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The GAME

The official newsletter of the Georgia Association for Health, Physical Education, Recreation and Dance

Fall, 2017

There are so many things taking place in Georgia during a very busy season. This issue of The GAME provides updates related to current events and other news items in the state. The focus of this issue is the upcoming Georgia AHPERD annual convention, October 8-10, 2017 in Athens. You won't want to miss this professional development and networking opportunity.

In addition, we encourage you to check out key information advertised in this newsletter:

- Special event at the University of West Georgia—Dr. Edwin Moses—two-time Olympic Gold Medalist
- Three pages of physical education topics, including quality physical education, comprehensive school physical activity programs, and the use of dodgeball in physical education
- ESSA update
- Teaching position available at Georgia State University
- The Southern Obesity Summit
- Share the Wealth
- SHAPE America National Convention & Exposition
- Georgia SHAPE highlights
- And much more!

We hope to see you at the convention in October!



President's Message August/September 2017

(Reprint from August 2017)

As we attend the first weeks of school, or still hurriedly prepare for the onslaught of students, I want to welcome you to another school year! Whether you are in K-12 or the college/university level, those first few days are always exciting and bring many new challenges.

One challenge that remains the same for K-12 health and physical education is the Every Student Succeeds Act (ESSA). Georgia released the final draft plan in late June and gathered feedback through July 15. The final submission to the U.S. Department of Education should occur shortly. GAHPERD members worked tirelessly providing feedback at forums, completing online surveys, and presenting to the Georgia DOE. It appears that health and physical education will play a vital role in the Educating the Whole Child piece of ESSA. We will all see what the impacts are when the final plan is submitted. You can always receive updates on ESSA and more on our Advocacy page of the website.

It was a pleasure to attend the Robert Moore Summer Institute this summer and see so many friendly faces. Thanks to all our presenters, Executive Director Kim Thompson, Mark Anderson, and Kaci Roberts for putting on a wonderful professional development!

Heading into the fall, I urge you to register early for our GAHPERD Convention in Athens October 8 -10. Our theme is "Find Your Greatness". My sincere hope is that you attend to find ways to improve your greatness in working with students and teaching. For a short video about this theme, https://www.youtube.com/watch?v=WYP9AGtLvRg&t=176s.

We are bringing in dynamic, award-winning presenters to help you expand your repertoire of teaching strategies! Many thanks to Convention Director Babs Greene for putting together a great program. Register today at www.gahperd.org!

In closing, I encourage you to bring your colleagues into the world of GAHPERD. We are only as strong as our members. With benefits like liability insurance, access to resources, and up-to-date info on grants and advocacy issues, there is no better time to become a GAHPERD member!





Georgia AHPERD Fall

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Convention

SOMEHOW WE'VE COME TO BELIEVE THAT GREATNESS IS ONLY FOR THE CHOSEN FEW, FOR THE SUPERSTARS. THE TRUTH IS, GREATNESS IS FOR US ALL. THIS IS NOT ABOUT LOWERING EXPECTATIONS; IT'S ABOUT RAISING THEM FOR EVERY LAST ONE OF US. GREATNESS IS NOT IN ONE SPECIAL PLACE, AND IT'S NOT IN ONE SPECIAL PERSON. GREATNESS IS WHEREVER SOMEBODY IS TRYING TO FIND IT.

OCT 8-10, 2017







It's almost time to "Find Your Greatness!"

GAHPERD Convention October 8-10, 2017 Athens, GA

The 2017 GAHPERD Convention, "Find Your Greatness", is about one month away! Online registration is open until September 15 on our website. Nearby hotels with special rates are available. Special guest presenters like Mark Banasiak (PE), Joanna Faerber (PE), Jiji



Jonas (PE), Mary McCarley (Health), J.D. Hughes (Dance), and Dave Senecal (Dance)

2017 Convention Hotel Information

There is not an "official" hotel for the 2017 Convention. Each of the hotels below is reserving a block of rooms at a special rate for our attendees. Be sure to mention the GAHPERD Convention to receive the preferred rate. Deadlines apply for receiving the preferred rate.

will be there. In addition, great Georgia presenters like former Teachers of the Year Emily Adams and Pete Charrette will be sharing their teaching methods. A tentative Convention schedule has been posted on the website so you can start planning your days! Need more reasons to attend?

Courtyard Athens

Downtown

Graduate Athens

Hilton Garden Inn

Hotel Indigo

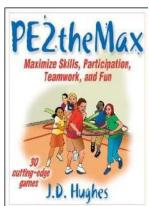


2017 GAHPERD Convention Exhibitors











Fitness Finders.













5月21月3

American Heart

Association

Everlast AP

Fitness Finders

GOPHER

Heart Tech Plus

Human Kinetics

Northeastern University

PE 2 the Maz/S+S

Plyoga

Safe Routes Georgia

Skatetime

US Games

Special thanks to all of the exhibitors at this year's convention. We hope you make the time to meet with each of them and learn about their products and services.

The GAHPERD convention would not be successful without their help and support!



2017 Georgia AHPERD Convention October 6-8 in Athens, GA

As President-elect and convention manager, I am extending a personal invitation for you to attend the largest gathering of health and physical education professionals in Georgia! GAHPERD is hosting the 2017 state convention in Athens, Georgia October 8-10 at the UGA Classic Center. This year's highlights include keynote speakers Mr. Jamie Sparks and Dr. Charity Bryan.

