



The GAME

The official newsletter of the Georgia Association for Health, Physical Education, Recreation and Dance

Summer, 2017

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Summer Institute 2017

Georgia AHPERD enjoyed another successful professional development opportunity for teachers at the recent Robert W. Moore Summer Institute in Gwinnett County. More than 50 professionals from around the state participated in the sessions, including health, physical education, and adapted emphases. The Institute was enjoyed by new and returning Georgia AHPERD members and included classroom-based and physical activity sessions.

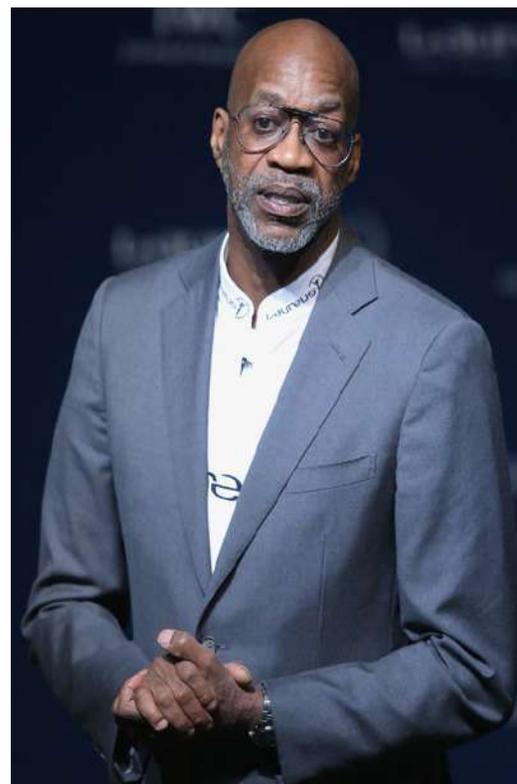
Dag Folger "Critical Topics in Education" Speaker Series

U.S. Olympian Edwin Moses—Featured Speaker

University of West Georgia Coliseum

Tuesday, September 12, 2017

We are excited to announce Edwin Moses, a two-time Olympic gold medalist, physicist, and businessman as our guest lecturer. As a two-time Olympic gold medalist and physicist, Edwin Moses has set world records in his event, the 400 meter hurdles, using his education background in physics to perfect the technical aspects of his athletic performance. Taking his passion for sports abroad, he currently sits as the Chairman of The Laureus World Sport for Good Foundation, which uses sports to bring about social change on numerous continents. Dr. Moses also speaks around the country and the world promoting the Olympic movement, fostering the development of "drug-free" sports, and defending the rights of amateur athletes at all levels. In his speaking events, he focuses on sharing his insights and story to inspire others in the areas of leadership, goal setting, and commitment to achieving personal success.

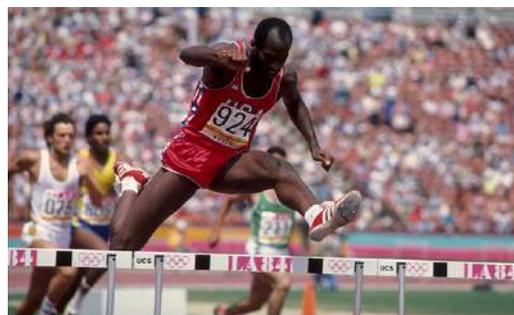
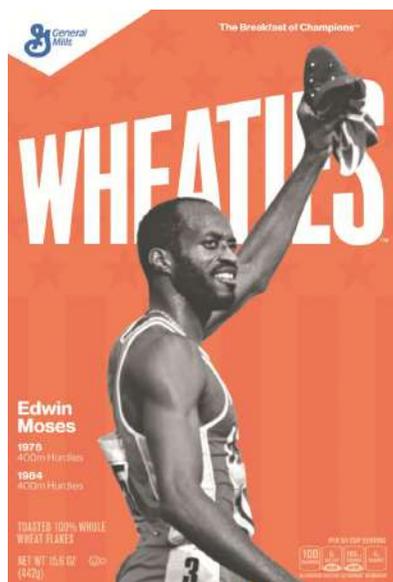


Schedule for Tuesday, September 12

2:00-3:00 pm	Business and Philanthropy of Sports
4:00-5:00 pm	Kinesiology and Physics of Sports
7:00-8:00 pm	Keynote Lecture
8:00-9:00 pm	Autograph Signing

To learn more about Dr. Moses, visit his website: <http://www.edwinmoses.com/>

For more information pertaining to this event, contact Dr. Brent Heidorn (bheidorn@westga.edu)



THE DAG FOLGER SPEAKER SERIES

CRITICAL TOPICS IN EDUCATION

Featuring

EDWIN MOSES

The Power of Quantum Performance

SAVE THE DATE

TUESDAY, SEPTEMBER 12

7:00 p.m. - UWG Coliseum

REGISTER FOR FREE AT:
WESTGA.EDU/EDUCATION/DAG-FOLGER



President's Message August 2017

As we attend the first weeks of school, or still hurriedly prepare for the onslaught of students, I want to welcome you to another school year! Whether you are in K-12 or the college/university level, those first few days are always exciting and bring many new challenges.

