Tips for Elementary Physical Education* (2002), *PE2theMax: Maximize Skills, Participation, Teamwork and Fun* (Human Kinetics Publishers, Inc., 2005), *PE2theMax II: Stepping up the "Game" in Physical Education* (Waymaker Printing, Inc., 2008), *The Best of No Standing Around in My Gym, PE2theMax I & II DVD's* (J.D. Hughes and Silver Penguin Productions, 2009), and *PE²: Double the Physical + Double the Education = Double the Fun* (Waymaker Printing, Inc., 2011).

Ed.S, National Board Certified, and 2004-05 Georgia Elementary Physical Education Teacher of the Year

It is my privilege to be a guest presenter at the GAHPERD Convention. It is my desire to equip participants with a more up-to-date look at what physical education has evolved into, which is an exciting and dynamic experience that all children need and deserve.

As physical education teachers, it is our job to promote and develop positive attitudes towards physical activity. Our task is challenging; teaching the value of physical activity and skills acquisition, while making physical education fun for all in the process. Physical educators work hard, full days that leave very little time for creative thinking and lesson plan exploration. Often times, teachers implement lessons and games that are fun to teach, but may be activities that fail to maximize participation, are developmentally inappropriate, or lack originality. Another problem is that some physical educators find their classes too large to even consider many physical education ideas, games, and activities. No question, these are just a few of the major problems facing many physical educators everyday.

The stimulating assortment of fun-packed, educational games and ideas presented at the convention not only focuses on participation and involvement for the large class, but will intrigue, engage, and motivate your students for years to come. The presentations provide all inclusive, fun activities, which in turn minimize discipline problems and maximize participation.

Over my 18 years of experience as a physical education specialist, I have developed, designed, or modified all of the material presented. The games and activities presented are classroom-tested and have been used successfully with children ages 4 to 14. They maximize participation and ensure that every child is provided with numerous opportunities to succeed while learning basic fitness- and sport-related skills. I have focused special emphasis on many games and activities to include experiences that teach cooperation and encourage teamwork. These values are instilled through motivating and challenging activities that will have all children coming back for more.

May you have greater success in your physical education program and most importantly, the ultimate goal of seeing students getting physically fit and having some fun in the gym. God bless.



2013 GAHPERD Convention: Guest Speaker, Butch Valdes



Butch Valdes earned a Bachelor's degree in Physical Education from Saint Leo University and is also certified in Health (K-12). He previously was the department chair for seven years at Turkey Creek Middle School in Plant City, FL. Under his leadership, Turkey Creek received NASPE STARS recognition for 2004-2007, and 2007-2010. For the past three years, Butch has been at Durant Senior High School in Plant City, Florida as a physical education teacher and the head varsity baseball coach. He has rejuvenated the physical education program by introducing two new curriculums, NASP (National Archery in the Schools Program) and exergaming. Butch is one of only ten teachers in the country to be trained as a level two Basic Archery Instructor Trainer.

He is the Florida Blood Services coordinator, an advisor of the Cougar Archery Club, and serves as a Mentor/Teacher for level I and level II physical education interns for the University of South Florida. He also belongs on the School Advisory Committee and the Hillsborough County Exam Review Committee. Butch has served on the Southern District AAHPERD Middle and Secondary Physical Education Council, the Southern District AAHPERD Council for Sports and Leisure, and was recently the chair for the Secondary Physical Education Council for FAHPERDS. He is currently the FAHPERDS Physical Education Association President and the SDAHPERD Vice President-Elect for the Physical Education Division.

Butch is the Hillsborough County High School Physical Education Teacher of the Year for 2010, and the recipient of the Saint Leo University Community Service Award for 2010. Butch was recently named the 2011 FAHPREDS High School Physical Education Teacher of the Year for the state of Florida and the 2011 Southern District Physical Education Teacher of the Year. He continues to present at the county, state, district, and national levels. While doing all of this, he also manages to maintain a highly recognized winning baseball program for Durant Senior High School.

Butch is presenting the following two sessions at the upcoming GAHPERD Convention:

- * Large Group Circuit Training—Monday, October 28, 1:30-2:20 pm
- * Line Dancing to a Different Beat—Tuesday, October 29, 9:00-9:50 am

2013 GAHPERD Convention: Guest Speaker, Don Puckett



Don Puckett is a master teacher with an enthusiastic and compassionate approach to education that is informative and inspiring. Don had 38 years as a teacher, coach, athletic director and administrator. He has made professional development presentations for the past 31 years for teachers, administrators, school superintendents, camp counselors, recreational directors and after-school personnel. Don has received awards of excellence at the local, state and national levels and has presented at state and national A.A.H.P.E.R.D. functions, wellness seminars and

recreational conferences in 42 states. Don has produced two award winning line dancing videos titled “Line Dancing Is It” and “User Friendly Line Dancing”, written an activity book called “Playing It S.A.F.E. (Successful Activities for Everyone)”, designed the popular “Don Puckett Aerobic Tinikling Cords” and produced “Physical Education Games Volume I and Volume II” for Sport Videos located in Tucson, AZ. Don also spent 25 years working in a Summer camping program for special needs children. These experiences have given Don the opportunity to develop a teaching style and philosophy that make each day a success-oriented, non-threatening and exciting adventure for all children. All activities presented support teaching standards and are age appropriate. Don has been very effective as a presenter for all grade levels and his spirited presentations will provide many activity ideas and positive thoughts relating to being an educator.

