

**2022 Georgia Association for  
Health, Physical Education,  
Recreation, and Dance  
Convention**

**November 13<sup>th</sup> – 15<sup>th</sup>**

**Classic Center, Athens**

**Convention Theme: Bridging the Gap**



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## General Convention Information

### Badges

The Convention badge is required for admission to the Exhibit Hall and to all meetings. See the registration desk for a new badge if you need a replacement. Please wear your name badge at all times.

### Electronic Devices

Electronic devices must be on *vibrating mode or turned off* in all meeting, general sessions, and programs. Please leave the session if you need to make or take a phone call.

### Exhibitors

Visit with exhibitors who will offer a variety of ideas, products, and services.

### Professional Learning Units

To receive PLU credits, complete the form in the registration packet and return it to the registration desk before 3:00 PM on Monday.

### Silent Auction

Thank you to all who donated to our silent auction. Proceeds from this year's auction will go to assisting select physical education programs in Georgia. It will be located in the Lobby from Sunday 1:00-4:00 PM through Monday 8:00-4:00 PM. Winners can pick up their items Monday at 4:00 PM. GAHPERD will accept cash only. Thank you for supporting this wonderful cause.

### Superstars

Calling all future professionals! Plan to participate in the annual Superstars competition Monday 4:00-5:00 PM in Grand Hall 1-2. Battle against other colleges and universities for bragging rights!

### Emergencies

In case of emergency, contact the Classic Center front desk and relay the nature of the emergency. Also, please report the emergency to the GAHPERD registration desk as soon as possible.

### Lost and Found

Turn in or claim lost and found items to the GAHPERD registration desk during open hours.

### Voting

Candidates for the 2022-2021 GAHPERD Executive Board will be presented at the keynote on Monday at 10:00 AM and bios will be available in the lobby during voting. Additional members interested in serving on the executive board should submit their name at the registration desk by Monday at 8:00 AM. Ballots will be cast Monday from 11:00 AM - 3:00 PM. Members will vote for President-Elect, Vice-President-Elects, and a Member at Large from their district.

# Welcome



Georgia AHPERD Members,

On behalf of the GAHPERD Board, WELCOME BACK to Athens and the 2022 GAHPERD Convention! We are so excited to offer this convention to you, especially after two years of COVID-19 not allowing us the opportunity to be together in person. We hope your experiences in Athens are memorable and your expectations for the convention are exceeded. The Convention Committee, led by Dr. Jeff Johnson, has worked hard to provide you with opportunities to learn from some of the leading experts in the field of health, physical education, and dance. With over 70 sessions, we hope that you have time to relax, have some fun, and find the perfect activities to take back to your class. Our keynote speaker, Mr. Scott Williams, will be with us on Monday at 10:00 am in room Athena G & H. We hope you make plans to join us.

The 2022 convention theme is BRIDGING THE GAP! As we have this time together again, let us remember that in our profession, we BRIDGE THE GAP daily in so many ways, especially for our students. Your presence is an indication that you are committed to Bridging the Gap, not only in your school, but the state of Georgia. It is our hope that you leave Athens with a renewed sense of purpose and a wealth of new ideas.

Best,

Jana Forrester

GAHPERD President



## Georgia Association for Health, Physical Education, Recreation, and Dance 2021-22 Executive Board

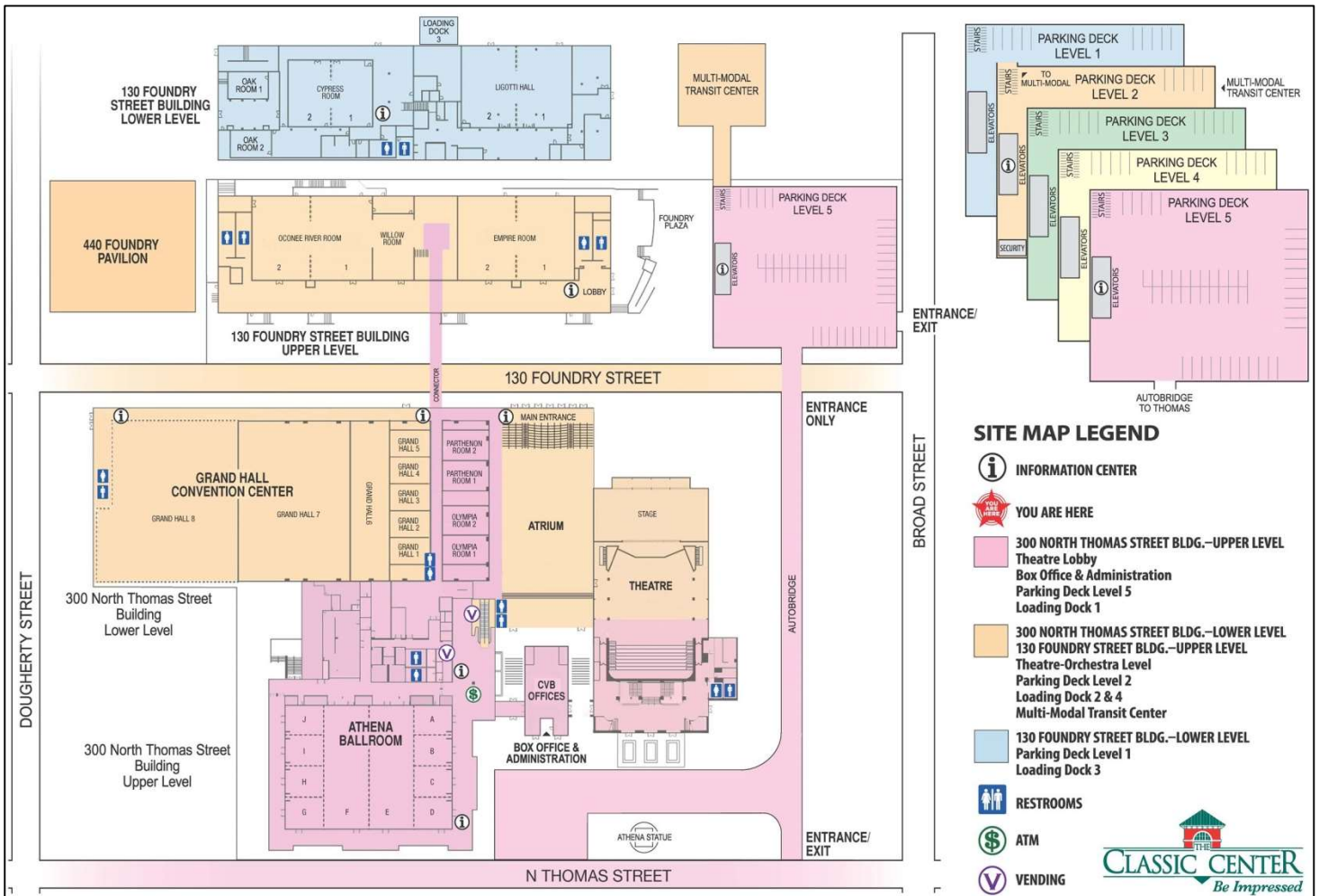
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### Additional GAHPERD Positions

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Dave Martinez	Advocacy Committee Chair	dave.martinez@cherokee.k12.ga.us
Amy Aenchbacher	Awards Committee Chair	amy.aenchbacher@cherokee.k12.ga.us

# 2022 Convention Committee

- President – Jana Forrester
- Executive Director – Kim Thompson
- Convention Director – Jeff Johnson
- Exhibit Hall Manager – Kay Roland
- Elections – Cassie Robinson
- Awards – Amy Aenchbacher
- Kids Heart Challenge Breakfast – Emily Adams
- Superstars Competition – Lynn Roberts
- Silent Auction – GAHPERD Staff
- AV Media – Christy Crowley
- Merchandise – Cindy Slayton
- Registration – Amy Aenchbacher & Dave Martinez