Babs Greene

Jamie is the School Health and Physical Education Network Director at the Kentucky Department of Education and past president of the Kentucky Association for Health, Physical Education Recreation and Dance. He was recently awarded the SHAPE America Southern District Taylor Dodson Young Professional Award. An experienced health and physical education teacher and coach, Jamie has been described as a "big-picture thinker who has achieved greatness through both policy change and best practice recommendations to school districts statewide".

Charity is currently an Associate Professor at Kennesaw State University and Program Director for Online Education in the WellStar College of Health and Human Services. She is an active leader within the profession and most recently served as the President of Shape America Southern District. Charity's keynote address will focus on motivating students in physical education.

The 2017 convention schedule offers opportunities to engage current and future professionals in sessions that will strengthen skills and introduce new lesson ideas. This year's schedule promises a dynamic set of presenters covering innovative concepts in health, physical education, and dance. Some of the highlighted presenters include:

Mark Banasiak – Elementary physical education teacher from Tennessee with over 15 years of experience. Mark was a co-recipient of the 2011 Share the Wealth Puckett-Merriman Physical Education Professional Award. He has published several professional articles, most not notably an e-book, I Teach More than Gym: A Collection of Elementary Physical Education Activities.

Joanna Faerber – Louisiana State University instructor and elementary physical education specialist. She has more than 35 years of teaching experience that includes all levels, from elementary to college. In 2016 Joanna received the Southern District Honor Award from SHAPE America.

JD Hughes – Recognized in 2005 and 2015 as the Georgia Elementary Physical Education Teacher of the Year and in 2015 as the Southern District Elementary Physical Education Teacher of the Year, JD leads workshops throughout the U.S. He is the author of several publications, including *PE2theMax* and *HyPEd Up! Taking Physical Education Games to the Next Level!*

GAHPERD Convention registration will be available online at www.gahperd.org. Please join us in Athens for what promises to be a Classic event!



Sunday, October 8—Draft

| Time | Title | Presenter | Room |
|----------|--|------------------|---------------|
| 8:00 AM | Registration Opens | | Lobby |
| | <u> </u> | | |
| 10-11:50 | PEPALOOZA ADVENTURE RACE | Dave Senecal | Lobby |
| | | | |
| 12-1:50 | Self-Management- The Key to Effective Time Management | Peter Vajda | Grand Hall 1 |
| | | | |
| 12-12:50 | How to build your field day around a theme | Connie Sheets | Parthenon 1&2 |
| | PEPALOOZA Innovative Dance | Dave Senecal | Athena F |
| | Modernizing the P.A.C.E.R. Test | | |
| | Using Blink Armbands | Joe Gooden | Athena A |
| | Holiday Extravaganza | Cassie Ferrell | Olympia 1&2 |
| | Nutrition Activities for the Physical Education or Health Class- | | |
| | room | Christine Knoll | Athena C&D |
| | EZ Scan! The New Lap Counting APP | Steven Joyce | Athena E |
| | | | |
| 1-1:50 | Large group activities a "PIRATE" would love! | Pete Charrette | Athena E |
| | Fun Times in Elementary PE | Emily Adams | Parthenon 1&2 |
| | Are processed foods keeping you from feeling great? | Nancy Storey | Athena A |
| | PE2theMAX: Maximize Skills, Participation, | | |
| | Teamwork and Fun | J.D. Hughes | Athena F |
| | Heat and Body Responses | Pamela Anderson | Athena B |
| | Physical EnRICHment II: Resources to EnRICH our PE program | Steven Joyce | Olympia 1&2 |
| | | | <u> </u> |
| 2-2:50 | Never Let Them See You Sweat | Pete Charrette | Athena E |
| | On a Mission for Balanced Nutrition | Natalie Stickney | Athena B |
| | Integration | Cassie Ferrell | Parthenon 1&2 |
| | PLYOGA-YOUR BODY IS POWER | Thomas Ascough | Olympia 1&2 |
| | PEPALOOZA Skill Development | | |
| | Games/Hip Hop Square Dance | Dave Senecal | Athena F |
| | How to adapt a book you're students are reading | | |
| | into a team building lesson | Connie Sheets | Athena A |

Sunday, October 8

| | "DIFFERENTIATION"- Fun, Easy, and a MUST HAVE in | | |
|--------|--|--------------------|---------------|
| 3-3:50 | all Physical Education Classrooms | Tommy Gibbs | Olympia 1&2 |
| | Be Aware of What You Do! | Marcel Lima | Athena A |
| | Integrating Literacy into Physical Education | Cristi Griffin | Parthenon 1&2 |
| | Elementary School health and Physical Activity | Virginia Rendini | Athena B |
| | Minds in Motion: Promoting Physical Movement in the | | |
| | Classroom | Mark Anderson | Grand Hall 1 |
| | OPENing the Potential with the online Physical Education | | |
| | Network | Kristen Barinowski | Athena F |
| | | | |
| 4-6:00 | Kaleidoscope | | Theatre |
| | | | |
| 6-8:00 | Exhibits Gala | | Athena G-J |
| | Cil A | | Labba |