Don is presenting at the following times:

Monday, October 28 at 8:00-8:50 am

Cooperative Fitness and Skill Building Activities (K-12)

Tuesday, October 29 at 8:00-8:50 am

Aerobic Line Dancing and Novelty Rhythms (K-12)



Special Recognition: Convention Planning Committee

Planning a convention takes a significant amount of time and energy. There are so many things that happen behind the scenes so that our members can enjoy a professionally rewarding and intellectually engaging experience. This page of the GAME is dedicated to the many professionals in our association who have spent hours brainstorming, planning, and working for this year's convention.

To the convention planning committee chairs, we greatly appreciate your enthusiasm, professionalism, commitment, and hard work to ensure the success of this year's convention.

President—Brian Devore

Convention Director—Brent Heidorn

Convention Manager—Brian Mosier

Executive Director—Kim Thompson

AV Media—Jeff Johnson

Awards—Amy Aenchbacher

Convention Signs—Myss Jelks Johnson

Exhibits—Bridgette Stewart

Food Functions—Kim Thompson

Grand Finale—Peter St. Pierre

Hospitality—Jacque Harbison

Kaleidoscope—Karen Clevenger

Merchandise—Cindy Slayton

Program Evaluations—Shannon Williams

Registration—Dave Martinez and Amy Aenchbacher

Silent Auction and Elections—Cerie Godfrey

Superstars—Ethan Dennis

2013 GAHPERD Convention: Kaleidoscope and Awards Program

The Kaleidoscope Concert is a special part of the convention each year as a method to highlight the dance works of dance educators, collegiate dancers, public school programs, and dance studios. For the second year, we have planned a combination program to spotlight choreography intermingled with the awards ceremony; much like a “mini Oscar” night.

YOU ARE CORIDALLY
INVITED TO ATTEND THE
GAHPERD

KALEIDOSCOPE
DANCE CONCERT
AND
AWARDS PROGRAM

OCTOBER 28, 2013
The Strand Theatre
5:00 pm



We invite you to be a part of the audience and enjoy an evening of celebrated teachers and creative choreographers. All styles of dance will be included in the presentation, including the Sassy Classic Ladies of one of our featured speakers, Freddie Lee Heath.

The Strand Theatre located on the square of Marietta has become a popular venue for numerous musical productions from around the United States. We know that you will appreciate the refurbished theatre seating and proscenium stage format. The lighting is second to none with trained technicians available to provide a spectacular visual event.

A reception will follow the program on the outdoor terrace above the theatre.

For more information, contact Dr. Karen Clevenger, 404-509-8511
(kcleveng@westga.edu)

Attention Students!



It's time! Just two weeks away and we'll be right in the middle of the **2013 GAHPERD Superstars Competition**. Last year's event was a big success, with lasting memories for all participants. The 2012 Superstars event included four unique, team-oriented, sweat-inducing, spirit-generating, fun-filled and plenty of "safe" events, resulting in only minor injuries! Seven universities participated in the annual Superstars showdown, with the ultimate prize going to students from Georgia Southern University.



After one hour of vigorous competition including the obstacle course, football frenzy, bean bag bonanza, and scooter relay, all participants were invited to enjoy free pizza and soft drinks at the Mellow Mushroom in downtown Savannah. This year promises to be even more exhilarating, as Georgia Southern aims to maintain the reign as Superstars champions.



Health and physical education programs from all over the state should begin organizing their teams and practicing now for the event. The Superstars Competition takes place on Sunday evening, October 27 at 7 pm. For more information, contact the GAHPERD Future Professionals Chair, Ethan Dennis (edennis1@westga.edu).



For the record, students from Georgia Southern University were on last year's winning team.



Special Event: Pre-Convention Workshop

Health Education Curriculum Analysis Tool (HECAT)

The Health Education Curriculum Analysis Tool (HECAT) was first published in 2007 by the Centers for Disease Control and Prevention (CDC) Division of Adolescent and School Health (DASH). CDC has recently revised the HECAT to improve its utility and usefulness. Although the HECAT was developed to assist school health professionals in selecting appropriate curricula, it can be a very useful tool for developing quality, skill based health education programs.