## Sunday, November 13th

Time	Session Title	Presenter	Room
11:00 AM	Registration Opens		Lobby
1:00 PM	Silent Auction Opens		Lobby
1:00 PM - 1:50 PM	Elementary PE Activities	Jana Forrester	Athena E
	University of West Georgia Physical Education Program Student Poster Session	Elena Spence and Kasilynn McClain	Athena I
1:00 PM – 3:50 PM	Let's Thrive with the New Georgia Health Standards of Excellence	Monica Gerda	Athena G-H
2:00 PM - 2:50 PM	Innovative Instant Activities	Collin Brooks	Athena E
	CALM the CHAOS with Large Groups in the Gym and On the Playground	Carrie Flint	Athena I
3:00 PM - 3:50 PM	Gamification for Physical Education and Physical Activity at Schools	Collin Brooks	Athena E
	The Covid-19 Pandemic: Voices from the gymnasium!	Eugene Asola	Athena I
4:00 PM – 4:50 PM	Movement on the Mat	Jennifer Heidorn	Athena E
	Connecting Physical Education to the Entire School	Jud Baker	Athena F
	Girls Empowering Movement	Sarah Gross and Ashley Davis	Athena I
	Ideas and Strategies of teaching Health in Different Class Settings	Cindy Slayton	Athena J

## Monday, November 14th

Time	Session Title	Presenter	Room
7:30 AM	Registration Opens		Lobby
8:00 AM - 8:50 AM	MINDFULLY USING MUSIC IN PHYSICAL EDUCATION	Carrie Flint	Athena E
	Enjoy Advanced Badminton at Your Pleasure Time	Eugene Asola	Athena F
	Will your resume get you a job interview?	Jane Lynes	Athena I

	Using Sport Education Model to Increase awareness and Inclusion of Students with Disabilities in Physical Education	Wellington De Luna	Athena J
	Fitness with Cups	Angela Carmon	Grand Hall 1-3
9:00 AM - 9:50 AM	Hula Hoop FUN!	Stephanie Lawson	Athena E
	Movement Based Activities for the Health and Personal Fitness Classroom	Bobbie Isom	Athena F
	Let's Thrive with the New Georgia Health Standards of Excellence: Creating Meaningful Assessments	Monica Gerda	Athena I
	Supporting Activity, Education, and Equity with Safe Routes to School – Rural, Suburban, and Urban Programs	Nick Anderson	Athena J
	Top 3 SPARK PE Strategies to Increase MVPA	Julie Frank	Grand Hall 1-3
10:00 AM - 11:00 AM	Keynote - We Have the PowEr!	Scott Williams	Athena G and H
11:00 AM – 11:50 AM	What the HACK?! Repurpose that Equipment, Refresh Your Lessons, Renew the Excitement!	Kelly Brown	Athena E
	Fun and Fitness go Together!	Emmerson Clarke	Athena F
	PETE Meeting	Lynn Roberts	Athena I
	Breath-based Stress Relief	Mark Anderson	Grand Hall 1-3
	Keep your immune system strong	Nancy Storey	Grand Hall 5
12:00 PM – 12:50 PM	Blue, Yellow, Red: Heart Rate Zone Colors in Action	Joe Gooden	Athena E
	ACTION! Team Games	GOPHER	Athena F
	Wellness Week: A Fun Way to Promote Physical Activity, Physical Education, Health, and Wellness School-Wide!!	Adam Mullis	Athena I
	How to Have a Peaceful Playground	Carrie Flint	Athena J
	Crossfit Competitions in PE!	Bryan Capes	Grand Hall 1-3
	Youth Voice: Ideas & Preferences from MS & HS Students about PE/PA in School	Debra Kibbe	Grand Hall 5
1:00 PM – 1:50PM	Get FAST and FURIOUS with Omnikin!	Scott Williams	Athena E
	Social Issues Project - Movement based Session	Tamara Irving	Athena F



	Stop Vaping Before It Starts with the Tar Wars Program!	Abbey Carr	Athena I
	Field Day Fun and Fundraising	Maureen McLaughlin	Athena J
2:00 PM – 2:50 PM	PhysEd Faves: Minds BLOWN in 50 Minutes!	Scott Williams	Athena E
	Increase Moderate to Vigorous Physical Activity (MVPA) in Physical Education	Eric Larsen	Athena F
	PE Teacher's First Ten Days	Emily Adams and Nancy Janas	Athena G
	Integrating Physical Activity Throughout the School Day	Sequoya Howard	Athena H
	Strategies to consider when teaching Hispanic English-language learners in physical education	Wellington De Luna	Athena I
	10 Ways to Create a SEL Skills-Based Health Classroom	Mary McCarley	Athena J
	Collecting and Making Meaning of Physical Activity Data	Kelsey McEntyre	Grand Hall 5
3:00 PM – 3:50 PM	BRAINball® – Teaching Math and Literacy through Movement	Maria McKeown	Athena E
	Let's get moving!	Emmerson Clarke	Athena F
	Lessons Learned- From Flag Football, Walking Clubs to Playgrounds [Addressing the Physical Activity Needs for the Whole School]	Patrick Graney	Athena G
	Speed Interviews for H/PE Majors	Jane Lynes	Athena H
	Integrating Technology in Health-related Fitness Self-Testing: Pre-service Physical Education Teachers' Experiences	Xiaolu Liu	Athena I
	Bingo! Win With Fuel Up To Play 60	Will McWhirter	Athena J
	Breath-based Stress Relief	Mark Anderson	Grand Hall 1-3
4:00 PM – 4:50 PM	Kids Heart Challenge, Jump Rope Skills, Team, and Games	Emily Adams and Nancy Janas	Athena E
	Integrating Strength and Conditioning into the Physical Education Environment	Kacie Lanier	Athena G
	Creating Your Signature Dance Program Using Project Based Learning	Tamara Irving	Athena H
	Engaging Students and Families in Nutrition Education	Dana Griffith	Athena I
	Superstars Student Competition	Deborah Baxter	Grand Hall 1-3

6:00 PM	Past President's Dinner (By Invitation Only)	Jacque Harbison	Depalma's
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## Tuesday, November 15<sup>th</sup>

Time	Session Title	Presenter	Room
7:30 AM	Registration Opens		Lobby
8:00 AM – 8:50 AM	Purposeful Physical Activity for Early Learners	Maria McKeown	Athena F
	Social Emotional Learning in P.E.	Lauren Mayer	Athena E
	Redefining the Health Classroom for Success	Joseph Lucas	Athena H
	It's Fall Y'all, let's dance!	Stephanie Lawson	Grand Hall 1-3
9:00 AM – 9:50 AM	danSIRS Across Georgia: Sick Beats to Move Your Feet!	Scott Williams	Athena E
	Ice Breakers and Warm-ups	GOPHER	Athena F
	Insights from Real High School Cross Country Coaches about Training, Performance, and Injury	Jesse Kemmerer	Athena H
	Stressed to Assess? Align It and Design It!	Deborah Baxter	Grand Hall 1-3
9:00 AM – 10:30 AM	Awards Breakfast – Invitation Only		Grand Hall 6
10:00 AM – 10:50AM	Omnikin: Have a BALL with Action-Packed Fun for All!	Scott Williams	Athena E
	Engaging and Motivating Students with the Sport Education Model via Invasion Games	Angela Carmon	Athena F
	Applications of Cognitive Load Theory in Kinesiology	Yonggi Son	Athena H
11:00 AM – 11:50 AM	Create a Growth Mindset Physical Education Learning Environment	Carrie Flint	Athena E
	Quality PE in Motion	Maria McKeown	Athena F
	New Board Member Training	Kim Thompson	Athena G
	Adapting for Autism	Kaitlin Parent-Lew	Athena H

# Sunday Sessions

## 1:00 PM – 1:50 PM

### **Elementary PE Activities**

**Location:** Athena E

**Lead Presenter:** Jana Forrester

**Co-Presenter(s):** Cassie Robinson and Christy Crowley

**Description:** These are some activities/games that our student's enjoy. We wanted to share.

### **University of West Georgia Physical Education Program Student Poster Session**

**Location:** Athena I

**Lead Presenter:** Elena Spence

**Co-Presenter(s):** Kasilynn McClain

**Description:** UWG students will share projects based on best practices in physical education.

## 1:00 PM – 3:50 PM

### **Let's Thrive with the New Georgia Health Standards of Excellence: Exploring the Health Skills**

**Location:** Athena G-H

**Lead Presenter:** Monica Gerda

**Co-Presenter(s):** Kandice Porter

**Description:** The new Georgia Standards of Excellence for Health have been approved and there is no better time to focus on skill development in the health classroom. To best prepare our students for the future, a skills-based approach to health education promotes teaching skills and functional information while providing opportunities to develop self-efficacy. Whether you have already started implementing skills-based health or are just beginning, please join us for this workshop session to discuss ideas for developing and facilitating learning experiences that engage students as well as support functional health knowledge and skill acquisition.