Monday, October 9

| 7:30-8:30 | JRFH Breakfast – Invitation Only | | |
|-----------|---|-----------------|-----------------|
| | | | |
| 8:00 AM | Registration Opens | | Lobby |
| | | | |
| 8:00-4:00 | Exhibit Hall is Open | | Athena G-J |
| | | | |
| 8:00-4:00 | Silent Auction | | Lobby |
| | | | |
| | PE2theMAX II: Stepping up the "Game" in Physical | | |
| 8:30-9:20 | Education | J.D. Hughes | Athena F |
| | Exciting Field Hockey Games and Activities for Upper | | |
| | Grade Level Students | Eugene Asola | Olympia 1&2 |
| | Using SHAPE America Appropriate Practices Re- | | |
| | sources to Foster Development of Future Professionals | Kandice Porter | Athena A |
| | Mentally fit athletes in your high school teams | Anne Merrem | Athena B |
| | The Adolescent Brain and Behavior Choices | Lori Scheck | Grand Hall 1 |
| | Fun Warmups! Get MVPA with Fitness and Skills | Starla McCollum | Parthenon 1 & 2 |

Monday, October 9

| 9:30-10:15 | General Session I: KEY NOTE | Jamie Sparks | Athena E |
|-------------|---|-----------------|-----------------|
| 10:15-10:40 | AWARDS | | Athena E |
| | | | |
| 10:35-3:00 | VOTE! GAHPERD Board Nominations | | Lobby |
| | | | |
| | Walking the walk: A higher education coach educator | | |
| 10:45-11:35 | becomes a varsity head coach again | Charles Wilson | Grand Hall 1 |
| | 10 Strategies to Create a Fun and Motivating Health | | |
| | Classroom | Mary McCarley | Athena B |
| | Large Group Activities | Mark Banasiak | Athena F |
| | We Got the Beat! | Renee Califf | Olympia 1&2 |
| | Assessment Made Easy | Jackie Lund | Athena A |
| | What if Physical Activity outside of School Was a | | |
| | Requirement? | Brent Heidorn | Grand Hall 2 |
| | Get That Job! Preparing your resume | | Parthenon 1&2 |
| | | | |
| 11:45-12:35 | Past President's Luncheon | | |
| | Supercharge Your Health Class | Mary McCarley | Athena B |
| | Recipes for Success: Perspectives on effectiveness | | |
| | from two of Georgia's finest female high school | | |
| | coaches | Graeme Connolly | Grand Hall 2 |
| | | JiJi Jonas & | |
| | PE is More Than Duck, Duck, Goose | Joanne Faerber | Athena F |
| | Line Dancing Choreography Overload! | Rebecca Collins | Olympia 1&2 |
| | No Child Left Inside | Susan Whitlock | Athena A |
| | Are You Ready? Preparing HPE P-12 Teacher Candi- | | |
| | dates for the Health Education edTPA | Kandice Porter | Grand Hall 1 |
| | Tchoukball: A Fun, High Energy, Fast Paced Game | | |
| | for All | Tommy Gibbs | Parthenon 1 & 2 |
| | | | |
| | | JiJi Jonas & | |
| 12:45-1:35 | Part Two of PE is More Than Duck, Duck, goose | Joanna Faerber | Athena F |
| | Measuring MVPA with Blink Armband HRM: 21st | | |
| | Century PE | Joe Gooden | Athena A |
| | What are Zumba Kids and Jumba Kids Jr.? How can | | |
| | my school use it? | Rebecca Collins | Olympia 1&2 |

Monday, October 9

| 12:45-1:35 | | Diana Tuten | Athena B |
|------------|---|------------------|---------------|
| | Integrating a Game-Based Student Response | | |
| | System into Physical Education | Gi-cheol Kim | Grand Hall 2 |
| | Peer Led Prevention in Schools: Why it Works | Kaitlin Merchen | Grand Hall 3 |
| | edTPA: Hints for Success | Starla McColllum | Grand Hall 1 |
| | PETE Meeting | Jackie Lund | Grand Hall 4 |
| | | | |
| 1:45-2:35 | Fitness Starters | Dana Griffith | Parthenon 1&2 |
| | HyPEd up! Taking Physical Education | | |
| | Games to the Next Level | JD Hughes | Athena F |
| | Integrated Technology into Health and PE | Courtney Jones | Athena C & D |
| | Thrive in K-5 Health: Mini Lessons | | |
| | your Students will Love | Mary McCarley | Olympia 1 & 2 |
| | Rock Solid or Rock Bottom: The Future of Fitness | | |
| | Levels in College Aged Students | Lauren Griner | Athena A |
| | Mock Interviews | Panel | Athena B |
| | How many ways can you use a four-square court? | Mark Banasiak | Athena E |
| | | | |
| 2:45-4:35 | Super Stars | | Athena E |
| | | | |
| 2:45-3:35 | Technology in PE | Alan Ewing | Parthenon 1&2 |
| | 50 Million Strong: What is it and how do I get started? | Jackie Lund | Athena B |
| | Action! Team Games with MVPA Assessment | Adam Gill | Athena F |
| | Read, write, Health: Integrating Literacy into Health As- | | |
| | sessments and Activities | Mary McCarley | Olympia 1 & 2 |
| | Doing it Right! Implementing a Skills-Based | | |
| | Approach in Health Education | Kandice Porter | Athena A |
| | Promoting a Growth Mindset in PE | Andrew Smith | Grand Hall 1 |
| | Dancing & The Movies | Rebecca Collins | Athena C & D |