The objectives of this workshop are:

- Describe the essential aspects that are necessary to assess in a health education curriculum.
- Describe how the HECAT can help assess the application of the National Health Education Standards in a curriculum.
- Explain the importance of identifying expected Healthy Behavioral Outcomes in order to determine health education knowledge and skill expectations.
- Explain how the HECAT can be used to improve health education curriculum writing, revision, and selection.
- Describe how school health practitioners can use the HECAT to write health education unit plans.
- Explain how school districts can use the HECAT to revise their health curricula

Special Event: Pre-Convention Workshop

CPR / AED Certification

New legislation introduced by senate bill 212 requires all public high schools in grades 9-12 to instruct CPR and AED within their health and physical education classes. This legislation is set to take effect during the 2013-2014 school year and will have a significant impact on curriculum and instruction for physical education teachers. These imperative life skills can dramatically double the chances of survival during a cardiac arrest from the nearly 400,000 individuals who die annually from this type of incident. “Sudden cardiac arrest is a leading cause of death in the U.S. – but when ordinary people, not just doctors and EMTs, are equipped with the skills to perform CPR, the survival rate can double, or even triple,” Director Julie M. Howell of the South East division of the American Heart Association. “By teaching students CPR, we can add thousands of lifesavers to our communities.”

This three-hour pre-convention workshop will fully certify physical education teachers using the American Heart Association (AHA) guidelines for CPR and AED use on adults. Participants will learn, train, and review the skills necessary to teach these skills as part of the new curricular requirement in public schools. Pedagogy and general organization will also be covered, preparing teachers to maximize effective teaching using specific AHA teaching cues, equipment specifics, incorporating video instruction, and remediation. Participants do not need to supply any materials of their own, but will be asked to register and pay for the workshop ahead of time.

The cost is only \$6.00 (for the certification card) per participant with a maximum of 40 participants. Please e-mail Bridgette Stewart at bstewart@westga.edu to secure a seat.

Special Event: Silent Auction

We encourage all of you to bring something special to donate toward the **Silent Auction**. Proceeds from last year's convention provided a significant amount of equipment for Stringfellow Elementary School in Moultrie, GA. The funds raised from this year's Silent Auction will go to a deserving school in Georgia to help promote health, physical education, and/or physical activity. Locations vary according to need. The hours for the Silent Auction this year are as follows:

Sunday, Nov. 11 from 3:00 pm-6:00 pm

Monday, Nov. 12 from 8:00 am-11:00 am.

The Silent Auction will take place in the open space outside of Rooms 1 and 2. You must claim your items at by 11:00 am on Monday. Payments can be cash or check made payable to GAHPERD.

Thank you for supporting this wonderful cause.

Sample items that others have donated in the past include sporting equipment, t-shirts, hats, games, tickets, hand-crafted items, pictures, memorabilia, etc. Please have your donated items available at the Silent Auction by Sunday at 2:00 pm. For more information, please see Cerie Godfrey at the convention.

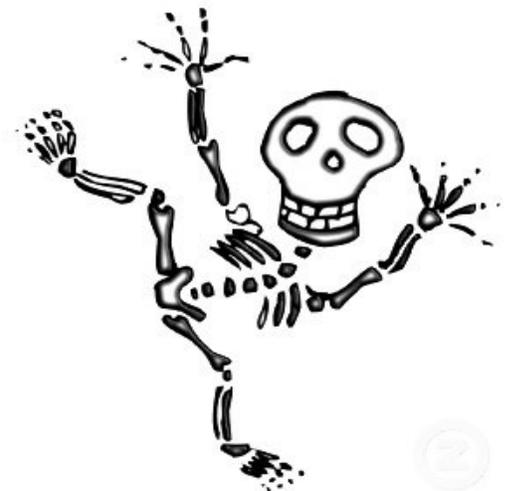
Special Event: GAHPERD Social

Please join us for a **SPOOKTACULAR** time!

Halloween dance at the Marietta Hilton Hotel and Conference Center!

Sunday, October 27 from 7:00-10:00pm

Come in your favorite costume for a night filled with dancing and fun! We are going to teach the Halloween dance, Monster Mash, Thriller, and many more. Check out the costume contest with a mystery prize! Treats will be served for tricks!



Special Event: Convention Golf Outing

The golf outing will be a 9 hole event on Sunday morning. The first tee time will be 9:32am. If you are interested, please contact Peter St. Pierre (pstpierr@kennesaw.edu) by Tuesday, October 22. so the golf course can plan for the group.

All participants should meet on the deck in front of the pro shop at 9:10am. There is a driving range available if participants want to warm up. Range balls are not included in the price of play.

All players will pay the greens fees in the Pro Shop before play on Sunday morning. The cost is \$35 and includes a cart. The first group will leave the #10 tee at 9:32am.

Tournament Rules: If there are enough people registered for the event the week prior to Sunday, a fun format will be arranged. Be sure to communicate with Peter by 10/22.



Special Event: Vote on the New Bylaws at the Convention!