One challenge that remains the same for K-12 health and physical education is the Every Student Succeeds Act (ESSA). Georgia released the final draft plan in late June and gathered feedback through July 15. The final submission to the U.S. Department of Education should occur shortly. GAHPERD members worked tirelessly providing feedback at forums, completing online surveys, and presenting to the Georgia DOE. It appears that health and physical education will play a vital role in the Educating the Whole Child piece of ESSA. We will all see what the impacts are when the final plan is submitted. You can always receive updates on ESSA and more on our Advocacy page of the website.

It was a pleasure to attend the Robert Moore Summer Institute this summer and see so many friendly faces. Thanks to all our presenters, Executive Director Kim Thompson, Mark Anderson, and Kaci Roberts for putting on a wonderful professional development!

Heading into the fall, I urge you to register early for our GAHPERD Convention in Athens October 8-10. Our theme is "Find Your Greatness". My sincere hope is that you attend to find ways to improve your greatness in working with students and teaching. For a short video about this theme, <https://www.youtube.com/watch?v=WYP9AGtLvRg&t=176s>.

We are bringing in dynamic, award-winning presenters to help you expand your repertoire of teaching strategies! Many thanks to Convention Director Babs Greene for putting together a great program. Register today at www.gahperd.org!

In closing, I encourage you to bring your colleagues into the world of GAHPERD. We are only as strong as our members. With benefits like liability insurance, access to resources, and up-to-date info on grants and advocacy issues, there is no better time to become a GAHPERD member!

Brian Devore



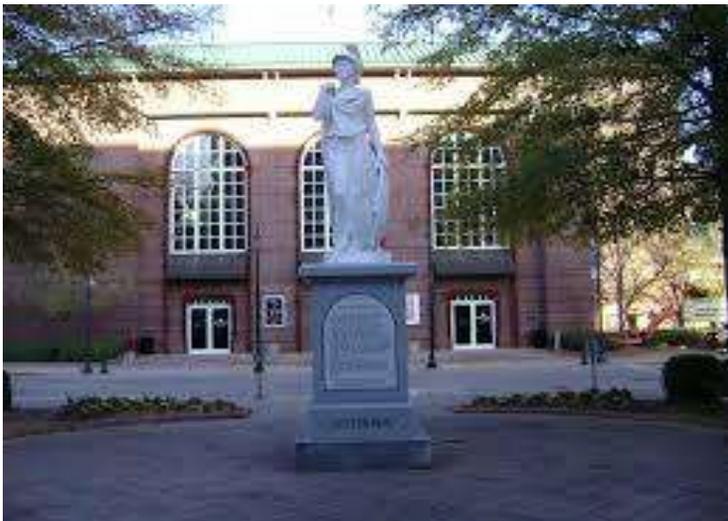
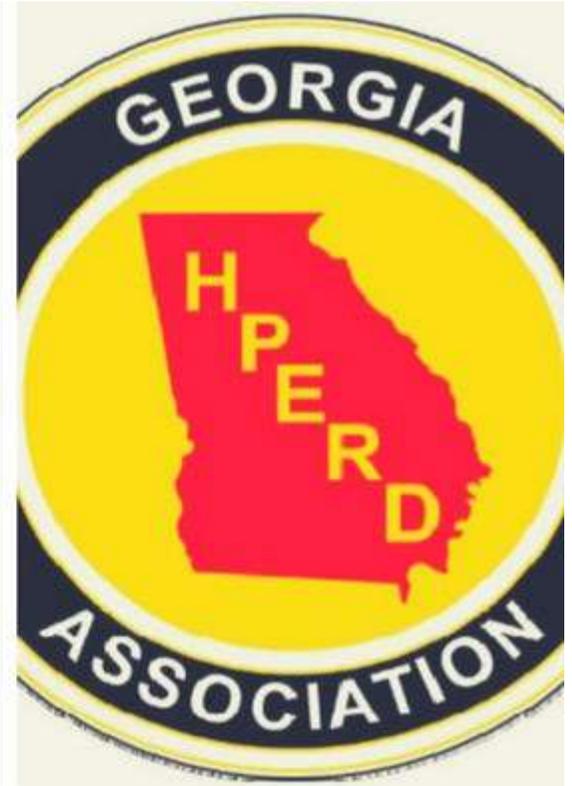


Georgia
AHPERD
Fall
Convention

SOMEHOW WE'VE COME TO BELIEVE THAT GREATNESS IS ONLY FOR THE CHOSEN FEW, FOR THE SUPERSTARS. THE TRUTH IS, GREATNESS IS FOR US ALL. THIS IS NOT ABOUT LOWERING EXPECTATIONS; IT'S ABOUT RAISING THEM FOR EVERY LAST ONE OF US. GREATNESS IS NOT IN ONE SPECIAL PLACE, AND IT'S NOT IN ONE SPECIAL PERSON. GREATNESS IS WHEREVER SOMEBODY IS TRYING TO FIND IT.

FIND YOUR GREATNESS.

• OCT 8-10, 2017 •





Babs Greene

2017 Georgia AHPERD Convention October 6-8 in Athens, GA

As President-elect and convention manager, I am extending a personal invitation for you to attend the largest gathering of health and physical education professionals in Georgia! GAHPERD is hosting the 2017 state convention in Athens, Georgia October 8-10 at the UGA Classic Center. This year's highlights include keynote speakers Mr. Jamie Sparks and Dr. Charity Bryan.