## 2:00 PM – 2:50 PM

### **Innovative Instant Activities**

**Location:** Athena E

**Lead Presenter:** Collin Brooks

**Co-Presenter(s):**

**Description:** Join us for an interactive session focused on getting students excited to learn in physical education. The first few minutes of a physical education class are essential to grab students' attention and get them fired up to learn and move. Participants will learn a variety of standards-based innovative instant activities sure to spark the interest of your students. You will leave with ideas that you can use the next week in your class!

## **CALM the CHAOS with Large Groups in the Gym and On the Playground**

**Location:** Athena I

**Lead Presenter:** Carrie Flint

**Co-Presenter(s):**

**Description:** Class management is key to any successful lesson. However, teaching outside or in a gym, often with extra-large classes, presents unique and challenging teaching environments. This presentation offers successful class management strategies for large groups on the playground and in the gym.

### **3:00 PM – 3:50 PM**

## **Gamification for Physical Education and Physical Activity at Schools**

**Location:** Athena E

**Lead Presenter:** Collin Brooks

**Co-Presenter(s):**

**Description:** Have you ever heard of gamification? Have you ever wondered how you could use gamification as a way to engage students in physical education learning outcomes and physical activity? Join us for an interactive session as we discuss the basics of gamification and how gamification elements are applied to a physical education setting and physical activity settings outside of physical education.

## **The Covid-19 Pandemic: Voices from the gymnasium!**

**Location:** Athena I

**Lead Presenter:** Eugene Asola

**Co-Presenter(s):** Caroline McClain

**Description:** This will be forum facilitated by the presenter to discuss/share the instructional, technical and logistical issues/challenges experienced by physical educators during the Covid-19 Pandemic and how they handled it.

### **4:00 PM – 4:50 PM**

## **Movement on the Mat**

**Location:** Athena E

**Lead Presenter:** Jennifer Heidorn

**Co-Presenter(s):** UWG Students

**Description:** Participants will be guided through Mat Pilates exercises with an infusion of yoga poses and breathing techniques. Come join us to feel the stretch and build strength!

## **Connecting Physical Education to the Entire School**

**Location:** Athena F

**Lead Presenter:** Jud Baker

**Co-Presenter(s):**

**Description:** We will explore ways to integrate classroom subjects into PE games and lessons without compromising PE standards or activity time. Building relationships with classroom subjects and physical activity should be an important part of a school's culture.

## **Girls Empowering Movement**

**Location:** Athena I

**Lead Presenter:** Sarah Gross

**Co-Presenter(s):** Ashlee Davis

**Description:** The purpose of the presentation will be to present on the newly developed statewide Girls Empowering Movement out of school time physical activity program. The presentation will discuss the GEM development process and how it will be implemented throughout Georgia.

### **Ideas and Strategies of teaching Health in Different Class Settings**

**Location:** Athena J

**Lead Presenter:** Cindy Slayton

**Co-Presenter(s):**

**Description:** Although Health is becoming more important each year because our world is changing each day, and with Georgia recently adopting new Standards for Health, now is a good time to look at standard-based ideas and strategies for teaching Health regardless of if teaching Health and Physical Education together, virtually, concurrently, or as a separate class in a specials/connection rotation. What are some ideas and strategies of how to teach Health in your present class setting? With some of these factors in play, I hope to share some ideas and strategies to help you teach standard-based Health in your particular class setting.

## **Monday Sessions**

**8:00 AM – 8:50 AM**

### **MINDFULLY USING MUSIC IN PHYSICAL EDUCATION**

**Location:** Athena E

**Lead Presenter:** Carrie Flint

**Co-Presenter(s):**

**Description:** Hear the Beat and Move Your Feet. The concept of using music in PE is not a new one; YES! it is motivating! However, mindfully selecting your music can greatly enhance student outcomes for fitness, movement, gross and fine motor skills as well as emotional/social experiences. Participants will be given strategies to deliver content utilizing multiple modes of learning and intelligences of learning, that incorporates music throughout.

### **Enjoy Advanced Badminton at Your Pleasure Time**

**Location:** Athena F

**Lead Presenter:** Eugene Asola

**Co-Presenter(s):** Caroline McClain

**Description:** Advanced Badminton skills and strategies will be presented with active participation. Assessment strategies and use of different types of assessments will also be covered.

### **Will your resume get you a job interview?**

**Location:** Athena I

**Lead Presenter:** Jane Lynes

**Co-Presenter(s):** Lynn Roberts

**Description:** Students will be led through the process of developing and writing a cover page and resume.

## **Using Sport Education Model to Increase awareness and Inclusion of Students with Disabilities in Physical Education**

**Location:** Athena J

**Lead Presenter:** Wellington De Luna

**Co-Presenter(s):**

**Description:** Inclusion of students with disabilities in general physical education (GPE) is largely reliant on teachers' knowledge of disability and perceived competence to teach students with disabilities. The sport education model (SEM) can increase awareness and differentiate opportunities for students with disabilities to learn and engage in GPE. This presentation will present valuable knowledge to the audience on how to include students with disabilities in physical education through the Sport Education model.

## **Fitness with Cups**

**Location:** Grand Hall 1-3

**Lead Presenter:** Angela Carmon

**Co-Presenter(s):** Marcel Lima

**Description:** Fitness with Cups is an action packed interactive session for physical education and health teacher K-12 highlighting fitness activities, cooperative activities, and cognitive games using cups. The purpose of Fitness with Cups is to offer easy to replicate instant activities and games that focus on health related fitness components. These activities support Fitnessgram preparation in a fun and innovative manner. No equipment? No space? No problem! Grab your stack of cups, and get ready for individual, partner and group activities for fitness, cooperation and fun!

**9:00 AM – 9:50 AM**

## **Hula Hoop FUN!**

**Location:** Athena E

**Lead Presenter:** Stephanie Lawson

**Co-Presenter(s):**

**Description:** Let's use technology to help teach hula hoop and enhance the FUN! We will start with a fitness/dance warm-up and then use technology to allow more time to assess students in the gym. Tips, and tricks will be shared by all.

## **Movement Based Activities for the Health and Personal Fitness Classroom**

**Location:** Athena F

**Lead Presenter:** Bobbie Isom

**Co-Presenter(s):**

**Description:** In this session participants will learn strategies to help them increase the use of movement-based activities for Health and Personal Fitness classes in grades 6-12. These movement based activities help boost student engagement, interpersonal skills, and cognitive development that lead to success in and out of the classroom.

## **Let's Thrive with the New Georgia Health Standards of Excellence:**

### **Creating Meaningful Assessments**

**Location:** Athena I

**Lead Presenter:** Monica Gerda

**Co-Presenter(s):** Kandice Porter

**Description:** The new Georgia Standards of Excellence for Health have been approved and there is no better time to focus on skill development in the health classroom. To best prepare our students for the future, a skills-based approach to health education promotes teaching skills and functional information while providing opportunities to develop self-efficacy. Whether you have already started implementing skills-based health or are just beginning, please join us for this

workshop session to discuss ideas for developing and facilitating learning experiences that engage students as well as support functional health knowledge and skill acquisition. This session will focus on creating meaningful assessments.

### **Supporting Activity, Education, and Equity with Safe Routes to School – Rural, Suburban, and Urban Programs**

**Location:** Athena J

**Lead Presenter:** Nick Anderson

**Co-Presenter(s):**

**Description:** Since 2009, GDOT's Safe Route to School Resource Center has provided education, engagement, encouragement, and community collaboration to schools at no cost with equitable principals at our foundation. This workshop will guide participants in starting or enhancing their Safe Routes programs in grades K-12 through outreach, community partners, and resources. We will take a look at success stories and programs from across Georgia in Urban, Suburban, and Rural settings addressing diverse community wants and needs.

### **Top 3 SPARK PE Strategies to Increase MVPA**

**Location:** Grand Hall 1-3

**Lead Presenter:** Julie Frank

**Co-Presenter(s):**

**Description:** Don't miss this ACTIVE session to experience SPARK strategies in action. Leave with 3 SPARK strategies, sample lesson plans, plus a free SPARK App trial. Experience a few new Positive Learning Environment SPARK lessons too!