Heading into the Convention, we have before us a chance to change and move our organization into a brighter future. Last year, Brian Devore announced an ad hoc committee to investigate restructuring our Executive Board. Led by Shannon Williams and comprised of a diverse group of the membership, that committee presented their findings to our entire Board last March. Their findings concluded that our Board was too large to function efficiently and serve the membership. Thus, we approved a change in the bylaws. The new Board will be comprised of a smaller number of members; however, we will establish support through a system of committees that report to various Board members. These committees will not have to attend Board meetings. Instead, they can meet “electronically” or “virtually”. This structure will also enable us to get a more diverse representation of people from across our state involved in Georgia AHPERD. For example, the Vice President of Physical Education could have a committee for elementary PE under their umbrella. This committee could meet virtually regarding any elementary PE issues and report to that Vice President. The committee could be comprised of members from Bartow County, Chatham County, and Lowndes County and we would receive valuable opinions from across our state. If approved, these changes will take place over a period of 2-3 years. Anyone elected at this Convention will get the opportunity to serve their full term, even if their Board position is one that will be phased out. President Brian Devore urges you to approve this bylaw change to allow Georgia AHPERD to continue to grow and be a leader among the state AHPERDs.

Special Event: GAHPERD Elections at the Convention



President Elect
Bridgette Stewart



Elementary PE
Chair Elect
Christy Crowley



VP Elect Physical
Education
Jen Spiegel (L)
and
Babs Greene (R)



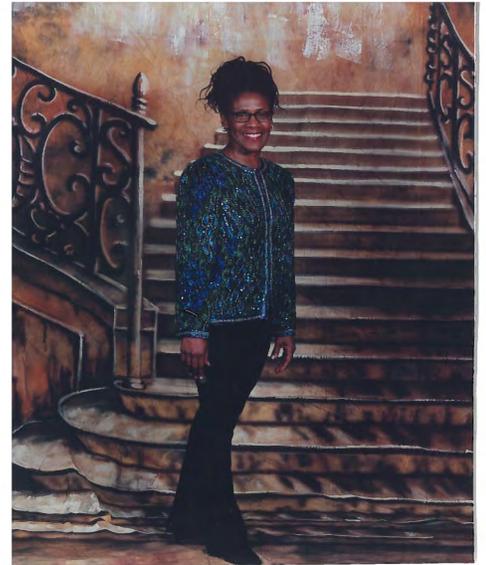
College University
Chair Elect
Sonya Sanderson (L)
and
Lynn Roberts (R)



Special Event: GAHPERD Elections at the Convention



VP Elect General
Cindy Slatyton



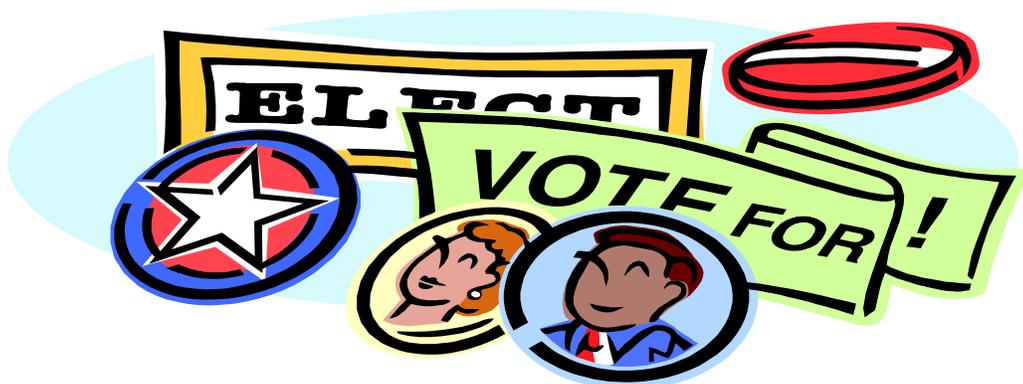
Secondary PE Chair
Elect Louise Lawler



VP Elect Health
Doris Morris



Middle School PE
Chair
Tasha Guadalupe



Special Event: Let's Move! Active Schools

Don't miss the **Town Hall Meeting** at the GAHPERD

Convention where all participants will learn more about:

Let's Move! Active Schools

Sunday, October 27 at 4:00 pm.

Change Starts With You!

Be A Champion!

Kids Have Stopped Moving. Nationwide.

- Only 6 states require physical education in every grade
- Only 20% of school districts require daily recess
 - Only 1 in 3 kids is active every day

Active Kids Perform Better.

- Up to 40% higher test scores
- Increased attention and concentration
- Improved attendance and discipline

www.letsmoveschools.org

Join Today!

Help your school create an active environment by accessing funding, support and training.

Go to letsmoveactiveschools.org
for more information

Special Event: PETE Session at the Convention

Attention All Health and PETE Faculty Members! This Information is for You...

We hope you will make plans to attend the special session designed just for Health and Physical Education Teacher Educators. The session is scheduled for Monday, October 28 from 1:30-3:20 pm. Discussions will focus on a variety of topics, including curriculum development, FITNESSGRAM assessment and trainings, health education, skill development, Let's Move Active Schools, EdTPA, majors clubs, etc. The session will be facilitated by Dr. Jackie Lund from Georgia State University. In addition, Dr. Judy Rink, our featured speaker at the convention will also be presenting at the meeting.



Please make plans to attend.