Jamie is the School Health and Physical Education Network Director at the Kentucky Department of Education and past president of the Kentucky Association for Health, Physical Education Recreation and Dance. He was recently awarded the SHAPE America Southern District Taylor Dodson Young Professional Award. An experienced health and physical education teacher and coach, Jamie has been described as a "big-picture thinker who has achieved greatness through both policy change and best practice recommendations to school districts statewide".

Charity is currently an Associate Professor at Kennesaw State University and Program Director for Online Education in the WellStar College of Health and Human Services. She is an active leader within the profession and most recently served as the President of Shape America Southern District. Charity's keynote address will focus on motivating students in physical education.

The 2017 convention schedule offers opportunities to engage current and future professionals in sessions that will strengthen skills and introduce new lesson ideas. This year's schedule promises a dynamic set of presenters covering innovative concepts in health, physical education, and dance. Presenters include:

Sandy Baker- Founding Director of COPE (Childhood Obesity Prevention and Education), an organization committed to combatting childhood obesity through nutrition education, fitness, and behavioral health

Mark Banasiak – Elementary physical education teacher from Tennessee with over 15 years of experience. Mark was a co-recipient of the 2011 Share the Wealth Puckett-Merriman Physical Education Professional Award. He has published several professional articles, most notably an e-book, *I Teach More than Gym: A Collection of Elementary Physical Education Activities*.

Joanna Faerber – Louisiana State University instructor and elementary physical education specialist. She has more than 35 years of teaching experience that includes all levels, from elementary to college. In 2016 Joanna received the Southern District Honor Award from SHAPE America.

JD Hughes – Recognized in 2005 and 2015 as the Georgia Elementary Physical Education Teacher of the Year and in 2015 as the Southern District Elementary Physical Education Teacher of the Year, JD leads workshops throughout the U.S. He is the author of several publications, including *PE2theMax* and *HyPEd Up! Taking Physical Education Games to the Next Level!*

GAHPERD Convention registration will be available online at www.gahperd.org.
Please join us in Athens for what promises to be a Classic event!



What is a CSPAP?

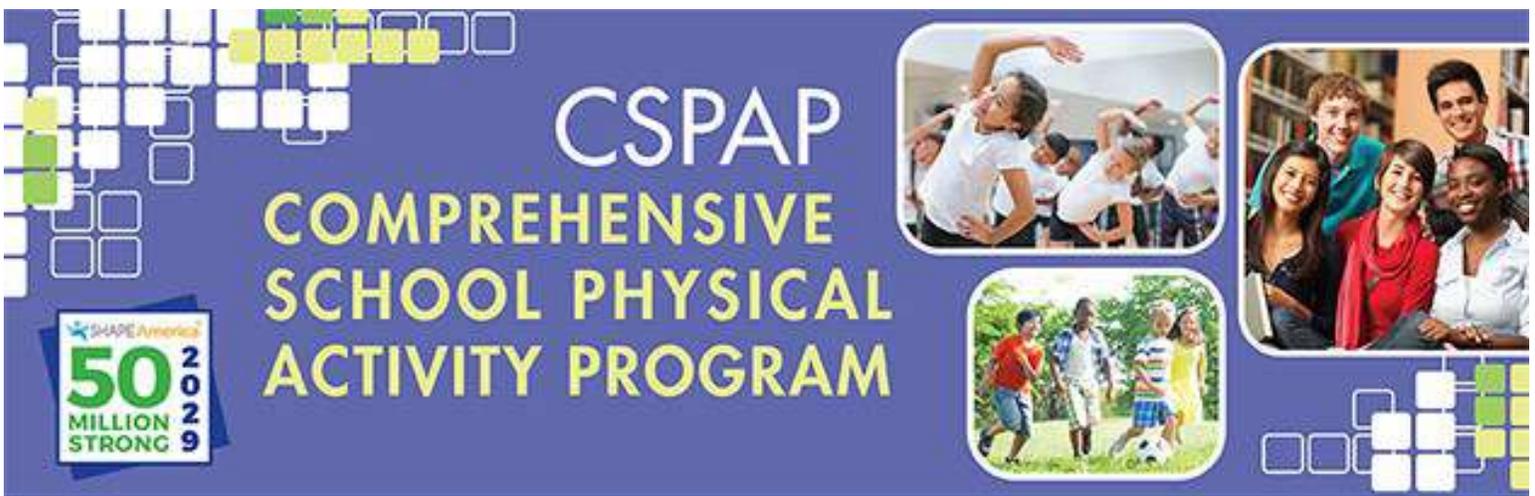
A Comprehensive School Physical Activity Program (CSPAP) is a multi-component approach by which school districts and schools use all opportunities for students to be physically active, meet the nationally-recommended 60 minutes of physical activity each day, and develop the knowledge, skills, and confidence to be physically active for a lifetime. A CSPAP reflects strong coordination and synergy across all of the components: physical education as the foundation; physical activity before, during, and after school; staff involvement; and family and community engagement.



The goals of a CSPAP are:

1. To provide a variety of school-based physical activities to enable all students to participate in 60 minutes of moderate-to-vigorous physical activity each day.
2. To provide coordination among the CSPAP components to maximize understanding, application, and practice of the knowledge and skills learned in physical education.

by Brent Heidorn



Should We Play Dodgeball?