## **10:00 AM – 10:55 AM**

### **Keynote Address - We Have the PowEr!**

**Location:** Athena G and H

**Lead Presenter:** Scott Williams

**Co-Presenter(s):**

**Description:** In a time when teachers are exhausted, feel undervalued, and are not adequately supported, physical education teachers may need to be reminded of the positive PowEr they possess! This interactive talk will help you realize and speak your gifts, give you ideas to positively affect the kids, community and culture of your school, and inspire you with stories of other teachers just like you! Physical education has the potential to bring the most value to a school day for our students, and it's a perfect time for us to lift each other up and make a difference!

## **11:00 AM – 11:50 AM**

### **What the HACK?! Repurpose that Equipment, Refresh Your Lessons, Renew the Excitement!**

**Location:** Athena E

**Lead Presenter:** Kelly Brown

**Co-Presenter(s):**

**Description:** Come get your creative juices flowing in this idea packed session! Learn how to make what's in your PE closet more versatile with just a few creative hacks! Learn some inventive ideas for turning items you thought were ready for the dumpster into usable PE equipment. Attendees will learn how and where to scout out some of the best items and remake and use them in multiple games and activities for little or no money out of pocket. Join us to grab some new ideas and share some of your own Physical Education equipment hacks. This session will fill your bucket with ideas to take back to your classroom to use immediately and add some creativity to your Physical Education Activities.

### **Fun and Fitness go Together!**

**Location:** Athena F

**Lead Presenter:** Emmerson Clarke, Open Trainer

**Co-Presenter(s):**

**Description:** Want more innovative ways to get your students prepared for FitnessGram? In this session, the focus will be on fitness activities that gets students prepared to test without them seeing it as fitness.

### **PETE Meeting**

**Location:** Athena I

**Lead Presenter:** Lynn Roberts

**Co-Presenter(s):**

**Description:** PETE faculty from around the state will discuss topics of common interest in the fields of health and physical education.

### **Breath-based Stress Relief**

**Location:** Grand Hall 1-3

**Lead Presenter:** Mark Anderson

**Co-Presenter(s):**

**Description:** Stress relieving breath and physical movement for students, teachers, and staff alike will be offered. Feel free to bring a yoga mat or blanket to this one hour session.

### **Keep your immune system strong**

**Location:** Grand Hall 5

**Lead Presenter:** Nancy Storey

**Co-Presenter(s):** Melody Durrenberger

**Description:** Now more than ever, it is important that we do our best to strengthen our immune system. One of the most effective ways to do this is by eating a healthy and nutritious diet. Join us to learn more about the foods that can help us boost our immune system and foods that can compromise our immune system.

**12:00 PM – 12:50 PM**

### **Blue, Yellow, Red: Heart Rate Zone Colors in Action**

**Location:** Athena E

**Lead Presenter:** Joe Gooden

**Co-Presenter(s):** Chad Oates

**Description:** When directing students to increase their activity intensity and movement time, most teachers use either rating of perceived exertion or verbal descriptors such as “go harder” or “pick it up”. In this activity-based session, participants will learn to use real live data from heart rate sensors or step trackers for movement data, to self-regulate the effort of their activity. Both of these wearables, heart rate monitors or step tracker ankle bands provide objective and continuous stream of displayed data that shows the participant is in the low, easy Blue zone, the moderate and weight-loss Yellow zone, or the high-hot-hard calorie burning Red zone.



## **ACTION! Team Games**

**Location:** Athena F

**Lead Presenter:** Adam Herbst and Sam Erickson, GOPHER Sports

**Co-Presenter(s):**

**Description:**

## **Wellness Week: A Fun Way to Promote Physical Activity, Physical Education, Health, and Wellness School-Wide!!**

**Location:** Athena I

**Lead Presenter:** Adam Mullis

**Co-Presenter(s):**

**Description:** Wellness Week is a school-wide celebration of health and wellness. Attendees will learn about creative ways to promote health and wellness for students, faculty, and staff. The session will also provide attendees with an opportunity to create their own Wellness Week.

**Check out the GAHPERD website at [www.gahperd.org](http://www.gahperd.org)!**

## **How to Have a Peaceful Playground**

**Location:** Athena J

**Lead Presenter:** Carrie Flint

**Co-Presenter(s):**

**Description:** The Peaceful Playgrounds program provides a low-cost avenue for K-8 schools to organize and manage their schoolyards and playgrounds. It is a national award winning program in over 9000 schools across the country. It is the only program that is researched based which identifies the 5 most common problems that occur on the playground. Participants will walk away with 5 solutions to help create a peaceful playground.

## **Crossfit Competitions in PE!**

**Location:** Grand Hall 1-3

**Lead Presenter:** Bryan Capes

**Co-Presenter(s):**

**Description:** Teach your students how to have fun while competing to complete a skillful whole-body workout. Turn your gym into a crossfit wonderland of fitness with this exciting activity!

## **Youth Voice: Ideas & Preferences from MS & HS Students about PE/PA in School**

**Location:** Grand Hall 5

**Lead Presenter:** Debra Kibbe

**Co-Presenter(s):** Dana Griffith

**Description:** Over the past five years, partners in Georgia have been listening to the voices of middle and high school youth related to physical activity and physical education. This session will focus on sharing findings of online and in-person listening sessions as well as surveys. Together with session participants we will explore strategies for addressing needs, wants and ideas presented by youth in the context of a post-COVID school environment. Interactive polling and tabletop discussions will be used to engage the audience in sharing ideas for engaging youth in PA/PE planning.

## 1:00 PM – 1:50 PM

### **Get FAST and FURIOUS with Omnikin!**

**Location:** Athena E

**Lead Presenter:** Scott Williams

**Co-Presenter(s):**

**Description:** Join in this fast-paced, action-packed 50 minutes of FUN that will leave your students begging for more! With everything from intense fitness games to hilarious partner tag activities to the ultimate cooperative team sport of Kin-Ball, this session will have it all! Omnikin™s wide range of products are crowd pleasers by themselves, but these activities will solidify that the gym is the place to be in your school. So what are you waiting for?!? Come join Team Omnikin today and blow your students away!

### **Stop Vaping Before It Starts with the Tar Wars Program!**

**Location:** Athena I

**Lead Presenter:** Abbey Carr

**Co-Presenter(s):**

**Description:** In our session, we will discuss the current statistics among middle and high school students in the state of Georgia as it relates to tobacco, nicotine and vaping products and their use. We will share the latest vaping and tobacco products, advertising and trends in an ever-changing, growing, un-regulated industry. We will also discuss the importance of educating students at a young age about the dangers of these products and how the Tar Wars program can meet that need with an innovative, interactive program for students, sponsored by the American Academy of Family Physicians.

### **Social Issues Project - Movement based Session**

**Location:** Athena F

**Lead Presenter:** Tamara Irving

**Co-Presenter(s):**

**Description:** Movement based session designed to train educators to guide their learners in finding their creative voice using collaboration. Social Issues Project Description: Brainstorming Circle Tasks: Create list of social issue topics  
Reflection opportunities: What does this social issue mean to you? How does it impact the environment/economy/your generation, etc? What can you do to help the problem or create awareness about it? List possible movements that come to mind when you think of your social issue. Manipulation Task: Create a 30 second dance phrase based on your topic which will be further manipulated using compositional devices.

### **Field Day Fun and Fundraising**

**Location:** Athena J

**Lead Presenter:** Maureen McLaughlin

**Co-Presenter(s):**

**Description:** Planning and implementing a successful field day that provides an enjoyable experience for students, staff, and the community while raising funds for your physical education department.

## 2:00 PM – 2:50 PM

### **PhysEd Faves: Minds BLOWN in 50 Minutes!**

**Location:** Athena E

**Lead Presenter:** Scott Williams

**Co-Presenter(s):**

**Description:** Join in this fast-paced and ever-evolving session as former TOY Scott Williams shares his favorite tricks of the trade from elementary and secondary levels! Fun fitness, dances, management techniques, awesome authentic assessments, funky equipment, pop culture activities and more will be shared in this whirlwind session. Come have a blast while pumping up your PE program with some new hits!