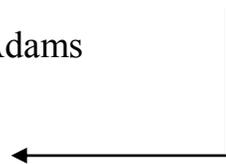
Special Report: Jump Rope and Hoops for Heart

See the ads on the next two pages.

This past school year 956 schools completed a JRFH or HFH event raising \$2,467,155 for the American Heart Association. Heart disease and stroke are the #1 and #3 causes of death in the United States. The majority (39%) of funds raised through JRFH and HFH events goes to public education. Research (21%) is the second highest percentage of how those funds are spent. The Georgia Association for Health, Physical Education, Recreation and Dance is proud to help the American Heart Association fight the battle for good health. As a celebration of JRFH's 35th anniversary, we are hoping to raise even more money this school year. Thank you JRFH and HFH coordinators for all your hard work through your events. You are making a difference!



Jump Rope for Heart
Coordinator
Emily Adams



Hoops for Heart
Coordinator
Nancy Cobelli





**American
Heart
Association®**



Jump Rope For Heart is a national education and fundraising event created by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance. Students learn to jump rope, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke. Millions of students have joined with us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for Free P.E. equipment from U.S. Games.

**Call 1-800-AHA-USA1 or visit
heart.org/jump to get
your school involved.**

**It Takes
Heart
to be a Hero**



*American Alliance for
Health, Physical Education,
Recreation and Dance*

AAHPERD is a proud program partner of Jump Rope For Heart.



©2013, American Heart Association. Also known as the Heart Fund. 8/13DS6910



We Jump. We Shoot. We Save!



HEART HERO

Gabrielle, age 10

"I have a sub-aortic membrane. At this point, doctors have determined that I don't need surgery. I want to help people with special hearts like me. I've served as a Heart Ambassador for five years, encouraging students at my school to raise money for the American Heart Association. I promote awareness about heart defects, teach other children the importance of living healthy lifestyles and raise money. I hope I inspire you to do things to help others."

Did You Know?

- Obesity and physical inactivity are major risk factors for cardiovascular disease.
- On average, American children and adolescents spend nearly 4 hours watching television every day.
- Obesity among our nation's youth has tripled in the last two decades.
- Overweight adolescents have a 70 percent chance of becoming overweight adults.
- A number of studies have demonstrated that increased physical activity is linked to better school performance.

Hoops For Heart is a national education and fundraising event created by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance. Students learn basketball skills, learn the benefits of physical activity, healthy eating and avoiding tobacco, and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined with us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for Free P.E. equipment from U.S. Games.

With your help, we can protect and improve children's health. Your efforts to educate your students and raise funds for research and outreach will save lives.

Call **1-800-AHA-USA1** or visit **heart.org/hoops** to get your school involved.



©2013, American Heart Association. Also known as the Heart Fund. 613DS6910



Are YOU In?

Become a Program Advisor and Have a Chance to Win Great Prizes!

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, Southeast Dairy Association and National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make health and wellness part of the game plan in more than 73,000 schools.

Program Advisors Make It Happen!

As a Program Advisor, you're the program champion. You engage and empower students as they help implement Fuel Up to Play 60, and you encourage other adults to get involved, too.

Calling all GA AAHPERD Members!

You will automatically be entered into a drawing for a chance to win great prizes – such as tickets to a Carolina Panthers game, an NFL alumni player to visit your school and more! **Sign up now** – the more Steps you check off, the better your chances of winning!



Join **Fuel Up to Play 60** today – or log in to your Dashboard if you're already enrolled – and sign up to be a Program Advisor at FuelUpToPlay60.com!

Eat Healthy. Get Active. Make A Difference.



NO PURCHASE NECESSARY. Many will enter, few will win. *See official rules at www.southeastdairy.org/ClaimYourPrizes-Rules. ©2013 National Dairy Council. Fuel Up is a service mark of the National Dairy Council. © 2013 National Football League Players Incorporated.



Are YOU In?

**Become a Program Advisor and
Have a Chance to Win Great Prizes!**

Meet Falcons Kicker **Matt Bryant** at
GAHPERD!

All Fuel Up to Play 60 Program Advisors are invited to a Q&A session
with **#3 Atlanta Falcons Kicker Matt Bryant**.

Stop by our exhibit booth and sign up. The first 50
people to stop by our exhibit and sign up as a program advisor will
receive a ticket to our breakout session on **Tuesday October 29th at
11:00am.**

Don't worry, if you miss our 50 spots, we're raffling off
4 Falcons tickets with sideline passes

Eat Healthy. Get Active. Make A Difference.



NO PURCHASE NECESSARY. Many will enter, few will win. *See official rules at www.southeastdairy.org/ClaimYourPerks-Rules. ©2013 National Dairy Council. Fuel Up is a service mark of the National Dairy Council. © 2013 National Football League Players Incorporated.



The **Georgia SHAPE** program is a statewide initiative that brings together government, education, business and philanthropic leaders to promote physical activity and healthy living in Georgia’s children while reducing the incidence of childhood overweight and obesity.