Despite multiple attempts to discourage the use of dodgeball in physical education, many teachers in programs continue encouraging and/or requiring students to engage in dodgeball activities. SHAPE America—Society of Health and Physical Educators recently published a new edition of the position statement on dodgeball, emphasizing that dodgeball is *not* an appropriate physical education activity.



The current position statement includes discussion focused on positive school climate and appropriate social behavior, arguments against including dodgeball in health and physical education programs, the goal of physical education, and a concluding statement.

From the Position Statement:

“Dodgeball is an activity in which the sole purpose is to eliminate players by hitting them with an object. SHAPE America acknowledges that physical educators can make modifications to the traditional game of dodgeball in an effort to mitigate its negative effects. Even with such modifications, however, offering dodgeball in physical education class or other times during the school day serves only to alienate many students from physical activity. Instead, educators should choose to offer activities that help all students become physically literate individuals and that contribute to a positive school climate” (SHAPE America, 2017).

For more information, go to this link:

<http://www.shapeamerica.org/advocacy/positionstatements/pe/>

UNIVERSITY OF GEORGIA
HEALTH & PHYSICAL EDUCATION PROGRAM
DEPARTMENT OF KINESIOLOGY
COLLEGE OF EDUCATION

Degree Awarded: BS in Education with a major in Health & Physical Education
Department Chair: Dr. Janet Buckworth
Program Coordinator: Dr. Bryan McCullick

Program At-A-Glance

Location: Ramsey Student Physical Activity Center
Number of faculty members: 4 (full-time)
Number of students in major: Approximately 50
Average class size: 18
Graduates per academic year: Approximately 20



Program Highlights

1. Teaching track leads to Georgia P-12 teaching certification.
2. Non-teaching track also available.
3. Accredited by the Georgia Professional Standards Commission and the National Council for Accreditation of Teacher Education.
4. Financial assistance available through at least 18 undergraduate and graduate awards
5. Multidisciplinary curriculum taught by internationally recognized teachers and scholars who provide information about the latest cutting-edge pedagogical techniques.
6. Coursework incorporates real-world issues, blends face-to-face instruction with plenty of practical experience, and promotes a dynamic learning experience.
7. Small class sizes that allow for individual student attention.
8. Program's geographic location facilitates educational opportunities for supervised access to a variety of school settings with diverse populations and other working environments to apply what is learned in the classroom.
9. Curriculum is designed to offer students a wide array of field experiences at the elementary, middle, and high school levels, thus promoting the transition from acquired classroom knowledge and skills to the work place.
10. Student organizations Kappa Delta Epsilon (KDE) and Kappa Delta Pi (KDPi).



UNIVERSITY of GEORGIA HEALTH & PHYSICAL EDUCATION PROGRAM

DEPARTMENT OF KINESIOLOGY

Why UGA?

In our program, Teacher Candidates (TCs) learn instructional methods for teaching physical activity, sport skills, physical fitness, and teamwork at various age levels. The program combines lectures in the classroom, school-based practicums, student teaching, and opportunities in our research laboratories with other service-learning courses and experiences. The capstone of our certification program is the 15 weeks TCs spend working full-time in elementary, middle, or high school classrooms in either the fall or spring of their final year.

For those interested in working outside the public-school system, such as in youth sports, recreation programs, and personal fitness, there is a non-teaching track that does not include certification. This option allows a student to take an additional 14 hours of kinesiology coursework in lieu of student teaching.

To complete the degree, TCs must earn Red Cross certification in first aid and CPR and demonstrate competence in at least eight physical activities: swimming, dance, outdoor recreation, and five more of your choice.

Coursework includes:

- ◆ 52 hours of core physical education, which includes 14 hours of student teaching or additional courses for non-certification students
- ◆ 9 hours of health education, which includes drug education and human sexuality
- ◆ 6 hours of exercise science

Employment Outlook

Since 2013, 98% of graduates have obtained employment in education, sport, or have been admitted to graduate school. Graduates from this program are highly recruited by school district personnel and have consistently acquired jobs in the southeastern region of the US and abroad. Recent alumni are employed by school districts all over Georgia in addition to districts in Florida, Tennessee, North Carolina, Texas, Idaho, Virginia, New Jersey, Ohio, Louisiana, Utah, and Alabama. Others have obtained intercollegiate coaching positions at the University of Miami and Syracuse University. Graduates with Health and Physical Education degrees find such rewarding careers as

- Teachers/coaches in public and private schools
- Athletic Directors in secondary schools
- Recreational Program Directors
- Talent Scouts and Player Development Specialists
- Personal Fitness Instructors
- Youth Development specialists
- Teachers of sport and physical activity at recreation centers, sports clubs, and fitness clubs

For More Information

Dr. Bryan McCullick, Phone: 706-542-3621

Email: bamccull@uga.edu

Department of Kinesiology Contact Information:

115 Ramsey Center

330 River Road

Athens, Georgia 30602

Phone: 706-542-4378

Fax: 706-542-3148

Email: kins@uga.edu

Student Highlight for Health and Physical Education

Michael Burgeron—Kennesaw State University

Written by Michael Burgeron and Charity Bryan

Background/Biography:

Michael Burgeron was born September 18, 1986 in Okinawa. Michael's mother and father were both stationed there as active duty US Marines. From Okinawa, Michael moved to Jacksonville, NC; Quantico, VA; Camp Lejeune, SC; Hubert, NC; Valrico, FL; Groton, MA; and Liberty Hill, TX , where Michael graduated from Liberty Hill High School in 2005. In 2008, Michael moved again to Westborough, MA before finally moving to Georgia in 2011.