Monday, October 9

| 3:45-4:35 | Part Three of PE is More Than Duck, Duck, Goose | JiJi Jonas & Joanna Faerber | Athena F |
|-----------|---|--------------------------------|---------------|
| | Healthy Living: Bridging the gaps between content and | | |
| | application through project based learning | Mia Olberton | Athena B |
| | Active Games for the Health of It! | Jana Paulk | Olympia 1 & 2 |
| | Effective Instruction in K-12 Physical Education | Brent Heidorn | Athena A |
| | PEPALOOZA Tactical Games/Innovative Dance | Dave Senecal | Athena C & D |
| | | | |
| 4:35-6:25 | Go Big or Go Home | PE | Athena F |
| | Best Body Countdown: Top 10 to Your Best You | Sohaila Digsby | Athena B |

Tuesday, October 10

| | Dancing Your Locomotor Skills Off: Teaching K-2 | | |
|-------------|--|---------------------|---------------|
| 8:00-8:50 | Locomotor Skills through Dance | Angela Watts | Athena E |
| | Health Education 2.0: Filtering the Frill & Fluff | Aimee Dyal | Athena A |
| | Climb On! How to Bring Rock Climbing to Your | | |
| | School | Everlast Climbing | Athena B |
| | Cognitive Benefits of a Flexible Seating Classroom | | |
| | in High School Health and Personal Fitness | Bobbie Sims-Isom | Grand Hall 1 |
| | | | |
| | What is Barre and How Can | | |
| 9:00-9:50 | We Use it at Our School? | Rebecca Collins | Olympia 1 & 2 |
| | K-5 Basketball Dribbling | Mark Banasiak | Athena F |
| | Hands on Taping & Bracing with Athletic Trainers | Kevin Hunt | Grand Hall 2 |
| | Rock On! Using a Climbing Wall I | | |
| | n PE and Beyond | Everlast Climbing | Athena B |
| | Safe Routes to School: More than stickers and pen- | | |
| | cils | Patti Pittman | Athena A |
| | Ready, Set, Move! Promoting Movement for ALL | | |
| | Students | Rick Wilson | Athena C & D |
| | Cancer Happens: Tools and Tips for | | |
| | Your Health Class | Jana Mastrogiovanni | Grand Hall 1 |
| | | | |
| 10:00-10:50 | KNOCK IT OFF! | Sonya Sanderson | Athena F |
| | Utilizing Google Classroom for Secondary PE | Sarah Coleman | Athena A |
| | GADOE HPE | Mike Tenoschok | Athena B |

Tuesday, October 10

| 10:00-10:50 | Teaching Volleyball Skills Cooperatively | Babs Greene | Olympia 1 & 2 |
|-------------|--|-------------------|-----------------|
| | ADAP | Debra Puckett | Parthenon 1 & 2 |
| | HealthMPowers-Empowering Schools through | | |
| | Health Education and Youth Engagement | Courtney Irons | Grand Hall 1 |
| | | | |
| | Active Body, Active Mind: Increasing Elemen- | | |
| | tary Children's Physical Activity Levels and | | |
| 11:00-11:50 | Cognitive Abilities | Kevin Hunt | Olympia 1 & 2 |
| | Star Wars: Let the Dance Be With You! | Angela Watts | Athena C & D |
| | Ready, Set, Play! Promoting Fitness through | | |
| | Active Games | Rick Wilson | Athena F |
| | GYMNASTICS CAN BE FUN AND EASY | Brooke Anderson | Parthenon 1 & 2 |
| | Physical Education teachers as champions in | | |
| | getting their schools moving! | Sequoya Howard | Athena B |
| | The "pain" of Youth Sports-An Underestimat- | | |
| | ed Cost of Playing the Game | Dr. Mandy Jarriel | Athena A |
| | | | |
| | General Session 11: Keynote "How do you | | |
| 12:00-12:45 | drive your car?" | Charity Bryan | Athena E |
| | | | |
| 12:45-1:15 | Town Hall/Division Meet & Greet | Division VP's | Athena E |
| | | | |
| 1:15-2:00 | Grand Finale | Peter St. Pierre | Athena E |

We are THE organization for health, physical education, recreation, and dance professionals in the state of Georgia!



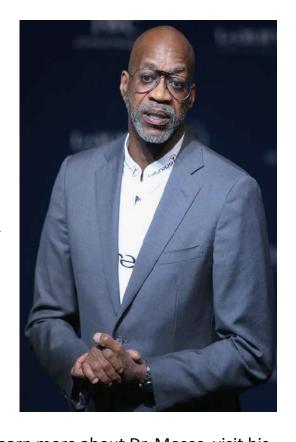
Dag Folger "Critical Topics in Education" Speaker Series

U.S. Olympian Edwin Moses—Featured Speaker

University of West Georgia Coliseum

Tuesday, September 12, 2017

We are excited to announce Edwin Moses, a two-time Olympic gold medalist, physicist, and businessman as our guest lecturer. As a two-time Olympic gold medalist and physicist, Edwin Moses has set world records in his event, the 400 meter hurdles, using his education background in physics to perfect the technical aspects of his athletic performance. Taking his passion for sports abroad, he currently sits as the Chairman of The Laureus World Sport for Good Foundation, which uses sports to bring about social change on numerous continents. Dr. Moses also speaks around the country and the world promoting the Olympic movement, fostering the development of "drug-free" sports, and defending the rights of amateur athletes at all levels. In his speaking events, he focuses on sharing his insights and story to inspire others in the areas of leadership, goal setting, and commitment to achieving personal success.