Facing alarming childhood obesity rates in Georgia, Gov. Nathan Deal committed to improving children’s health by launching **Georgia SHAPE**. In 2009, the state legislature passed the **Georgia SHAPE** Act. Through a network of partnerships and innovative programs, SHAPE works to educate children and families about healthy eating, physical activity, and the best lifestyle choices at school, at home, and in their communities. The program works with schools and community leaders to make physical activity a basic part of daily life for every child in Georgia.

Georgia SHAPE is comprised of a number of partnerships and initiatives. A few of our current initiatives and projects are listed below:

- **5 Star Hospital Initiative:** Promotes and supports breastfeeding.
- **DECAL/SHAPE Recognition:** Recognizes physical activity and nutritional excellence in early care and learning centers.
- **Tons of Fun:** The Dept. of Natural Resources promotes getting outside and using nature to help get people of all ages more active.
- **Physician Training:** Children’s Healthcare of Atlanta trains physicians how to counsel parents and children about obesity in a clinical setting.
- **Walk Georgia:** The University of Georgia promotes people of all ages to virtuously walk across Georgia and increase activity levels.
- **School Grants to Improve Physical Activity and Nutrition:** Allows schools to expand and enhance physical activity and nutrition efforts.
- **Power Up for 30:** A unique initiative that allows schools to add an additional 30 minutes of physical activity to the school day without extra costs or taking away from academic time! See below for details.

Power UP for 30 • MOVE Your Body • SHAPE Your Mind •

Research shows a strong positive relationship between physical fitness and academic achievement. Children who are more active in school are not only more **alert & ready to learn**, but they often show **higher attendance and test performance** than their less active peers. Daily exercise challenges the brain so it can grow! Incorporating just **30 MINUTES (or more!)** of additional physical activity into the daily school routine without altering the academic schedule can create **an enhanced learning environment**.

| BEFORE School | DURING School | AFTER School |
|--|---|--|
| *Low/No cost *Maintains schedule *Kick start learning ...But how? Zumba/Yoga Walk to School Open Gym | *Improves focus *Integrates academics *Stays on task ...but how? Active Academics Brain Breaks Activity Cards | *Utilizes personnel *Acts as child care *Facility options ...but how? Safe Routes Walk/Run Clubs Unlock Playground |

Where can you find 30 minutes and what works for you? To power up as a school or district, sign the **Power Up for 30 Participation Pledge** available for download on www.GeorgiaSHAPE.org



GAHPERD

Summer Institute 2013

Special Report: The Georgia Meth Project Launches the Meth Prevention Lesson

The Georgia Meth Project (GMP) is a large-scale prevention effort aimed at significantly reducing meth use and its devastating impact through research-based, educational messaging, public policy, and community outreach activities.

Methamphetamine is one of the greatest threats to teenagers in Georgia. The GMP's goal is to prevent first-time meth use among youth, ages 12-17, and give teens the facts about meth, such as the negative effects that meth can have on their brain, body, relationships and communities.

In order to educate more teens about the risks of meth, the GMP launched, this fall, the newest version of the Meth Prevention Lesson, which provides middle school and high school Health, PE, and Drug Prevention teachers with the materials and expertise to educate their students about the dangers of meth. The Georgia Meth Project aims for this Lesson to become a part of schools' curriculum in the future and reach more students across the state of Georgia. The Lesson aligns with the National Health Education Standards and the GA Health Education Standards

The Meth Prevention Lesson is an easy-to-use web-based presentation compiled using content from methproject.org that covers different aspects about meth, such as the ingredients in meth, meth addiction, the negative effects of meth on the brain and the body, and how to prevent others from using meth. This information is conveyed through several videos, interactive facts and tutorials, personal stories, and class discussions.

To access the lesson, go to <http://www.georgia.methproject.org/Get-Involved/school.php>, launch the Meth Prevention Lesson Website, and log in. There, you will find teacher and student materials and the web-based Lesson.

This summer, the Georgia Meth Project introduced the Meth Prevention Lesson to the Health and PE teachers at the GAHPERD Summer Institute on June 11th. This fall, GMP will be attending the 2013 GAHPERD Convention on October 27th in Marietta and will conduct a training for Health and PE teachers on the Meth Prevention Lesson.

This fall, the GMP is also conducting trainings for middle school and high school Health, PE, and Drug Prevention teachers on the Meth Prevention Lesson at staff development days and teacher meetings for several counties across the state. In addition, the GMP will be offering webinar trainings on the Meth Prevention Lesson, which will be available for teachers to sign up and participate in individually.

If you are interested in having a training for your county or participating in a webinar, or if you have any questions about the Meth Prevention Lesson, please contact info@georgiamethproject.org.



Cobb County

Staff Development 2013



Forsyth County

Staff Development 2013



Peer Leader Conference
Gwinnett County Middle
School

Special Report: Make a Difference!