Michael's mother and father are now retired from the Marine Corps; his father works for the Department of Veteran Affairs, and his mother is VP of Human Resources for a company in Atlanta. Michael has one sibling, an older sister, who is married, has a son and daughter, and lives in New Jersey.

Even though Michael's family moved around quite a bit, he was very involved with school sports. He participated in soccer, basketball, track, and cross-country. He was also the captain of his high school cross-country team in Liberty Hill, TX.

Before enrolling at KSU, Michael worked as an Assistant General Manager for Town Sports International, managing the Westborough, MA branch of Boston Sports Clubs. Realizing that he wanted to help people more directly, he became certified as a personal trainer and moved to Georgia to be closer to his mother. Michael managed a GNC store and trained clients for 2 years, which helped him learn that he wanted to help educate people on a more fundamental level. This experience led Michael to the professional path he is on today.

Michael enrolled at Kennesaw State University in August of 2013, majoring in Health and Physical Education. While at KSU, he worked part-time, serving at Ted's Montana Grill in West Cobb. Michael continued to work out, hike, and play sports with friends as often as he could, and tried to spend time with family when he was able to make the drive.

Michael graduated from Kennesaw State University this past May (2017), with a Bachelor's of Science degree in Health and Physical Education. He will be teaching full-time next year at Clark Creek Elementary School in Cherokee County.

Immediately Right: Micheal is pictured with Southern District President Charity Bryan, receiving the Southern District Outstanding Future Professional Award in 2017.



Summary of Experiences:

Michael's experiences at KSU are many, but the ones that stand out most are: achieving and maintaining a 3.69 GPA; being accepted into the HPE program for the fall of 2015; being selected as an HPE majors' club co-president; and being among the first to go through KSU's new yearlong clinical experience (student teaching). Also, one of the most profound experiences was interacting and working with the truly amazing faculty in the HPE Department. Michael said of the HPE faculty at KSU, "I could not have been in better hands."

While at KSU, Michael became a member of the Georgia Association for Health, Physical Education, Recreation, and Dance in the summer of 2015. He was selected as the 2015 recipient of the GAHPERD Outstanding Future Professional Award/Scholarship. He also attended the 2015 annual GAHPERD Conference in Marietta, where he was able to meet and interact with several future and current professionals, while learning about exciting initiatives and methods pertaining to the Health and Physical Education profession.

Michael also became a SHAPE America member in the summer of 2015, and he was appointed to the Southern District Leadership Council by then President Elect, Dr. Charity Bryan. This appointment enabled him to participate in the numerous conferences and leadership development opportunities for the next two years. In the spring of 2016, Michael received the SHAPE America Major of the Year, and in the fall of 2017, he received the Southern District Future Professional Award. In addition to the awards and conferences, his experiences with GAHPERD and Southern District played crucial roles in shaping his perspective and philosophy on a professional and personal level. Michael says of his experiences, "the connections made throughout the past few years will continue to influence my life in the most profound of ways."

Below: KSU Major of the Year, 2016 in Minneapolis, MN



Future Directions:

Michael is excited that he will be staying in the state of Georgia, with a position at Clark Creek Elementary School in Cherokee County, teaching Physical Education for students in grades K-5. He plans to begin working on a master's degree within the next three years. Michael summed up his future in the field of physical education by stating "I will also continue to strive to be an active advocate for the Health and Physical Education professions. I only hope that I can continue to make those who have supported me proud of what I am doing and the direction I am headed in."



Above: Michael with his parents at Kennesaw State University commencement ceremonies in May 2017.

Below: Clark Creek Elementary School in Cherokee County where Michael will teach K-5 Physical Education





WellStar College of Health and Human Services

Health Promotion and Physical Education

Since the inception of Kennesaw State University in 1966, The Department of Health Promotion and Physical Education celebrates a rich history and tradition of providing physical education services to the campus community and preparing future HPE professionals for the state of Georgia and beyond. As a unit of the WellStar College of Health and Human Services, our mission is to prepare highly qualified and effective professionals in the areas of health promotion, physical education, and coaching while providing opportunities for enhanced wellness for all.

As the largest P-12 program at KSU with over 125 majors, the Bachelor of Health & Physical Education is fully accredited by the National Council for Accreditation of Teacher Education (NCATE), fully approved by Georgia's Professional Standards Commission (PSC) for P-12 teacher certification, and nationally recognized by the National Association for Sport and Physical Education (NASPE)/Society of Health & Physical Educators (SHAPE). In addition to the P-12 HPE teacher certification program, the department also offers both a minor and a Bachelor's degree in Public Health Education as well as a minor in Coaching. The department proudly represents the HPE professions by serving the larger university population through the delivery of the Foundations for Healthy Living course and a wide array of elective activity courses for all Kennesaw State University students.