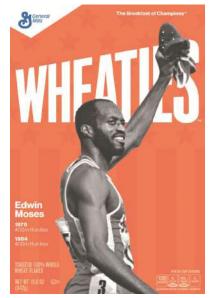


Schedule for Tuesday, September 12

2:00-3:00 pm Business and Philanthropy of Sports 4:00-5:00 pm Kinesiology and Physics of Sports

7:00-8:00 pm Keynote Lecture 8:00-9:00 pm Autograph Signing To learn more about Dr. Moses, visit his website: http://www.edwinmoses.com/

For more information pertaining to this event, contact Dr. Brent Heidorn (bheidorn@westga.edu)









Edwin Moses

The Power of Quantum Performance



- Two-time Olympic gold medalist in the 400m hurdle event
- 122 consecutive victories spanning 9 years, 9 months, and 9 days
- 1984 Sports Illustrated
 Co-Sportsman of the Year
- MBA from Pepperdine University, BS in Physics from Morehouse College
- Chairman of The Laureus World Sport for Good Foundation, which uses sports to bring about social change worldwide
- Inspirational speaker on topics in leadership, determination, and diligence to achieve personal excellence

Tuesday, September 12 · 7:00 pm

University of West Georgia Coliseum

Register for free at: westga.edu/education/dag-folger



College of Education

For more Information; westga.edu/coe

DAG FOLGER SPEAKER SERIES: CRITICAL TOPICS IN FOUCATION

Edwin Moses

The Power of Quantum Performance



Tuesday, September 12

- Two-time Olympic gold medalist in the 400m hurdle event
- 122 consecutive victories spanning 9 years, 9 months, and 9 days
- 1984 Sports Illustrated Co-Sportsman of the Year
- MBA from Pepperdine University, BS in Physics from Morehouse College
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- Inspirational speaker on topics in leadership, determination, and diligence to achieve personal excellence

Workshops

The Business of Sport

Coliseum Lecture Hall · 2:00pm

The Kinesiology of Sports

Coliseum Floor - 4:00pm

Both sessions will include Q&A

Main Session · 7:00pm · Coliseum Floor

Register for free at: westga.edu/education/dag-folger



College of

For more information: westga.edu/coe

Why is Physical Education Important?

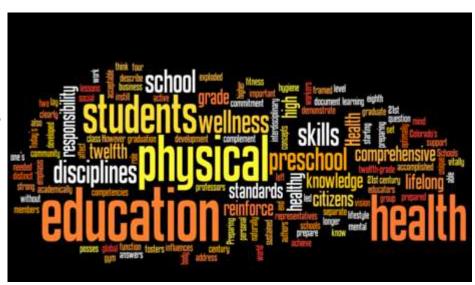
Many teachers and other stakeholders (administrators, parents, community members, etc.) recognize the importance of educating the whole child. Recent emphasis in Georgia has used similar terminology to identify areas of needed funding, academic focus, and related concerns. Physical education programs have been included in the discussion (and for good reason) consistent with whole child development approaches. If, however, physical education programs in Georgia are to be viable academic subjects during the school day, quality education in the programs must be regularly practiced where student learning is a key focus. What then, might we consider to be a "quality physical education program?"

Quality Physical Education

Four components of a high-quality physical education program include: 1) **opportunity to learn**; 2) **meaningful content**; 3) **appropriate instruction**; and 4) **student and program assessment**. Quality physical education programs help all students develop health-related fitness, physical competence, cognitive understanding, and positive attitudes about physical activity so they can adopt healthy and physically active lifestyles. The benefits of a quality physical education program go well beyond the assumed skill-based or fitness development opportunities, and most importantly, provide students with the knowledge, skills, and dispositions to be physically active for a lifetime. Additional benefits might include building teamwork and social skills, and improving focus and academic performance. In many physical education programs, students enhance reflexes, increase hand-eye coordination, and perform safe and

meaningful body movements, all of which can help in the development of a healthy body posture. Many programs also include health-related instruction and the importance of physical, social, and emotional wellness.

by Brent Heidorn



What is a CSPAP?

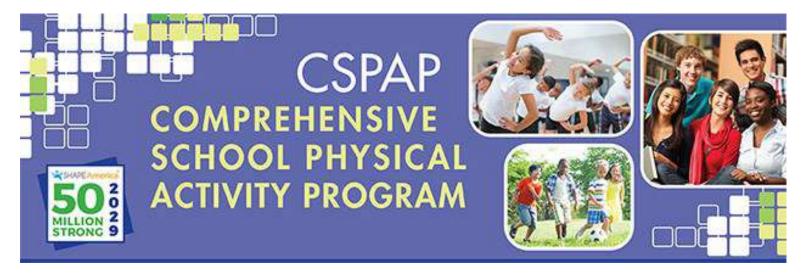
A Comprehensive School Physical Activity Program (CSPAP) is a multi-component approach by which school districts and schools use all opportunities for students to be physically active, meet the nationally-recommended 60 minutes of physical activity each day, and develop the knowledge, skills, and confidence to be physically active for a lifetime. A CSPAP reflects strong coordination and synergy across all of the components: physical education as the foundation; physical activity before, during, and after school; staff involvement; and family and community engagement.