### **Increase Moderate to Vigorous Physical Activity (MVPA) in Physical Education**

**Location:** Athena F

**Lead Presenter:** Eric Larson

**Co-Presenter(s):**

**Description:** Utilizing evidence-based strategies can increase Moderate to Vigorous Physical Activity (MVPA) in physical education class. Learn how effective management of students, technology, equipment, and instructional time can yield more activity for your students. Strategies will be presented to modify existing activities to increase MVPA while using IHT heart rate monitors. Takeaway from this session: 7 engaging fitness activities and team games that will enhance elementary, middle, and high school programs.

### **PE Teacher's First Ten Days**

**Location:** Athena G

**Lead Presenter:** Emily Adams

**Co-Presenter(s):** Nancy Janas

**Description:** Nancy and Emily want to give new PE teachers (or those in their first years of teaching) ideas for how to have a smooth start to the school year. Based on our experience the first ten days are key to setting the tone for PE class for the school year. We will give ideas for classroom management, how to dress to get respect, class activity ideas, rules, expectations, communication, etc.

### **Integrating Physical Activity Throughout the School Day**

**Location:** Athena H

**Lead Presenter:** Sequoya Howard

**Co-Presenter(s):** Dana Griffith

**Description:** Kids need to move! Frequent brain breaks increase oxygen to the brain, help students focus, decrease discipline issues, and ultimately improve academic performance. This session will provide the research and methods to get all teachers in your school interested in getting students to move at least 60 minutes a day! In addition to a variety of brain breaks, activity based review games, summarizing strategies, and vocabulary lessons are powerful strategies you can take back for ALL teachers in your school to use.

### **Strategies to consider when teaching Hispanic English-language learners in physical education**

**Location:** Athena I

**Lead Presenter:** Wellington De Luna

**Co-Presenter(s):**

**Description:** The number of Hispanic students is increasing in the United States. For this reason, teachers must be informed about differentiated strategies that promote the active participation of Hispanic students. Many of these

students don't speak, read, or understand English, which affects their ability to learn and get along with others at school. Also, many of these kids don't have family support because their parents don't speak English well, mostly speak other languages at home. The goal of this presentation is to give physical education teachers some guidelines and tips for teaching English Language Learners whose first language is Spanish.

### **10 Ways to Create a SEL Skills-Based Health Classroom**

**Location:** Athena J

**Lead Presenter:** Mary McCarley

**Co-Presenter(s):**

**Description:** Join Mary McCarley, 2016 SHAPE America Southern District Health Teacher of the Year and Goodheart-Willcox Health Education Content Specialist, as she shares SEL skills-based middle and high school health education assessments and activities. Teachers will leave with 10 or more new skills-based activities and assessments for their teacher toolbox. In addition, all attendees will receive complimentary access to our 2021 copyright, skills-based health education resources from Goodheart-Willcox.

### **Collecting and Making Meaning of Physical Activity Data**

**Location:** Grand Hall 5

**Lead Presenter:** Kelsey McEntyre

**Co-Presenter(s):** Collin Brooks

**Description:** This session will focus on collection and interpretation of physical activity data. Attendees will learn data collection methods for the purpose of evaluating physical activity levels within and beyond the physical education setting. In addition, strategies for increasing physical activity levels throughout the school day will be presented.

**3:00 PM – 3:50 PM**

### **BRAINball® – Teaching Math and Literacy through Movement**

**Location:** Athena E

**Lead Presenter:** Maria McKeown

**Co-Presenter(s):**

**Description:** Backed with over 20 years of evidence-based research, BRAINball® can improve students growth scores in literacy and math. Attendees will experience how In this session participants will get to experience first-hand how BRAINball® is used and how it works to connect movement to cross-curricular learning.

### **Let's get moving!**

**Location:** Athena F

**Lead Presenter:** Emmerson Clarke

**Co-Presenter(s):**

**Description:** Ever get students in your class who need to move now? This session will focus on instant activities and flag games for scholars to move immediately. Limited equipment and high engagement activities that will get your students heart pumping.

### **Lessons Learned- From Flag Football, Walking Clubs to Playgrounds [Addressing the Physical Activity Needs for the Whole School]**

**Location:** Athena G

**Lead Presenter:** Patrick Graney

**Co-Presenter(s):**

**Description:** Discussion of the lessons learned/headaches when promoting fitness and physical activity. From vision, to grant funding \$\$\$, starting programs, and changes to the physical environment to support physical activity & health.

### **Speed Interviews for H/PE Majors**

**Location:** Athena H

**Lead Presenter:** Jane Lynes

**Co-Presenter(s):** Lynn Roberts

**Description:** This will be like the previous "speed" interview session. With the help of veteran teachers, we will have a bank of questions and each participant will rotate through each station and be asked questions. This is to help familiarize H/PE students with the interviewing process.

### **Integrating Technology in Health-related Fitness Self-Testing: Pre-service Physical Education Teachers' Experiences**

**Location:** Athena I

**Lead Presenter:** Xaiolu Liu

**Co-Presenter(s):** Rachel Gurvitch and Yonggi Son

**Description:** Although criticisms of K-12 health-related fitness testing (HRFT) exist, it is undeniable that HRFT is now mandatory in about 16 states across the US. Researchers state, whether or not one agrees with the value or need for fitness testing, the reality is such that physical educators must be knowledgeable on the matter (Hill & Thornburg, 2016, p. 2). This session will discuss (1) the role of HRFT, related issues, and possible solutions in K-12 PE programs; (2) pre-service physical education teachers' experiences with technology-based health-related fitness self-testing; and (3) physical education teacher preparation for HRFT (e.g., technology integration, self-testing protocol).

### **Bingo! Win With Fuel Up To Play 60**

**Location:** Athena J

**Lead Presenter:** Will McWhirter

**Co-Presenter(s):**

**Description:** Come get the scoop on how to milk Fuel Up To Play 60 for all it's worth in this fun and interactive session. We'll share specifics on how your neighbors are achieving success with healthy eating and activity and show you how to make the most of Fuel Up to Play 60 at your school. Bingo! You can win with Fuel Up To Play 60.

### **Breath-based Stress Relief**

**Location:** Grand Hall 1-3

**Lead Presenter:** Mark Anderson

**Co-Presenter(s):**

**Description:** Stress relieving breath and physical movement for students, teachers, and staff alike will be offered. Feel free to bring a yoga mat or blanket to this one hour session.

**4:00 PM – 4:50 PM**

### **Kids Heart Challenge, Jump Rope Skills, Team, and Games**

**Location:** Athena E

**Lead Presenter:** Emily Adams

**Co-Presenter(s):** Nancy Janas

**Description:** Nancy and Emily will share ideas to make a Kids Heart Challenge event work at your school. The American Heart Association has a great website for this event and we will navigate through it. Also, jump rope skills and games will be played in addition to jump rope team ideas. Time permitting we will also share a game or two that has been fun at the beginning of the school year.

### **Integrating Strength and Conditioning into the Physical Education Environment**

**Location:** Athena G

**Lead Presenter:** Kacie Lanier

**Co-Presenter(s):** Chad Killian

**Description:** Strength and conditioning is an increasingly popular lifetime activity. Furthermore, many high schools have the facilities and equipment needed for strength conditioning programs but only offer this type of program to athletes. Given the physical, mental, and social benefits of participating in quality strength and conditioning activities, our presentation will encourage teachers to think about how they might integrate the content into their PE curriculums to benefit a broader range of students. We will discuss the role of strength and conditioning within the PE environment, outline its benefits, and offer five key components each program should include.

### **Creating Your Signature Dance Program Using Project Based Learning**

**Location:** Athena H

**Lead Presenter:** Tamara Irving

**Co-Presenter(s):**

**Description:** This program is designed to train educators to guide their dancers developing a signature theme for their dance program. Engage in logistics, engagement, advocacy and production design in regards to developing a production through video lessons, workshops, guest instructors. Recognize strengths and assess their skillset by completion of personality tests & skills and career readiness surveys. Collaborate to develop ideas for a production based on social justice issues by completing composition activities/assignments. Cohorts will be in charge of creating a student-led production through applied learning methodology and work-based learning experiences that prepare students for careers in the arts.