Candidates pursuing certification through the Bachelor of Health & Physical Education program are admitted as a cohort each fall semester and progress through their professional education courses together for two years. Prior to program admission, candidates must successfully complete a variety of pre-requisite courses that help determine their commitment and qualifications for our rigorous teacher education program. Once admitted, candidates will engage with faculty in a variety of courses and field-based experiences working with K-12 learners in the public-school setting. The curriculum provides a balanced blend of activity and content courses assuring candidates possess the knowledge, skills, and confidence necessary to be an effective HPE professional.



Throughout the program, candidates participate in a variety of field based learning experiences in Health and Physical Education at the elementary and secondary levels, ultimately leading to a year-long student teaching experience in one of our partner school districts. As evidence of the quality of our preparation program and its candidates, we proudly point to recent 100% pass rates on both the GACE content exams and edTPA teacher performance assessment required for certification in Georgia. We are equally proud and humbled by the countless alumni who are serving students throughout the state of Georgia and beyond.

If you are interested in pursuing a degree through the KSU Department of Health Promotion and Physical Education, please visit our website for more information and contacts:

<http://wellstarcollege.kennesaw.edu/hpe/index.php>

If you are a graduate of the KSU HPE program, we would love to hear from you. Our hope is to host an annual HPE Alumni gathering on campus at KSU Sporting events in the years ahead. Please contact Andrew Smith (asmit242@kennesaw.edu) to have your name and contact info added to our database.

Go Owls!





ONLINE

Health & Physical Education

Master of Education (M.Ed.)

Studying Health and Physical Education

Our Master of Education in Health and Physical Education is designed for P-12 health educators who wish to:

- Extend their content and pedagogical knowledge for improved professional practice
- Develop leadership skills that will allow them to lead such endeavors as curriculum development, program administration, and leadership roles at the local school level, and in professional organizations at the State, Regional, and/or National Level

* All courses are 100% online !!!

Faculty

Dr. Rachel Gurvitch
Dr. Jacalyn Lund
Dr. Mike Metzler
Dr. Deborah Shapiro

Ideal Candidate

- Health/Physical Education/APE certified teachers
- Currently teaching in Preschool-12th grade
- At least 2 years of teaching experience



Teaching candidate during practicum experience

Possible future positions upon graduation

- Mentor Teacher
- Health and PE unit head
- School Upper Administration
- Teacher Support Specialist at county level
- County Administrator

Application Deadlines:

Fall Semester - July 1

Spring Semester - Nov.1

Summer Semester - March 1

For additional inquiries please contact Dr. Jackie Lund at jlund@gsu.edu

Via phone at 404-413-8051 or visit GSU web site at www.gsu.edu



Valdosta State University's Health and Physical Education **Online Master's Program** Named a 2017 Best Value

Valdosta State University is home to one of the best online Master of Education in health and physical education programs in the nation, according to OnlineU. VSU came in at No. 2 on the 2017 Most Affordable Online Colleges for a Master's in Physical Education list. A new cohort begins in May each year. Qualified candidates may be eligible for the T-5 certificate upon completion. Another highlight of the M.Ed. program is it **does not** require the MAT or GRE for admission.

“We have a great Master of Education in health and physical education program here at Valdosta State University,” shared Dr. Sonya Sanderson, interim head of the Department of Kinesiology and Physical Education. “Not only do we offer a top education at an affordable price, but we have an exemplary team of faculty members who are truly committed to leading through practice and promoting health, wellness, active lifestyles, and lifelong learning. We are in the business of educating experts with the potential to positively impact their communities by promoting healthy living and physical education, and we love every minute of the work we get to do.”

Offered by the Department of Kinesiology and Physical Education, VSU's online Master of Education in health and physical education program gives students a solid foundation in health and physical education both inside and outside the classroom. Students engage in valuable fieldwork experiences, interacting with public school children in a variety of grades and settings, and have access to a number of technologies, including heart rate monitors, pedometers, LiveText, and various forms of software applicable to public school health and physical education instruction.

Contact VSU's Department of Kinesiology and Physical Education for more information.
(229) 333-7161

On the Web:

<http://www.valdosta.edu/colleges/education/kinesiology-and-physical-education/>
<http://www.onlineu.org/most-affordable-colleges/physical-education-masters-degrees>

Online Graduate Programs *for Educators*

Quality Programs • Expert Faculty • Flexible Delivery
Professional Growth • Student Support

VSYOU
Valdosta
State
University

M. Ed. in Health & Physical Education

The M.Ed. in Health and Physical Education is designed to improve your teaching by integrating study and practice. The aim of this applied teacher's program is to create change in health and physical education programs through innovative projects and reflective practices that can change the culture within the gymnasium and, consequently, the school. This applied program is developed according to the NASPE Advanced Standards.

This degree:

- Is fully online
- Could lead to level five teaching certificate*
- Requires 5 semesters/33 hours
- Starts each summer (Begins May 2016)

Applicants must hold the following:

- Undergraduate degree in physical education and/or health from regionally accredited institution or
- Level four teaching certificate in physical education and/or health in Georgia or a reciprocal state

Ed. S. in Coaching Pedagogy in Physical Education

This Ed. S. in Coaching Pedagogy in Physical Education offers candidates the opportunity for continued professional development in the practices, knowledge, skill, and instruction of students and athletes both within the gymnasium and on the playing field. This applied program is developed according to the NASPE Coaching Standards.