The goals of a CSPAP are:

- 1. To provide a variety of school-based physical activities to enable all students to participate in 60 minutes of moderate-to-vigorous physical activity each day.
- 2. To provide coordination among the CSPAP components to maximize understanding, application, and practice of the knowledge and skills learned in physical education.

by Brent Heidorn



Should We Play Dodgeball?

Despite multiple attempts to discourage the use of dodgeball in physical education, many teachers in programs continue encouraging and/or requiring students to engage in dodgeball activities. SHAPE America—Society of Health and Physical Educators recently published a new edition of the position statement on dodgeball, emphasizing that dodgeball is not an appropriate physical education activity.



The current position statement includes discussion focused on positive school climate and appropriate social behavior, arguments against including dodgeball in health and physical education programs, the goal of physical education, and a concluding statement.

From the Position Statement:

"Dodgeball is an activity in which the sole purpose is to eliminate players by hitting them with an object. SHAPE America acknowledges that physical educators can make modifications to the traditional game of dodgeball in an effort to mitigate its negative effects. Even with such modifications, however, offering dodgeball in physical education class or other times during the school day serves only to alienate many students from physical activity. Instead, educators should choose to offer activities that help all students become physically literate individuals and that contribute to a positive school climate" (SHAPE America, 2017).

For more information, go to this link: http://www.shapeamerica.org/advocacy/positionstatements/pe/



health. moves. minds.



Richard Woods, Georgia's School Superintendent "Educating Georgia's Future"

Monday, August 14, 2017

The Honorable Governor Nathan Deal:

It is a great privilege to submit to you Georgia's State Plan for a thirty-day review per the requirement under for the Every Student Succeeds Act (ESSA). As you are aware, ESSA was signed into law in 2015. ESSA, which earned bipartisan approval in Congress, freed states from their No Child Left Behind (NCLB) waiver agreements and entrusted them with the responsibility to develop their own state plans to support education.

In creating Georgia's state plan, we have sought out maximum flexibility while creating a cohesive and aligned plan that is responsive to the feedback we received from educators, parents, students, business/industry representatives, and community members. We believe the resulting plan strongly supports our vision of offering a holistic education to each and every child in the state.

Since its inception, we have been committed to developing a plan by Georgia, for Georgians. Over two-hundred and fifty stakeholders have actively participated in our six working groups and state advisory committee, meeting regularly since July 2016. Eight feedback sessions were held across the state where hundreds of Georgians came together to actively participate in discussions regarding the future of our public education system. Thousands of Georgians from nearly every county in our state submitted their insights and thoughts throughout the feedback process. Through the countless hours and deep conversations, I am proud of the work that has been accomplished on behalf of the nearly 1.8 million students served in our public schools.

The Every Student Succeeds Act gave Georgia an opportunity to *reflect on* and *refine* previous education reforms and engage Georgians in a meaningful way to chart out the future of education in our state – together.

It is critical that meeting the needs of the whole child be the focus of our work. In that spirit, Georgia's shared framework for continuous improvement, included in our ESSA plan, has the Whole Child at the center. The new Beyond the Core indicator on our state's accountability system will recognize schools that are providing additional opportunities for our children in areas such as fine arts, world language, and health and physical education. Our commitment to ensuring additional flexibility and providing service and support is illustrated by the development of guidance for districts on how to leverage federal funds to support activities that meet the needs of the whole child. These activities include but are not limited to: Advanced Placement, arts integration, computer science education, early childhood education, gifted education, health education and services, physical education, media and library services, out-of-school learning opportunities, school climate, STEM/STEAM, social studies/civics, technology integration, digital access, and world languages.

An additional enhancement to the accountability system is recognizing schools where all students are making academic gains. Providing differentiated weights across achievement and progress bands incentives all schools to push their students to the next level of learning. Providing a weighted Closing the Gaps indicator will ensure schools with large populations of students in poverty, students with disabilities, and students for whom English is a second language are recognized for meeting ambitious performance targets; therefore, closing the achievement gap.

You and I share a deep passion for ensuring our children are on grade level for literacy and numeracy. The State Plan places greater emphasis and weight on literacy and numeracy in the elementary and middle grades in the accountability system, and it provides more transparent indicators for stakeholders. Grade-level reading is supported when our children enter their K-12 education ready

Thanks to those that supported health education and physical education throughout the ESSA process in GA. The final plan has been submitted to the Governor for approval. Note that health and PE were mentioned in Superintendent Woods' cover letter and we are the first two subjects mentioned for eligibility to receive Title IV Part A grants! Great job GAHPERD Advocates!

All documents are posted at http://www.gadoe.org/External-Affairs-and-Policy/.../ESSA.aspx.