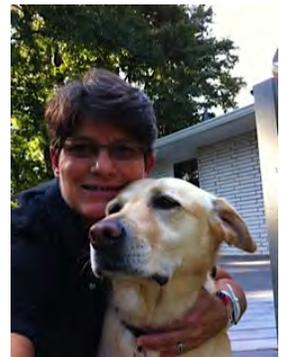
We recently began a new academic year. With all the craziness of new students, new schedules, new co-workers and yes, now a new teacher assessment, we may go days or weeks without hearing a complement from our co-workers or administration. Please, don't let that discourage you! Remember that you are an important part of your students' day.

- Who else is going to teach students how to get fit and stay fit?
- Who else is going to take time to make sure shoes are tied and appropriate clothing are worn?
- Who else is going to teach them the fundamental motor skills and movement patterns to be physically active for a lifetime?

We get to teach students how to get along face to face in a world that spends more time talking to a computer than a person. We get to teach students how to stay healthy in a world that is full of fast food and empty calories. We get to change a student's life at a young age and make an impact on his/her future. We are the ones who touch the lives of so many different students each day.

Quality physical education means teaching the whole child: mind, body and spirit. What we teach today can and will make an impact on our students for a lifetime. No matter how hard your day may be, remember that you are an important part of your students' day!

Special thanks to Joan Wyman, VP elect-Physical Education
for submitting the content on this page



Special Report: Insight from an Administrator

Characteristics of an Effective Teacher

(In alphabetical order)

Appearance
Communicator
Empathetic
Entertainer
Flexible
Knowledge of Subject Matter
Leader
Legal Knowledge
Love of Students
Motivator
Praises Students
Pride in Work
Professionalism
Role Model
Sense of Community and Culture
Strong Work Ethic
Team Player
Transparent
Values

Whatever It Takes

Characteristics of an Effective Coach

(In alphabetical order)

Appearance
Communicator
Empathetic
Entertainer
Flexible
Knowledge of the Sport and the Rules
Leader
Legal Knowledge
Love of Athletes
Motivator
Praises Athletes
Pride in Work
Professionalism
Role Model
Sense of Community and Culture
Strong Work Ethic
Team Player
Transparent
Values

Whatever It Takes

What are the characteristics of an effective teacher?

What are the characteristics of an effective coach?

Based on the lists above, it does not take long to see that in most settings, the characteristics are the same.

Students and athletes in K-12 schools need effective teachers; and they need effective coaches. You can be both for your students and athletes. I challenge you to consider yourself. What characteristics do you currently possess that qualify you as an effective teacher or coach? In what areas might you need to improve, so that our students and athletes are successful?

Special thanks to Dr. Bob Heaberlin, former principal in Coweta County Schools, for submitting the content on this page. Dr. Heaberlin was the NAESP National Distinguished Middle Level Principal of the Year in 2011-2012 and the AMLE National Distinguished Educator of the Year in 2012-2013. As a high school coach, his track and field teams won five state championships.



Special Recognition: New Fitness Facility in Georgia Schools



Students at Berkmar Middle School have access to all kinds of machines to help them achieve academically—computers, calculators and now cardio machines. The Lilburn school was only one of three in the state of Georgia to receive a brand new Live Positively Fitness Center. The exercise facility was made possible through a \$100,000 grant from the National Foundation of Governors' Fitness Councils. The money is awarded to schools that actively promote physical fitness.

“Academics and fitness goes hand and hand,” said the foundation’s Chairman Jake Steinfeld. “When you feel good about yourself, you can achieve anything you want in life.”

Governor Nathan Deal and First Lady Sandra Deal were also on hand for the ribbon cutting. Deal is excited about this opportunity and a chance to do something to promote healthier lifestyles. In 2009, Georgia had the second highest rate of childhood obesity in the nation. “We were number two. We moved to number 17. But we still have a long way to go,” said Deal. “I want us to be the state with the least childhood obesity.”

The new workout room includes cardio equipment including treadmills, elliptical machines and stationary bikes. There are also strength training machines and even active video games where students have to run and jump to play the games.

Students like Terrence Bryant like the new facility. “It’s great! It’s way better,” said the eighth grader while on the chest press machine. He says it is his favorite piece of equipment “because it helps me build upper body strength.”

Physical Education teacher Dana Griffith helped write the grant application. She is looking forward to her first class in the new facility. “Six classes a day will get to come in here and get to use the facility. And after school it will be open to faculty,” said Griffith.

Steinfeld started the foundation in California in 2006 with the help of then Gov. Arnold Schwarzenegger. He is also the CEO of Body by Jake and founded FitTV. Schools in Delaware, New Jersey and West Virginia will also receive new workout rooms thanks to Steinfeld’s foundation. Funding comes from corporations like Coca-Cola.

Harper Archer Middle School and C.L. Gideons Elementary in Atlanta also celebrate their new facilities.

Special Recognition: President Brian Devore

GAHPERD recognizes President Brian Devore for his outstanding leadership, work ethic, and passion for the fields of health, physical education, recreation, and dance. His tireless efforts and commitment to excellence are second to none. Thank you, Brian, for your fine contributions to the organization!