This degree:

- Is fully online
- Could lead to level six teaching certificate*
- Requires 4 semesters/27 hours- Starts each summer (Begins May 2016)

Applicants must:

- Hold a master's degree from a regionally accredited institution
- Hold a level four or higher teaching certificate in physical education and/or health in Georgia or a reciprocal state

Based on qualifications by GaPSC or reciprocal state requirements

**Valdosta State University – Department of Kinesiology
and Physical Education**

Program Coordinator – Dr. Matthew Grant

Email: matgrant@valdosta.edu

11th ANNUAL SOUTHERN OBESITY SUMMIT



Registration for the 11TH ANNUAL SOUTHERN OBESITY SUMMIT is now open. It is in Atlanta, GA from October 1-3, 2017. The Summit will be at the Marriott Marquis Hotel in downtown Atlanta.

Information about the agenda and fees can be found at:

<http://www.southernobesitysummit.org/2017-agenda--fees.html>

During the Southern Obesity Summit (SOS) on Monday evening October 2nd, there will be a special networking and education event at Magnolia Hall at Piedmont Park. The Healthy Georgia Awards will take place on Tuesday evening, October 3rd at the College Football Hall of Fame.



ACTIVE. HEALTHY. HAPPY.

Sportime empowers and enhances healthy physical activity experiences by providing innovative products and programs that enable success. SPARK provides research-based programs that are aligned to national and state standards and designed to improve the health of children and encourage lifelong movement. Together, Sportime featuring SPARK delivers an array of physical activity and wellness solutions for students and educators.



Contact us today for help with equipment and curriculum orders and to learn more about our wide menu of professional development opportunities!



Randy Olmstead
Georgia Program Representative
randy.olmstead@sportime.com
(404) 353-0148



Liability Insurance Added to Member Benefits!

Just in case you need another reason to join GAHPERD, we've now added liability insurance coverage to your member benefits! This comes at no extra cost to you. That's right! All members of GAHPERD as of 11/30/16 now have a \$1,000,000 general liability insurance policy for work-related activities! This includes teaching and coaching activities!

Only members who were current as of 11/30/16 have this member bonus. Anyone joining as a new member or is re-joining after a lapse in membership after 11/30/16 will not be covered until 11/30/17, if the policy is renewed.

Have specific questions? Contact Executive Director Kim Thompson at kthompson.gahperd@att.net.

Coverage:	General Liability
Insurance Company:	HCC Specialty (A+ A.M. Best)
Policy Period:	11/30/16 to 11/30/17

What are you covered for:

Claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Policy Limits:

General Aggregate	\$1,000,000 (per member)
Products/Completed Operations	\$1,000,000
Personal & Advertising Injury	\$1,000,000
Each Occurrence	\$1,000,000
Damage To Premises Rented To You	\$300,000
Medical Expense	Excluded
Sexual Abuse/Occurrence	\$50,000
Sexual Abuse Aggregate	\$100,000

**Georgia
proudly supports**

 **SHAPE America[®]**

50 **2**
MILLION **0**
STRONG **2**
9

Count Us In!

Georgia
proudly supports

SHAPE America®

50
MILLION
STRONG

2029

Count Us In!

“SHAPE America wants to ensure that by the time today’s preschoolers graduate from high school in 2029, all of America’s students are benefiting from the skills, knowledge and confidence to enjoy healthy, meaningful physical activity.”

How do YOU plan to get today’s youth to understand and appreciate the importance of living a physically active and healthy lifestyle?





Back to School



Help Us Reach 50 Million Strong

50 Million Strong by 2029 is SHAPE America's national initiative to ensure that all of America's students have the skills, knowledge and confidence to enjoy healthy, meaningful physical activity.

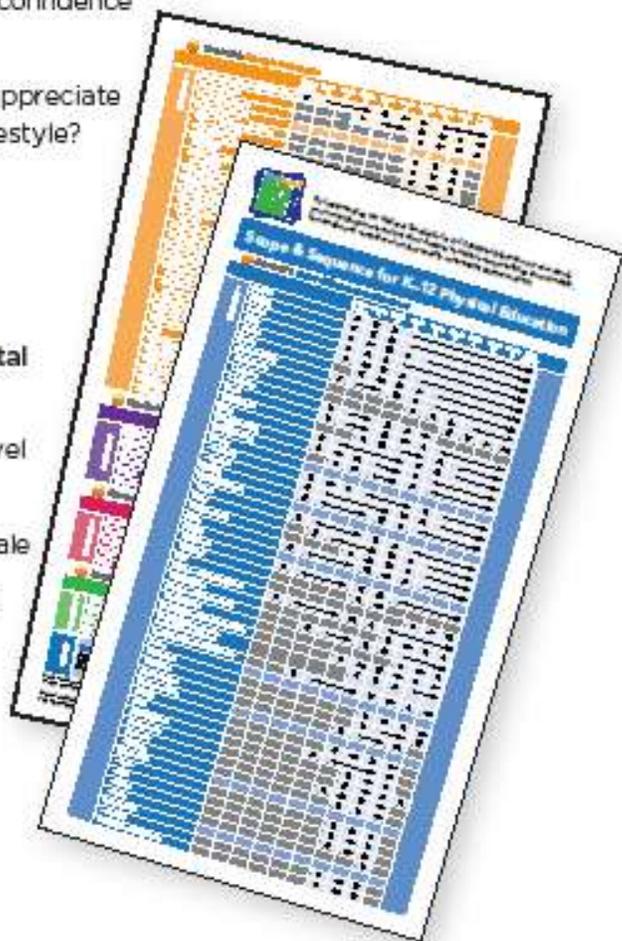
How do we plan to get today's youth to understand and appreciate the importance of living a physically active and healthy lifestyle?