### **Engaging Students and Families in Nutrition Education**

**Location:** Athena I

**Lead Presenter:** Dana Griffith

**Co-Presenter(s):** Raschell Downer

**Description:** Conducting taste tests with fruit and vegetable infused water and challenging students to create a healthy recipe book showcasing their favorite cultural dishes are some of the methods to enhance classroom instruction that will be discussed. Recipe cards, monthly newsletters, weekly text messaging, and Student Health Advocates are a few ways to promote nutrition education for the whole family. In this session, you will participate in a variety of activities encouraging students to eat two fruits and three vegetables daily while drinking more water and less sugary drinks; key behaviors to enhance personal health!

### **Superstars Student Competition**

**Location:** Grand Hall 1-3

**Lead Presenter:** Deborah Baxter

**Description:** University students will compete in a friendly competition against other universities in a variety of activities to get to know each other and build rapport and relationships which will hopefully continue into their professional careers.

### **Past President's Dinner**

**Location:** Depalma's Italian Cafe

**Lead Presenter:** Jacque Harbison

**Description:** Past presidents are invited to dinner and get updates on GAHPERD current events and initiatives from the current president and executive director. By Invitation Only.

## **Tuesday Sessions**

**8:00 AM – 8:50 AM**

### **Social Emotional Learning in P.E.**

**Location:** Athena E

**Lead Presenter:** Lauren Mayer

**Co-Presenter(s):**

**Description:** This activity/lecture session will explain the five core competencies of social emotional learning and why physical education teachers should implement the topic in their gyms. Participants will learn techniques, strategies, and best practices for integrating social emotional learning in P.E. Participants will also engage in activities that can be used with their students to promote social emotional learning.

### **Purposeful Physical Activity for Early Learners**

**Location:** Athena F

**Lead Presenter:** Maria McKeown

**Co-Presenter(s):**

**Description:** Do you know students who fidget, wiggle, have a difficult time concentrating or get upset easily? Find out how early learning fitness activities can help increase student engagement and prepare them for learning. Through intentional and purposeful motor-sensory activities, teachers can help students self-regulate, focus and positively interact with others.

### **Redefining the Health Classroom for Success**

**Location:** Athena H

**Lead Presenter:** Joseph Lucas

**Co-Presenter(s):**

**Description:** An alternative way to set up the health classroom for success and personal development in middle school.

### **It's Fall Y'all, let's dance!**

**Location:** Grand Hall 1-3

**Lead Presenter:** Stephanie Lawson

**Co-Presenter(s):**

**Description:** Learn all the dances you need to know for the fall. These are dances you can do in the gym, fall festival, parties, dances, or any special event. People should not be standing at the wall watching others dance. Everyone should be on the dance floor having fun and socially interacting with each other.

## 9:00 AM – 9:50 AM

### **danSIRS Across Georgia: Sick Beats to Move Your Feet!**

**Location:** Athena E

**Lead Presenter:** Scott Williams

**Co-Presenter(s):**

**Description:** Who says dudes don't dance?!? Join former PE and Dance Teacher of the Year Scott Williams as he will share his love for dance in a session for the ages for all ages and skill levels! Uncomfortable with teaching dance or have trouble with students buying in? These simple yet fun dances, games, competitions and strategies will win your students over regardless of your comfort level! Dance addresses every national standard, the three domains of learning, and improves fitness! So what are you waiting for? Let's dance!

### **Ice Breakers and Warm-ups**

**Location:** Athena F

**Lead Presenter:** Adam Herbst & Sam Erickson, GOPHER Sports

**Co-Presenter(s):**

**Description:** Join this fun and interactive session packed with activities that help students get to know each other through movement, along with eight warm-up activities to get students (and their heart rates) moving. Get ready to move, learn and have fun!

### **Insights from Real High School Cross Country Coaches about Training, Performance, and Injury**

**Location:** Athena H

**Lead Presenter:** Jesse Kemmerer

**Co-Presenter(s):**

**Description:** This study researched the thoughts and beliefs of high school cross country coaches on training philosophy, performance indicators, and risk of injury. Discoveries can be applied to the development of running programs for your class, and improvement of running knowledge for coaches.

### **Stressed to Assess? Align It and Design It!**

**Location:** Grand Hall 1-3

**Lead Presenter:** Deborah Baxter

**Co-Presenter(s):**

**Description:** Struggling with the implementation of SHAPE-aligned assessments? Join KSU PETE students as we use a variety of teaching styles to formatively assess students in physical skills, cognitive knowledge, and affective constructs [without paper and pencils!] using innovative "oldie but goodie" hands-on technologies including "Plickers" placards, "Coach's Eye," PE/Fitness apps and more!

## 10:00 AM – 10:50 AM

### **Omnikin: Have a BALL with Action-Packed Fun for All!**

**Location:** Athena E

**Lead Presenter:** Scott Williams

**Co-Presenter(s):**

**Description:** Whether you are looking for a new or modified team sport, cooperative and community-building activities, fun with fitness or skill development, Omnikin has you covered! This exhilarating and dynamic session will feature



highlights of our famous lightweight, non-threatening, and dynamic 14" - 48" balls that will generate excitement in your classroom like never seen before! Both your students and you will surely have a BALL!

### **Engaging and Motivating Students with the Sport Education Model via Invasion Games**

**Location:** Athena F

**Lead Presenter:** Angela Carmon

**Co-Presenter(s):**

**Description:** What does the Sport Ed Model look like in action? The sport education model offers a replica of sports roles, teamwork, games, and achievement to liven up physical education while teaching standard based physical education. The purpose of this presentation is to assist practitioners in learning how to immediately apply the instructional model and effectively motivate and engage students. Participants will experience the sports education model in action through an invasion game unit.

### **Applications of Cognitive Load Theory in Kinesiology**

**Location:** Athena H

**Lead Presenter:** Yonggi Sun

**Co-Presenter(s):** Rachel Gurvitch, Xiaolu Liu

**Description:** Cognitive Load Theory aims to foster learning outcomes under optimal instructional settings. Individual learners have limited memory capacity when encountering new information; therefore, it is recommended to minimize learners' overwhelming cognitive loads. For optimal cognitive load, this session will discuss three effects: a) the goal-free effect, (b) the split attention effect, and (c) the redundancy effect. The session will discuss how these effects can be applied in Kinesiology instructional settings and argue that the consideration of these effects may improve the trend of optimal cognitive load-based instruction in Kinesiology.

## **11:00 AM – 11:50 AM**

### **Create a Growth Mindset Physical Education Learning Environment**

**Location:** Athena E

**Lead Presenter:** Carrie Flint

**Co-Presenter(s):**

**Description:** Many schools are adopting a Growth Mindset approach to teaching and learning. The "I can't", and lack of motivation to participate is evident at all levels in PE. My presentation includes Carol Dweck's research on the two mindsets (fixed & growth). I identify what these mindsets look like in the PE setting and how to make minor adjustments to your activities and lessons to help students adopt a growth mindset in physical education.

### **Quality PE in Motion**

**Location:** Athena F

**Lead Presenter:** Maria McKeown

**Co-Presenter(s):**

**Description:** Come and experience fun, relevant and age-appropriate instant activities based on scientific principles. These activities are aligned to state standards for motor skills, academic content, social emotional and fitness. In addition, this session will share strategies that allow for the collection of meaningful data through fun activities and provide relevant feedback that provide student and teacher growth and validate #QPE.

## Adapting for Autism

**Location:** Athena H

**Lead Presenter:** Kaitlin Parent-Lew

**Co-Presenter(s):**

**Description:** Most PE teachers took an Adapted PE course in college, but few utilize such skills in their instruction. My goal is to equip educators with the skills to support all students entering their class space. In recent years, there has been an increase in the number of students with special needs who are able to participate in general PE with supportive instruction. As a result, more educators are experiencing challenges when working with students who exhibit sensory or processing needs. After nearly a decade of experience working with special needs students, I would love the opportunity to share my expertise.

### Mission Statement



GAHPERD Inc. is a non-profit organization for professionals and students in related fields of health, physical education, recreation, and dance. GAHPERD Inc. is dedicated to improving the quality of life for all Georgians by supporting and promoting effective educational practices, quality curriculum, and assessment in the areas of health, physical education, recreation, dance, and related fields.