ESSA Update

SUBMITTED TO THE GOVERNOR FOR REVIEW - Monday, August 14, 2017 through Thursday, September 14, 2017.

F. Title IV, Part A: Student Support and Academic Enrichment Grants

a. <u>Use of Funds</u> (ESEA section 4103(c)(2)(A)): Describe how the SEA will use funds received under Title IV, Part A, Subpart 1 for State-level activities.

Strengthening Efforts to Support the Whole Child Across the State

GaDOE will use funds received through Title IV, Part A, Subpart 1 to support the education of the whole child. Georgia's ESSA Education of the Whole Child Working Committee, made up of a cross-section of stakeholders, will coordinate with GaDOE's Federal Programs team to develop topic-specific guidance to empower districts and schools to leverage federal funds to support efforts that support the whole child.

This guidance will include, but will not be limited to the following topics:

- Health Education
- Physical Education
- School Climate
- Health Services
- School counselors/counseling
- School psychologists and mental health services
- Social workers
- Media specialists/centers
- Nutrition
- Visual Arts
- Music
- Theatre/Dance
- Arts Integration
- STEM

Many people took time out of their schedules to attend events, assist on social media, or fill out online forms.

Thanks to all and kudos for a job well done.

#GAHPERDforthewin

Open Faculty Position



Clinical Instructor/Clinical Assistant Professor
in Health and Physical Education
Department of Kinesiology and Health
(Log #18-123)

Applicants may view this positions at:

http://education.gsu.edu/facultypositions

Salaries are commensurate with qualifications and experience.

Applicants should send a letter of application, curriculum vitae, unofficial transcript of highest degree earned and three letters of recommendation to the appropriate hiring department. All positions will remain open and applications accepted until filled.

Please include the log number of the position to which you are applying in your letter of application.

Georgia State University is an Equal Opportunity Employer and does not discriminate against applicants due to race, ethnicity, gender, veteran status, or on the basis of disability or any other federal, state or local protected class.

11th ANNUAL SOUTHERN OBESITY SUMMIT



Registration for the 11TH ANNUAL SOUTHERN OBESITY SUMMIT is now open. It is in Atlanta, GA from October 1-3, 2017. The Summit will be at the Marriott Marquis Hotel in downtown Atlanta.

Information about the agenda and fees can be found at:

http://www.southernobesitysummit.org/2017-agenda--fees.html

During the Southern Obesity Summit (SOS) on Monday evening October 2nd, there will be a special networking and education event at Magnolia Hall at Piedmont Park. The Healthy Georgia Awards will take place on Tuesday evening, October 3rd at the College Football Hall of Fame.

Share the Wealth

Share the Wealth is coming January 25-27, 2018 at Jekyll Island! We are looking for presenters to share their best practices.

Submit your presentation by October 31!



SHAPE America





The 2017 Governor's Shape Honor Roll schools have been selected. This award recognizes elementary, middle and high schools for their dedication to creating a healthy school environment and a culture of wellness for staff, students and community. Georgia's K-12 public schools were invited to submit an application to be recognized by the Governor's Office, the Georgia Department of Education and the Georgia Department of Public Health for their exceptional participation in the annual fitness assessment data collection process as well as their commitment to efforts that improve student wellness. All applicants who met the requirements of recognition and submitted proper documentation were rewarded for their outstanding efforts. This year, schools were recognized by four tiers of criteria: Bronze, Silver, Gold, and Platinum.

Visit www.georgiashape.org for a complete list of the 2017 recipients!

Rise Up! 159

The Rise Up! 159 grants will help after-school providers and schools start new NFL Flag Football programs and enhance existing programs. Grants of up to \$10,000 will be awarded on a competitive basis. Complete your application by October 30!





ACTIVE, HEALTHY, HAPPY,

Sportime empowers and enhances healthy physical activity experiences by providing innovative products and programs that enable success. SPARK provides research-based programs that are aligned to national and state standards and designed to improve the health of children and encourage lifelong movement. Together, Sportime featuring SPARK delivers an array of physical activity and wellness solutions for students and educators.

Contact us today for help with equipment and curriculum orders and to learn more about our wide menu of professional development opportunities!



Randy Olmstead Georgia Program Representative randy.olmstead@sportime.com (404) 353-0148









Liability Insurance Added to Member Benefits!

Just in case you need another reason to join GAHPERD, we've now added liability insurance coverage to your member benefits! This comes at no extra cost to you. That's right! All members of GAHPERD as of 11/30/16 now have a \$1,000,000 general liability insurance policy for work-related activities! This includes teaching and coaching activities!

Only members who were current as of 11/30/16 have this member bonus. Anyone joining as a new member or is re-joining after a lapse in membership after 11/30/16 will not be covered until 11/30/17, if the policy is renewed.

Have specific questions? Contact Executive Director Kim Thompson at kthompson.gahperd@att.net.

Coverage: General Liability

Insurance Company: HCC Specialty (A+ A.M. Best)

Policy Period: 11/30/16 to 11/30/17

What are you covered for:

Claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Policy Limits:

| \$1,000,000 (per member) | | |
|--------------------------|--|--|
| \$1,000,000 | | |
| \$1,000,000 | | |
| \$1,000,000 | | |
| \$300,000 | | |
| Excluded | | |
| \$50,000 | | |
| \$100,000 | | |
| | | |





count Us In!