“Brian is passionate about our profession and serves as a wonderful role model for his students and those of us who have been lucky enough to work alongside him. When he puts his mind to do something, it is very difficult to slow him down! He goes out of his way to be involved and always exceeds everyone’s expectations for the task at hand. I can honestly say that I have never worked with anyone on our board who has devoted more of his personal time and talent to our cause. He is our “facebook, twitter, save-it-on-a-cloud extraordinaire!” He is in constant communication with me and the rest of our board to keep everyone on the same wavelength at all times! He is a hard worker and extremely devoted to making GAHPERD better and stronger. He is a team player and a participant in everything that he is involved in. He is very committed to his family and plays a huge role in the lives of his wife and children.”

Kim Thompson,
GAHPERD Executive Director

“Brian has been the consummate professional here in Cobb since I have known him. Whether it is implementing Fitness Portfolios at the middle school level, actively engaging students and staff alike at the elementary level, or working with his staff to recognize their hard work for the SHAPE Gold Award, he is always there. Brian first and foremost is there for the kids. He is a Great Friend !!”

Mark Anderson,
Cobb County School District



Special Event: Share the Wealth

Elementary, Middle, and High School Teachers are urged to share their ideas about the teaching of Physical Education. Individuals are encouraged to present research or position papers, activity ideas or any other relevant program. Proposals will be accepted until October 31, 2013.

To make your submittal, please do the following:

- * Download, print, and complete the "[Call for Papers & Activity Presentations Form](#)" from the GAHPERD website under the Share the Wealth link.
- * Create your Proposal Document
- Scan your completed Form, and send both the Form and the Proposal via e-mail attachment to kthompson.gahperd@att.net.

Your Proposal Document should be **one page - typed, and submitted as a Microsoft Word document**

Hard copy submissions will be accepted, but we may not be able to post to the website as part of the proceedings following the conference. They should be mailed to the address below.

Deb Baber, Judy Phillips and Don Puckett will also be assisting with the selection of presentations.

Send To: **Kim Thompson, GAHPERD Executive Director**

9360 Highway 166, Winston, GA 30187

Ph: 770-852-1543; Cell: 770-595-8497

Fax: 770-949-3092

E-mail: kthompson.gahperd@att.net

January 23-25, 2014

Share the Wealth Conference

Jekyll Island, GA



Special Event: AAHPERD National Convention & Expo



The 2014 AAHPERD National Convention & Expo is scheduled to be held in St. Louis, MO and will include several featured speakers. For more information, go to www.aahperd.org/whatwedo/convention



Special Event: SDAHPERD

2014 SDAHPERD/KAHPERD Convention

February 19-22

Lexington, Kentucky

Come early, stay to the end. With more than 200 sessions, there is something for everyone including pre and post convention sessions and two workshops on Saturday. Selected topics include: yoga, belly dancing, zumba, line dancing, martial arts, self-defense, Pilates, tennis, fitness, cooperative activities, action based learning, common core, orienteering, movement and the brain, curriculum, fishing, rugby, concussion legislation, golf officiating, technology, legal considerations, Let's Move Active Schools, cancer wellness, steroids, fetal alcohol syndrome and behavioral health. There are plenty of social activities with WD-40 coming back, Taste of the States, Kaleidoscope and Casino night.

Reita Clanton will be the keynote speaker for the Southern District General Session on Thursday, February 20th from 2:30-3:30 pm. Reita is an Olympic athlete and coach, author, teacher and professional speaker. Reita's career in sports spans three decades and includes participating in the 1984 Olympics as a member of the first U.S. women's handball team and as an assistant coach for the U.S. handball team in the 1996 Olympics. Southern District is honored to have Reita share her "Joy in the Journey" experiences with us.

The great state of Kentucky is known as the Bluegrass state. The secret of the bluegrass lies underneath its topsoil. Hidden beneath the topsoil sits the limestone that in early spring affects the "bluegrass" in a way to cast a blue hue, thus early settlers started calling it bluegrass.

Lexington is designated as the Horse Capitol of the world. Host to at least 14 national horse associations and multiple international horse headquarters, Lexington residents take pride in their horse heritage. The Kentucky Horse Park, located just north of Lexington on 1200 acres, hosted the World Equestrian Games in 2010 and will most likely be chosen again in the near future for a return of the world's most famous games. Considered to be Lexington's premier horse attraction, it is home to 50 plus horse breeds, museums, theaters and exhibits. With the emphasis and impact of the horse industry on Lexington, the abundance of horse farms surrounding the community, and the two horse race tracks in its midst, it is no wonder Lexington is considered the Horse Capitol of the World!

Culturally known as the "Athens of the West" in its early years, Lexington still keeps its rich educational history alive with the University of Kentucky and Transylvania College inside the city limits. Close by Georgetown College, Centre College, Midway College, and Eastern Kentucky University enhance the educational impact central Kentucky has on the Commonwealth.

The 2014 Southern District AAHPERD/KAHPERD Convention is the place to be in February 2014. For more information, go to <http://www.aahperd.org/about/districts/southern/convention.cfm>. We hope to see all of you there!