# 2022 Georgia AAHPERD Exhibitors



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**GEORGIA**

health **M** powers<sup>SM</sup>

## Keynote Speaker

### Scott Williams



Scott Williams is the founder/owner of Camp4Real and taught elementary physical education at Meriwether Lewis School for 15 years and high school summer PE for six years. He was a winner of the 2011 Golden Apple Award, the 2013 VAHPERD Elementary PE Teacher of the Year, and the 2015-16 VAHPERD and SHAPE Southern District Dance Teacher of the Year. Scott was also honored as a National Healthy School Hero by Action for Healthy Kids in 2017 and was named to the 2019 class of Charlottesville's Finest by the Cystic Fibrosis Foundation. He is also a presenter and keynote speaker at physical education conferences across the nation and is the US Coordinator for Omnikin!

## Invited Speaker

### Emmerson Clarke



Emmerson Clarke has been an elementary Physical Education teacher for 7 years at a Title 1 school in Florida. He assists his district with curriculum and professional development and coaches high school football. Emmerson has spent time at the middle school level helping students complete hundreds of hours of community service, build self-efficacy, leadership and understanding of their adolescent development. In 2019, he earned Rookie Teacher of the Year for his district and Elementary Program of the Year in the state of Florida. In addition to his teaching and coaching, Emmerson serves as an OPEN National Trainer.

## Elementary Physical Education Teacher of the Year

### Jason Bermudez



Jason Bermudez is an elementary Physical Education teacher. He has taught in Cherokee County for the past 16 years. Jason earned his bachelor's degree from the University of Central Florida in 2002 and he earned his master's degree in physical education from the University of West Alabama in 2021. He is married to Sarah Bermudez, and has a son named Parker. Jason was recently named Indian Knoll Elementary Teacher of the Year for the 2022 school year. When Jason is not at school, he enjoys spending time with his family and coaching baseball as a volunteer for the TB Academy in Woodstock GA. Additionally, Jason serves on many district-wide and state-wide committees to advocate for PE, fellow professionals, and his students. For example, Jason serves as the team leader at his school, he leads the Sequoyah School Zone Professional Learning Committee, serves on the Cherokee County School District's Superintendent's Annual Comprehensive Health and Physical Education Review Committee, The Cherokee County School District's Puberty, Sex Education and Aids Education Curriculum Writing and Review Team, The Cherokee County School District's Curriculum and Design Committee, The Cherokee County School District's PE Blueprint Writing Committee, serves as a PE lead teacher for the Curriculum and Instruction Committee for Digital Student Learning, and he serves as a FITNESSGRAM trainer for his district. Additionally, Jason has mentored many Kennesaw State University and Valdosta State University student teachers at his school. Jason's teaching philosophy is to create a classroom environment where students feel safe, respected, and can have fun. He loves bringing smiles to his students' faces and teaching the joys of physical activity.

**Thank you to our teachers of the year sponsor!!**





## K-12 Health Teacher of the Year

**Rhonda Craig**

Rhonda Craig has been teaching Health for the last 19 years of her 30-year career as an educator. She has taught Health at Whitesburg Elementary School, Sprayberry High School and McEachern High School. Rhonda received her Bachelor's from Kennesaw State University and her Master's from Southwestern Baptist Theological Seminary. She has been a K-12 Physical Education teacher in Carroll County, Cobb County & Dallas, TX. While in Cobb County, Rhonda has been the Lead Health teacher at both Sprayberry & McEachern. She has also worked closely with Kennesaw State University training numerous student teachers during her career. Rhonda has served in leadership with Cobb County School District on numerous Health Curriculum Committees. She has also facilitated and led many Professional Learning Days for Cobb County over the years.

## Advocate of the Year

**Denise Richardson**



Dr. Denise Richardson is passionate about teaching, learning, and leading. Denise currently serves as the Science, Health and Physical Education Curriculum Coordinator for Rockdale County Public Schools in Conyers, Georgia. She also served as a teacher and assistant principal at the middle and high school levels for Rockdale County Public Schools. She passionately believes that professional practices that focus on process accountability will yield sustainable growth and achievement for all students. Dr. Richardson believes that developing mutually beneficial academic partnerships are essential to enhancing teaching and learning. As a result, she considers the faculty of the Sports Management, Wellness, and Physical Education department at the University of West Georgia her learning partners. She also serves as a member of the P-12 Advisory Board and a principal investigator for a grant funded project at Georgia State University. Her post-secondary studies are grounded in science education, educational leadership, curriculum and instruction, school improvement, and professional learning. Her philosophy is that drive and determination, not just great natural ability, leads to self-assurance and unparalleled success. Denise is a life-long learner who enjoys reading, traveling, and gardening.

## Award of Excellence in Physical Education

### Liberty Elementary School



The PE Department at Liberty Elementary School prides itself on staying true to its School of Character philosophy. Every student is taught to be a respectful teammate. Students are encouraged to participate in activities and always try their best. With 46 years of experience between the three of them, Liberty's PE staff strives to bring out the best in each student. In a world consumed by screen time, the coaches at Liberty focus on making fitness fun and helping students learn to enjoy being active. Liberty received the award for third place in the Kids' Heart Challenge for the 21-22 school year. This fundraiser raises money for the American Heart Association.

## College/University Physical Education Teacher of the Year Award

### Jennifer Heidorn

## Young Scholar Award

### Collin Brooks

Collin Brooks is an Assistant Professor at the University of West Georgia since 2020. In 2021 Collin earned his Doctoral degree in Sport Pedagogy from the University of Northern Colorado. Collin has ten years of K-12 physical education teaching experience and is a National Board Certified Teacher. Dr. Brooks has served as a Society of Health and Physical Educators America Board of Director and is involved in online professional learning activities for physical educators, including a blog named PHYEDagogoy.com. Dr. Brooks' research interests include effective teaching and preparation of physical education teachers, teacher socialization, and physical educators' use of social media.

## Kim Thompson Honor Award

**The Kim Thompson Honor Awardee will be announced at the awards breakfast on Tuesday, November 15<sup>th</sup>. The awardee has a long and distinguished history of service to the field of Health and Physical Education and years of dedicated service to GAHPERD.**

Since the 2021 Convention was cancelled due to pandemic concerns, the Executive Board wanted to also recognize last year's awardees since they were unable to be recognized last year. Congratulations to all 2021 and 2022 awardees!!

**2021 Elementary Physical Education Teacher of the Year**

**Kelly Brown, Morgan County**

**2021 Middle School Physical Education Teacher of the Year**

**Randy Watts, Cobb County**

**2021 Award of Excellence in Physical Education**

**Hopewell Middle School, Jenni Box and Anna Lobean**

**2021 College/University Physical Education Teacher of the Year Award**

**Lori Scheck, Kennesaw State University**

**2021 Young Scholar Award**

**Peter Stoeper**

**2021 Kim Thompson Honor Award**

**Brian Devore**



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## **Teachers of the Year**

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# **Kids Heart Challenge Awards for 2021-2022**

## **Top Ten KHC Schools In Georgia for 2021-2022**

- 1. Greater Atlanta Christian School - \$82,024  
Kristy Shelton**
- 2. Brookwood Elementary School - \$49,106  
Chad May**
- 3. Hebron Christian Academy - \$42,404  
Tania Garrett-Bourne**
- 4. Ford Elementary School - \$37,202  
Lance Norris and Kelly Mattingly**
- 5. Woodward Academy North - \$36,777  
Angie Bryant**
- 6. Mountain View Elementary School - \$36,397  
Carissa Smith and Sarah Edwards**
- 7. May Howard Elementary School - \$36,027  
Joseph Sauers**
- 8. Nickajack Elementary School - \$33,904  
Anslie Jarry**
- 9. Mt. Bethel Elementary School - \$33,530  
Jana Troskie**
- 10. Midway Elementary School - \$30,787  
Taylor Samples**

Top First Year School

SAIL – School For Arts-Infused Learning  
\$9,175

Top Middle/High/College School

Carrollton Upper Elementary School  
Scott New  
\$10,779

Outstanding Primary School

Kennesaw Elementary School  
Emily Adams & Beth Finnegan  
\$16,870

Top Five AHC Schools In Georgia for 2021-2022

1. Madras Middle School - \$6,355  
Matt Nash
2. Fairplay Middle School - \$4,843  
Adrienne Griffin
3. Hammond Creek Middle School - \$4,477  
Scott Houghton
4. North Habersham Middle School - \$3,721  
Matt Huff
5. Youth Middle School - \$3,601