One student at a time.

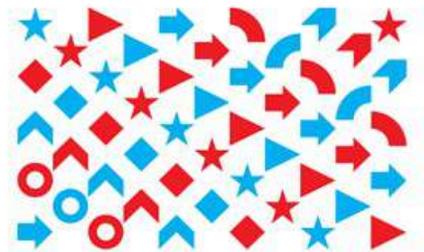
Say "Count Me In" today!

Show your support and you'll receive a **FREE** digital Scope & Sequence chart!

- Supports the National Standards and grade-level outcomes for K-12 physical education
- Provides educators with a student evaluation scale
- Provides guidance for developing lesson plans



Visit shapeamerica.org/number for more information.



Let's Move! Active Schools

Active Kids Do Better.

Let's Move! Active Schools is a physical activity and physical education solution to ensure 60 minutes of physical activity is the new norm for schools.

Active Schools help kids reach their greatest potential both in the classroom and life.

Sign up at
letsmoveschools.org



It Takes Heart to be a Hero



HEART HERO

Bran, Age 11

Although he was born with a serious heart defect, Bran has still jumped his way to raising more than \$80,000 through Jump Rope For Heart, including \$25,000 this year.

Within an hour of his birth, he was diagnosed with the most extreme form of Tetralogy of Fallot, called Pulmonary Atresia. Since he had no pulmonary valve, blood couldn't flow from the right ventricle into the pulmonary artery and onto the lungs.

At 18 months, a team of surgeons operated for eight hours to fix Bran's complex set of heart problems. Doctors had cautioned the family that Bran would likely need multiple surgeries by the age of 16. He is due for his annual visit to the cardiologist to see what lies ahead in the coming year. So, when Bran asks friends and family to donate to Jump Rope For Heart to help the American Heart Association fund research to learn more about the heart and how to fix it, he's speaking from his own heart.

Jump Rope For Heart and Hoops For Heart are national education and fundraising events created by the American Heart Association and SHAPE America—Society of Health and Physical Educators. Students in these programs have fun jumping rope and playing basketball — while becoming empowered to improve their health and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Jump Rope For Heart and Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of these great events and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.

Call **1-800-AHA-USA1** or visit **heart.org/jump**
or **heart.org/hoops** to get your school involved.



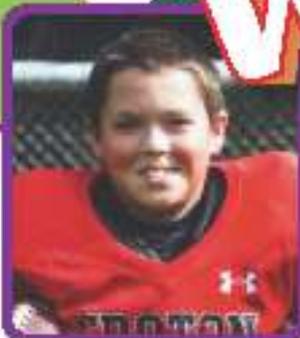


American Heart Association.

Life is why™



We Jump. We Shoot. We Save!



HEART HERO

Michael, age 10

"I was born with a bicuspid valve. Though I am not suffering from complications right now, as I get older my aortic valve could leak. The only way to fix it would be open heart surgery. I'm going to do my part to learn more and keep my heart as healthy as I can! For the past 2 years, I have been the top fund raiser at my school for the Jump Rope/ Hoops For Heart event. My wish is to be the top fund raiser again this year because it is such an important cause for me."

Did You Know?

- Among children 2 to 19 years old, 31.8 percent are overweight and obese. That's 23.9 million children!
- On average, American children and adolescents spend nearly four hours watching television every day.
- More than 14 percent of children enter kindergarten overweight and are four times more likely than normal weight children to become obese by the eighth grade.
- Overweight adolescents have a 70 percent chance of becoming overweight adults.
- Numerous studies have demonstrated that increased physical activity is linked to better school performance.

Hoops For Heart is a national education and fundraising event created by the American Heart Association and SHAPE America—Society of Health and Physical Educators. Students learn basketball skills, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.



SHAPE America is a proud program partner of Hoops For Heart.



Go to www.shapeamerica.org for more information or to view the 2016 Shape of the Nation report

GAHPERD Future Dates

October 8-10, 2017	Georgia AHPERD Annual Fall Convention Athens, GA
January 25-27, 2018	Share the Wealth Physical Education Conference Jekyll Island, GA
March 20-24, 2018	SHAPE America National Convention & Exposition Nashville, TN

Membership

Are you interested in health, physical education, recreation or dance? Do you have passion and commitment for physical activity and wellness? Do you believe we can do more to help others and better prepare students for a lifetime of health and physical activity? Do you want to join the advocacy efforts of other dedicated professionals to pave the way toward a healthier generation of individuals? Do you believe in the power of numbers?

Join GAHPERD!

For more information, visit www.gahperd.org, contact Kim Thompson, Executive Director of the Georgia Association for Health, Physical Education, Recreation and Dance (kthompson.gahperd@att.net).

Mission Statement

GAHPERD, Inc. is a non-profit organization for professionals and students in related fields of health, physical education, recreation and dance. GAHPERD, Inc. is dedicated to improving the quality of life for all Georgians by supporting and promoting effective educational practices, quality curriculum, instruction and assessment in the areas of health, physical education, recreation, dance