Reaching Our Goals

"SHAPE America wants to ensure that by the time today's preschoolers graduate from high school in 2029, all of America's students are benefiting from the skills, knowledge and confidence to enjoy healthy, meaningful physical activity."

How do YOU plan to get today's youth to understand and appreciate the importance of living a physically active and healthy lifestyle?





Back to School



Help Us Reach 50 Million Strong

50 Million Strong by 2029 is SHAPE America's national initiative to ensure that all of America's students have the skills, knowledge and confidence to enjoy healthy, meaningful physical activity.

How do we plan to get today's youth to understand and appreciate the importance of living a physically active and healthy lifestyle?

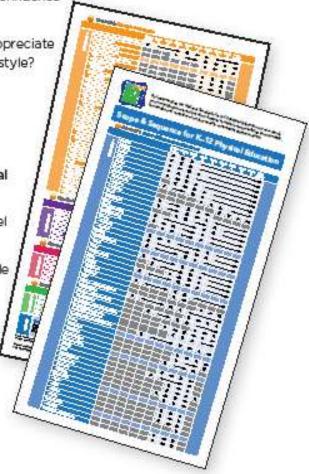
One student at a time.

Say "Count Me In" today!

Show your support and you'll receive a FREE digital Scope & Sequence chart!

- Supports the National Standards and grade-level outcomes for K-12 physical education
- Provides educators with a student evaluation scale
- Provides guidance for developing lesson plans





Visit shapeamerica.org/number for more information.









HEART HERO

Bran, Age 11

Although he was born with a serious heart defect, Bran has still jumped his way to raising more than \$80,000 through Jump Rope For Heart, including \$25,000 this year.

Within an hour of his birth, he was diagnosed with the most extreme form of Tetralogy of Fallot, called Pulmonary Atresia. Since he had no pulmonary valve, blood couldn't flow from the right ventricle into the pulmonary artery and onto the lungs.

At 18 months, a team of surgeons operated for eight hours to fix Bran's complex set of heart problems. Doctors had cautioned the family that Bran would likely need multiple surgeries by the age of 16. He is due for his annual visit to the cardiologist to see what lies shead in the coming year. So, when Bran saks friends and family to donate to Jump Rope For Heart to help the American Heart Association fund research to learn more about the heart and how to fix it, he's speaking from his own heart.

Jump Rope For Heart and Hoops For Heart are national education and fundraising events created by the American Heart Association and SHAPE America-Society of Health and Physical Educators. Students in these programs have fun jumping rope and playing basketball — while becoming empowered to improve their health and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Jump Rope For Heart and Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research.
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of these great events and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.

Call 1-800-AHA-USA1 or visit heart.org/jump or heart.org/hoops to get your school involved.



SHAPE America is a proed program partner of Jump Rope For Heart and Hoops For Heart.





We Shoot We



HEART HERO

Michael, age 10

"I was born with a blouspid valve. Though I am not suffering from complications right now, as I get older my aortic valve could leak. The only way to fix it would be open heart surgery. I'm going to do my part to learn more and keep my heart as healthy as I can! For the past 2 years, I have been the top fund raiser at my achool for the Jump Rope! Hoops For Heart event. My wish is to be the top fund raiser again this year because it is such an important cause for me."

Did You Know?

- Among children 2 to 19 years old, 31.8 percent are overweight and obese. That's 23.9 million children!
- On average, American children and adolescents spend nearly four hours watching television every day.
- More than 14 percent of children enter kindergarten overweight and are four times more likely than normal weight children to become obese by the eighth grade.
- Overweight adolescents have a 70 percent chance of becoming overweight adults.
- Numerous studies have demonstrated that increased physical activity is linked to better school performance.

Hoops For Heart is a national education and fundraising event created by the American Heart Association and SHAPE America-Society of Health and Physical Educators. Students learn basketball skills, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students.

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.





SSEPT-Street in its a proved program partner of Hospe For Basel.

6201s, American Heart Association. Also known as the Heart Rund. 1/15/09/202

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Go to www.shapeamerica.org for more information or to view the 2016 Shape of the Nation report

GAHPERD Future Dates

October 8-10, 2017 Georgia AHPERD Annual Fall Convention

Athens, GA

January 25-27, 2018 Share the Wealth Physical Education Conference

Jekyll Island, GA

March 20-24, 2018 SHAPE America National Convention & Exposition

Nashville, TN

Membership

Are you interested in health, physical education, recreation or dance? Do you have passion and commitment for physical activity and wellness? Do you believe we can do more to help others and better prepare students for a lifetime of health and physical activity? Do you want to join the advocacy efforts of other dedicated professionals to pave the way toward a healthier generation of individuals? Do you believe in the power of numbers?

Join GAHPERD!

For more information, visit www.gahperd.org, contact Kim Thompson, Executive Director of the Georgia Association for Health, Physical Education, Recreation and Dance (kthompson.gahperd@att.net).

Mission Statement

GAHPERD, Inc. is a non-profit organization for professionals and students in related fields of health, physical education, recreation and dance. GAHPERD, Inc. is dedicated to improving the quality of life for all Georgians by supporting and promoting effective educational practices, quality curriculum, instruction and assessment in the areas of health, physical education, recreation, dance