## Past GAHPERD Honor Award Recipients

1962	Rebecca I. Dennard	1971	Mary V. Blackmon	1988	George H. Bedwell
1962	Thomas E. McDonough	1971	Billy E. Gober	1988	Jacqueline T. Poythress
1962	Ernest B. Smith	1971	Jack S. Short	1988	Stanley J. Pritchett
1962	Mary Ella Soule	1972	Mary Joyce Ireland	1989	Patrick R. Cobb
1963	Leona Redfern	1972	Edward E. Whitsett	1989	Patricia L. Parrish
1964	James Gooden	1973	Anne B. Hadarits	1991	Thomas G. Jackson
1964	Gertrude E. Manchester	1973	Elizabeth J. Pope	1991	Sandra Gallemore
1964	Carl Sanders	1974	I. David Harris	1991	James Wolfgang
1965	Jean Jacobs	1974	Eugene De Tullio	1992	Debby Teitsman
1965	Majorie H. Liptak	1976	Doyice J. Cotten	1992	Beverly Mitchell
1965	Sidney Scarborough	1977	Margaret Lea Barrett	1992	Shirley Mell
1965	Llewellyn Willburn	1977	Avery Harvill	1993	Patricia Leslie
1966	Fred L. Allman	1977	Obie W. O'Neal	1994	Deborah J. Baber
1966	Robert T. Bowen, Jr.	1978	Mary Alice Clower	1994	Frederick K. Whitt
1967	Barbara P. Beiswanger	1979	Martha Owens	1994	Margaret Peebles
1967	Clyde W. Kimball	1979	Jerry Shelton	1995	Ann Wall
1967	W. Clyde Partin	1980	Jane Doss	1996	Carolyn Sudberry
1968	Clifford G. Lewis	1982	Charlie Burnett	1997	Raynette Evans
1968	Eleanor R. Paradise	1983	Margaret Jones	1999	Christi M. Kay
1968	Lillie L. Suder	1983	Dexter Mills	2001	Mike Tenoschok
1969	Helen S. Brogdon	1984	Susan B. Rockett	2004	Cheryl Deal
1969	Mayola S. Center	1984	R. Thomas Trimble	2005	Linda Galloway
1969	Wayman O. Creel	1984	Rosemary McMahan	2007	Richard "Bud" Reiselt
1969	Garland M. Dickey	1985	Ernest L. Bundschuh	2013	Brian Devore
1969	Dorothy A. McNabb	1985	Katherine E. Godfrey	2013	M. Cerie Godfrey
1969	Gladys Peck	1986	Robert W. Moore	2015	Mark Anderson
1969	Barbara A. Landers	1986	J. Rendel Stalvey	2016	Susan Whitlock
1969	Annie J. Taylor	1986	Mary E. Womack	2016	Therese McGuire
1970	Catherine L. Allen	1987	Ann Salisbury	2018	Jacalyn Lund
1970	Sara L. Smith	1987	Barbara Wilks	2018	Brent Heidorn

## GAHPERD Past Presidents

1950-51	Zeb B. Vance*	Mercer College
1951-52	Althea H. Whitney*	Georgia State College for Women
1952-53	Marjory H. Liptak*	Fulton County Schools
1953-55	John C. Hoke*	Gilmer County Schools
1955-57	James M. Gooden*	State Department of Education
1957-59	Rebecca I. Dennard*	Fulton County Schools
1959-61	Robert T. Bowen	University of Georgia
1961-62	Clifford G. Lewis*	University of Georgia
1962-63	Garland M. Dickey*	Berry College
1963-65	Eugene De Tullio*	University of Georgia
1965-67	Jean G. Jacobs*	Georgia State College for Women
1967-68	Wayman O. Creel*	Atlanta Public Schools
1968-69	Lillie L. Suder	Fulton County Schools
1969-70	W. Clyde Partin*	Emory University
1970-71	Mary V. Blackmon	Columbus College
1971-72	Edward W. Whitsett*	Atlanta Public Schools
1972-73	Gladys Peck*	Atlanta Public Schools
1973-74	I. David Harris*	Kennesaw Junior College
1974-75	Mary Alice Clower	Emory University
1975-76	Doyice J. Cotton	Georgia Southern College
1976-78	Anne S. Hadarits	Bibb County Schools
1978-79	Jerry W. Shelton	Floyd Junior College
1979-80	M. Lea Barrett	Fulton County Schools
1980-81	Avery Harvill	Clayton Junior College
1981-82	Jane Doss	Berry College
1982-83	Dexter Mills	Cobb County Schools
1983-84	Rosemary McMahan	University of Georgia
1984-85	Charlie Burnett	Oxford College
1985-87	Jacqueline T. Poythress	DeKalb College
1987-88	Patrick Cobb	Georgia Southern College
1988-89	Mary Womack	Atlanta Public Schools
1989-90	Thomas G. Jackson	Valdosta State College
1990-91	Beverly F. Mitchell	Kennesaw State College
1991-93	Frederick K. Whitt	Kennesaw State College
1993-94	Pat Parrish	Clayton County Schools
1994-95	Butch Stanphill	Georgia Institute of Technology
1995-97	Deb Baber	Bibb County Schools
1997-98	John Merriman*	Valdosta State University

## GAHPERD Past Presidents

1998-01	William R. Forbus*	Augusta State University
2001-02	Pat Leslie	Savannah-Chatham County Schools
2002-03	Linda Galloway	Cobb County Schools
2003-04	Betty Block	Georgia College & State University
2004-06	Richard Reiselt	North Georgia College & State University
2006-08	Kim Thompson	Douglas County Schools
2008-09	Cecil Marett	Hart County Schools
2009-10	Stephanye Peek	Cobb County Schools
2010-11	David Worrall	Cobb County Schools
2011-12	Jeff Townsend	Cobb County Schools
2012-13	Brian Devore	Cobb County Schools
2013-15	Brent Heidorn	University of West Georgia
2015-16	Bridgette Stewart	University of West Georgia
2016-17	Brian Devore	Cobb County Schools
2017-18	Barbara Greene	Georgia State University
2018-19	Christy Crowley	Bryan County Schools
2019-21	Cassie Robinson	Coweta County Schools

\* Deceased



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## Downtown Athens Restaurant Guide

[VisitAthensGA.com/restaurants](http://VisitAthensGA.com/restaurants)

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 Athens Convention & Visitors Bureau

#	Quick Bites	#	Table Service
1.	The National	14.	Blind Pig Tavern
2.	Dawg Gone Good BBQ	15.	Shokitini
3.	The World Famous	16.	Five Bar
4.	Rook & Pawn	17.	Last Resort Grill
5.	Ted's Most Best	18.	Wing Zone
6.	Clocked	19.	Waffle House
7.	Iron Factory	20.	Clarke's Standard
8.	Trappeze Pub	21.	Georgia Theatre Rooftop
9.	Highwire Lounge	22.	The Globe
10.	Fuzzy's Taco Shop	23.	Transmetropolitan
11.	Copper Creek Brewing	24.	Pauley's Crepe Bar
12.	South Kitchen + Bar	25.	The Grill
13.	Athens Bagel Co.	26.	Subway
27.	Arden's Garden	42.	Cinnaholic
28.	The Office	43.	Thai Spoon
29.	Zaxby's	44.	Little Italy
30.	Amici's	45.	Taste of India
31.	Insomnia Cookies	46.	Pouch Pies
32.	Barberitos	47.	Mother Pho
33.	Eddie's Calzones	48.	The Mayflower
34.	Taqueria Tsunami	49.	Gyro Wrap
35.	Mellow Mushroom	50.	Five Guys
36.	RU Hungry	51.	Ben & Jerry's
37.	Utage Sushi	52.	Walker's Pub
38.	Ahi Hibachi & Poke	53.	Starbucks
39.	Athens Wok	54.	The Place
40.	Gigi's Cupcakes	55.	Taco Stand
41.	DP Dough	56.	Einstein Brothers
		57.	Pita Pit
		58.	Jittery Joe's
		59.	Takorea
		60.	La Dolce Vita
		61.	Zombie Donuts
		62.	DePalma's
		63.	Porterhouse
		64.	The Grit
		65.	Taziki's
		66.	Hendershot's
		67.	Viva!
		68.	Seabear
		69.	Taqueria del Sol